

2 - ONMK 2018 kb sessie 2

19-01-2018 - 9:00

Programmanr. 3
19-01-2018 - 9:00

Dames, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC
Masters 20+						
1.	Jamilla van Veen <i>Nederlands Masters Record</i>	ZPC Woerden	4:23.75	199603192	4:23.15	+0,82
	50m: 29.24 29.24 150m: 1:34.70 33.21 250m: 2:41.57 33.23 350m: 3:49.30 34.13 100m: 1:01.49 32.25 200m: 2:08.34 33.64 300m: 3:15.17 33.60 400m: 4:23.15 33.85					
2.	Madelon Dijkstra	ZPCH	4:22.65	199703510	4:24.65	+0,86
	50m: 30.23 30.23 150m: 1:35.66 33.26 250m: 2:42.93 33.53 350m: 3:51.22 34.32 100m: 1:02.40 32.17 200m: 2:09.40 33.74 300m: 3:16.90 33.97 400m: 4:24.65 33.43					
3.	Maaïke Tijhof	VZC	4:31.40	199800112	4:33.40	+0,82
	50m: 30.30 30.30 150m: 1:37.36 33.95 250m: 2:46.89 35.00 350m: 3:58.24 36.08 100m: 1:03.41 33.11 200m: 2:11.89 34.53 300m: 3:22.16 35.27 400m: 4:33.40 35.16					
4.	Tamara Grove	De Dolfijn	4:29.97	199601266	4:36.56	+0,77
	50m: 30.61 30.61 150m: 1:38.68 34.82 250m: 2:48.94 34.99 350m: 4:00.42 35.97 100m: 1:03.86 33.25 200m: 2:13.95 35.27 300m: 3:24.45 35.51 400m: 4:36.56 36.14					
5.	Manon van Esch	TRB-RES	4:34.82	199702090	4:37.43	+0,74
	50m: 30.94 30.94 150m: 1:39.20 34.52 250m: 2:50.01 35.50 350m: 4:02.23 36.26 100m: 1:04.68 33.74 200m: 2:14.51 35.31 300m: 3:25.97 35.96 400m: 4:37.43 35.20					
6.	Melissa van der Geld	De Warande	4:38.83	199506250	4:42.05	+0,77
	50m: 30.93 30.93 150m: 1:40.38 35.57 250m: 2:53.54 36.75 350m: 4:07.30 36.93 100m: 1:04.81 33.88 200m: 2:16.79 36.41 300m: 3:30.37 36.83 400m: 4:42.05 34.75					
7.	Marije Dankelman	Dedemvaart-AC	4:42.39	199701502	4:43.65	+0,80
	50m: 31.19 31.19 150m: 1:41.21 35.94 250m: 2:54.39 36.91 350m: 4:08.21 36.85 100m: 1:05.27 34.08 200m: 2:17.48 36.27 300m: 3:31.36 36.97 400m: 4:43.65 35.44					
8.	Elianne Huitema	Steenwijk 1934	4:49.64	199700258	4:49.52	+0,61
	50m: 31.31 31.31 150m: 1:41.84 36.05 250m: 2:56.43 37.34 350m: 4:12.19 38.06 100m: 1:05.79 34.48 200m: 2:19.09 37.25 300m: 3:34.13 37.70 400m: 4:49.52 37.33					
9.	Moniek Heemskerck	LZ 1886	4:55.66	199601964	4:57.40	+0,52
	50m: 33.02 33.02 150m: 1:47.51 37.80 250m: 3:03.95 38.40 350m: 4:19.88 38.25 100m: 1:09.71 36.69 200m: 2:25.55 38.04 300m: 3:41.63 37.68 400m: 4:57.40 37.52					
10.	Janine de Groot	Nova	4:49.48	199500092	4:59.36	+0,91
	50m: 32.88 32.88 150m: 1:46.23 37.53 250m: 3:03.16 38.64 350m: 4:21.36 39.31 100m: 1:08.70 35.82 200m: 2:24.52 38.29 300m: 3:42.05 38.89 400m: 4:59.36 38.00					
11.	Chantal van der Horst	De Meer	4:56.58	199400616	5:00.48	+0,82
	50m: 33.36 33.36 150m: 1:47.68 38.03 250m: 3:05.05 38.80 350m: 4:23.08 38.77 100m: 1:09.65 36.29 200m: 2:26.25 38.57 300m: 3:44.31 39.26 400m: 5:00.48 37.40					
12.	Chantal Beijer	DWT	4:52.12	199700884	5:04.51	+0,81
	50m: 32.82 32.82 150m: 1:47.80 38.32 250m: 3:05.37 38.78 350m: 4:24.78 40.01 100m: 1:09.48 36.66 200m: 2:26.59 38.79 300m: 3:44.77 39.40 400m: 5:04.51 39.73					
13.	Lenneke Bagijn	De Duck	5:12.49	199604992	5:17.12	+0,78
	50m: 34.61 34.61 150m: 1:52.57 39.75 250m: 3:14.36 41.24 350m: 4:36.76 40.34 100m: 1:12.82 38.21 200m: 2:33.12 40.55 300m: 3:56.42 42.06 400m: 5:17.12 40.36					
14.	Suzan Heurneman	Aquapoldro	5:21.67	199804874	5:22.53	+0,89
	50m: 34.69 34.69 150m: 1:53.32 40.42 250m: 3:16.59 41.97 350m: 4:41.14 42.13 100m: 1:12.90 38.21 200m: 2:34.62 41.30 300m: 3:59.01 42.42 400m: 5:22.53 41.39					
15.	Esmée Rolloos	Van Vliet-Barracuda	5:16.60	199800056	5:24.51	+0,97
	50m: 34.75 34.75 150m: 1:53.49 40.30 250m: 3:16.43 42.03 350m: 4:42.22 42.98 100m: 1:13.19 38.44 200m: 2:34.40 40.91 300m: 3:59.24 42.81 400m: 5:24.51 42.29					
16.	Charine de Ruiter	Steenwijk 1934	5:35.68	199403668	5:41.00	+0,91
	50m: 36.45 36.45 150m: 1:59.97 43.09 250m: 3:27.62 43.83 350m: 4:58.19 45.74 100m: 1:16.88 40.43 200m: 2:43.79 43.82 300m: 4:12.45 44.83 400m: 5:41.00 42.81					
17.	Mariska Gach	LZ 1886	5:27.35	199501760	5:44.91	+0,83
	50m: 37.38 37.38 150m: 2:02.27 43.38 250m: 3:31.12 44.76 350m: 5:01.18 45.19 100m: 1:18.89 41.51 200m: 2:46.36 44.09 300m: 4:15.99 44.87 400m: 5:44.91 43.73					
18.	Marieke Ipema	LZ 1886	5:46.93	199401290	5:51.71	+0,88
	50m: 37.77 37.77 150m: 2:05.52 44.79 250m: 3:36.20 45.28 350m: 5:07.08 45.74 100m: 1:20.73 42.96 200m: 2:50.92 45.40 300m: 4:21.34 45.14 400m: 5:51.71 44.63					

Programmanr. 3, Dames, 400m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC
19.	Maranka Huitema	Steenwijk 1934	6:27.98	199500302	6:32.58	+0,63
	50m: 40.88	40.88	150m: 2:16.25	49.15	250m: 3:58.40	51.42
	100m: 1:27.10	46.22	200m: 3:06.98	50.73	300m: 4:50.07	51.67
					350m: 5:42.06	51.99
					400m: 6:32.58	50.52

Masters 25+

1.	Maaïke Vooren	DAW	4:35.18	199103324	4:34.61	+0,90
	50m: 31.34	31.34	150m: 1:40.03	34.39	250m: 2:49.53	34.71
	100m: 1:05.64	34.30	200m: 2:14.82	34.79	300m: 3:24.85	35.32
					350m: 4:00.12	35.27
					400m: 4:34.61	34.49
2.	Yvon Versteeg	De Veene	4:36.04	199201864	4:41.86	+0,80
	50m: 32.15	32.15	150m: 1:42.26	35.23	250m: 2:53.54	35.58
	100m: 1:07.03	34.88	200m: 2:17.96	35.70	300m: 3:29.56	36.02
					350m: 4:06.29	36.73
					400m: 4:41.86	35.57
3.	Fraukje Puts	HZ&PC Heerenveen	4:43.67	199206470	4:45.98	+0,80
	50m: 32.38	32.38	150m: 1:42.64	35.52	250m: 2:55.89	36.65
	100m: 1:07.12	34.74	200m: 2:19.24	36.60	300m: 3:33.10	37.21
					350m: 4:09.76	36.66
					400m: 4:45.98	36.22
4.	Désirée Emmen	De Warande	4:47.98	199204862	4:52.92	+0,73
	50m: 32.53	32.53	150m: 1:44.34	36.37	250m: 2:59.06	37.92
	100m: 1:07.97	35.44	200m: 2:21.14	36.80	300m: 3:36.74	37.68
					350m: 4:15.02	38.28
					400m: 4:52.92	37.90
5.	Wendy de Bruin	ZOB'66	4:52.16	199206320	4:56.03	+0,84
	50m: 33.12	33.12	150m: 1:46.80	37.29	250m: 3:02.80	38.20
	100m: 1:09.51	36.39	200m: 2:24.60	37.80	300m: 3:40.93	38.13
					350m: 4:19.16	38.23
					400m: 4:56.03	36.87
6.	Lotte Coenen	Hydrofiel	4:58.32	199301518	4:58.28	+0,92
	50m: 33.02	33.02	150m: 1:46.82	37.35	250m: 3:03.73	38.62
	100m: 1:09.47	36.45	200m: 2:25.11	38.29	300m: 3:42.78	39.05
					350m: 4:21.44	38.66
					400m: 4:58.28	36.84
7.	Danila van den Hoogenband	Nuenen	4:54.38	199001558	4:59.78	+0,85
	50m: 33.66	33.66	150m: 1:48.94	37.89	250m: 3:05.24	38.03
	100m: 1:11.05	37.39	200m: 2:27.21	38.27	300m: 3:43.88	38.64
					350m: 4:22.21	38.33
					400m: 4:59.78	37.57
8.	Mandy Verbakel	ZPC Woerden	4:59.26	199003908	5:02.27	+0,79
	50m: 32.52	32.52	150m: 1:47.16	38.10	250m: 3:05.00	39.10
	100m: 1:09.06	36.54	200m: 2:25.90	38.74	300m: 3:44.41	39.41
					350m: 4:23.90	39.49
					400m: 5:02.27	38.37
9.	Clara Van Roeyen	GBZ	5:44.55	20082/90	5:13.58	+0,99
	50m: 34.52	34.52	150m: 1:52.47	39.53	250m: 3:13.20	40.26
	100m: 1:12.94	38.42	200m: 2:32.94	40.47	300m: 3:53.28	40.08
					350m: 4:33.70	40.42
					400m: 5:13.58	39.88
10.	Gina Lopez Quinto	CN Aquamasters	5:04.99		5:14.39	+0,85
	50m: 36.22	36.22	150m: 1:54.90	39.52	250m: 3:14.70	40.03
	100m: 1:15.38	39.16	200m: 2:34.67	39.77	300m: 3:55.02	40.32
					350m: 4:35.08	40.06
					400m: 5:14.39	39.31
11.	Mara Epifani	LZ 1886	5:20.36	198907548	5:19.08	+0,94
	50m: 35.17	35.17	150m: 1:54.18	40.23	250m: 3:16.02	40.96
	100m: 1:13.95	38.78	200m: 2:35.06	40.88	300m: 3:57.49	41.47
					350m: 4:38.63	41.14
					400m: 5:19.08	40.45
12.	Suzan Blankestijn	LZ 1886	5:14.96	198900350	5:22.55	+0,82
	50m: 35.75	35.75	150m: 1:58.48	42.23	250m: 3:21.07	41.20
	100m: 1:16.25	40.50	200m: 2:39.87	41.39	300m: 4:02.16	41.09
					350m: 4:42.84	40.68
					400m: 5:22.55	39.71
13.	Ilse Blankvoort	Steenwijk 1934	5:28.42	199204458	5:36.94	+0,88
	50m: 35.70	35.70	150m: 1:57.49	41.70	250m: 3:22.81	43.10
	100m: 1:15.79	40.09	200m: 2:39.71	42.22	300m: 4:07.10	44.29
					350m: 4:52.21	45.11
					400m: 5:36.94	44.73
14.	Adela Vázquez García	LZ 1886	5:22.95	199307952	5:43.74	+0,89
	50m: 35.75	35.75	150m: 1:57.63	42.39	250m: 3:26.86	45.06
	100m: 1:15.24	39.49	200m: 2:41.80	44.17	300m: 4:13.14	46.28
					350m: 4:59.07	45.93
					400m: 5:43.74	44.67
15.	Claudia Creemers	RZ	6:41.60	199202864	6:36.43	+0,89
	50m: 40.20	40.20	150m: 2:15.21	48.98	250m: 3:57.98	52.07
	100m: 1:26.23	46.03	200m: 3:05.91	50.70	300m: 4:51.40	53.42
					350m: 5:44.55	53.15
					400m: 6:36.43	51.88
16.	Martine Stam	Albion d'ELFT (SG)	7:04.00	199307942	6:54.92	+1,23
	50m: 44.46	44.46	150m: 2:28.07	53.33	250m: 4:18.51	55.13
	100m: 1:34.74	50.28	200m: 3:23.38	55.31	300m: 5:13.51	55.00
					350m: 6:07.22	53.71
					400m: 6:54.92	47.70
17.	Anouk Bloem	TRB-RES	6:58.97	199000320	7:01.66	+0,75
	50m: 46.21	46.21	150m: 2:29.52	52.59	250m: 4:17.95	54.50
	100m: 1:36.93	50.72	200m: 3:23.45	53.93	300m: 5:12.68	54.73
					350m: 6:07.26	54.58
					400m: 7:01.66	54.40
AFGEM	Nanda de Vries	Steenwijk 1934	5:07.40	199204328		

Programmanr. 3, Dames, 400m vrije slag

Masters 30+

1.	Viktória Felföldi <i>Hungarian Masters Record</i>	Iron Aquatics	4:45.50						4:43.08	+0,89
	50m: 31.93	31.93	150m: 1:41.81	35.38	250m: 2:54.19	36.57	350m: 4:07.58	36.56		
	100m: 1:06.43	34.50	200m: 2:17.62	35.81	300m: 3:31.02	36.83	400m: 4:43.08	35.50		
2.	Lisanne Andeweg	Zuiderzeewimmers	4:41.88		198800092				4:45.96	+0,94
	50m: 32.55	32.55	150m: 1:44.24	36.36	250m: 2:57.40	36.64	350m: 4:10.54	36.37		
	100m: 1:07.88	35.33	200m: 2:20.76	36.52	300m: 3:34.17	36.77	400m: 4:45.96	35.42		
3.	Sabina Martinez Leon	CN Aquamasters	4:45.20						4:48.17	+0,89
	50m: 32.91	32.91	150m: 1:44.18	35.90	250m: 2:57.07	36.52	350m: 4:10.61	37.07		
	100m: 1:08.28	35.37	200m: 2:20.55	36.37	300m: 3:33.54	36.47	400m: 4:48.17	37.56		
4.	Larissa Brak	ZPC AMERSFOORT	4:53.67		198800572				4:49.86	+0,55
	50m: 32.24	32.24	150m: 1:45.55	37.39	250m: 2:59.86	37.05	350m: 4:14.55	36.98		
	100m: 1:08.16	35.92	200m: 2:22.81	37.26	300m: 3:37.57	37.71	400m: 4:49.86	35.31		
5.	Charlotte Six	CNSW	4:57.40		003821/88				5:00.05	+0,87
	50m: 34.01	34.01	150m: 1:47.79	37.32	250m: 3:04.56	38.61	350m: 4:22.59	39.15		
	100m: 1:10.47	36.46	200m: 2:25.95	38.16	300m: 3:43.44	38.88	400m: 5:00.05	37.46		
6.	Pauline Tieleman	De Warande	5:19.25		198403348				5:01.53	+0,80
	50m: 32.58	32.58	150m: 1:46.50	37.65	250m: 3:03.35	39.11	350m: 4:23.02	39.94		
	100m: 1:08.85	36.27	200m: 2:24.24	37.74	300m: 3:43.08	39.73	400m: 5:01.53	38.51		
7.	Liesbeth van Mill	DWK	5:27.14		198702786				5:26.10	+0,87
	50m: 36.13	36.13	150m: 1:57.13	40.95	250m: 3:19.73	41.31	350m: 4:44.24	42.70		
	100m: 1:16.18	40.05	200m: 2:38.42	41.29	300m: 4:01.54	41.81	400m: 5:26.10	41.86		
8.	Aurore Gueret	Swimming Club Rixensart	5:34.82		020164/87				5:30.79	+0,44
	50m: 35.84	35.84	150m: 1:59.04	42.52	250m: 3:23.32	41.76	350m: 4:48.96	42.89		
	100m: 1:16.52	40.68	200m: 2:41.56	42.52	300m: 4:06.07	42.75	400m: 5:30.79	41.83		
9.	Dorien Vasseur	Scheldestroom	6:24.30		198704164				6:19.63	+1,10
	50m: 39.93	39.93	150m: 2:13.74	48.19	250m: 3:52.63	50.10	350m: 5:32.52	49.67		
	100m: 1:25.55	45.62	200m: 3:02.53	48.79	300m: 4:42.85	50.22	400m: 6:19.63	47.11		

Masters 35+

1.	Delia Badoux	WVZ	4:37.34		198000042				4:46.29	+0,69
	50m: 32.28	32.28	150m: 1:43.62	35.80	250m: 2:55.58	36.21	350m: 4:09.40	37.07		
	100m: 1:07.82	35.54	200m: 2:19.37	35.75	300m: 3:32.33	36.75	400m: 4:46.29	36.89		
2.	Ramona Linting	LinK	4:56.70		198301274				5:06.66	+0,86
	50m: 33.92	33.92	150m: 1:50.37	38.66	250m: 3:09.15	39.57	350m: 4:28.16	39.60		
	100m: 1:11.71	37.79	200m: 2:29.58	39.21	300m: 3:48.56	39.41	400m: 5:06.66	38.50		
3.	Linda Hoogendam	WVZ	5:11.14		198300892				5:15.54	+0,78
	50m: 34.84	34.84	150m: 1:55.76	40.71	250m: 3:17.50	40.97	350m: 4:38.96	40.16		
	100m: 1:15.05	40.21	200m: 2:36.53	40.77	300m: 3:58.80	41.30	400m: 5:15.54	36.58		
4.	Yvonne Gerritsen	WVZ	5:14.36		198000342				5:17.02	+0,89
	50m: 34.64	34.64	150m: 1:53.79	40.75	250m: 3:14.99	40.49	350m: 4:37.36	41.04		
	100m: 1:13.04	38.40	200m: 2:34.50	40.71	300m: 3:56.32	41.33	400m: 5:17.02	39.66		
5.	Martine de Haart	Patrick-De Roersoppers (SG)	5:31.62		197901492				5:23.89	+0,85
	50m: 35.34	35.34	150m: 1:55.94	40.94	250m: 3:19.35	41.62	350m: 4:43.88	42.15		
	100m: 1:15.00	39.66	200m: 2:37.73	41.79	300m: 4:01.73	42.38	400m: 5:23.89	40.01		
6.	Aafke Groot	De Geul	5:49.51		198302748				5:54.00	+1,02
	50m: 38.74	38.74	150m: 2:07.27	45.08	250m: 3:38.72	45.79	350m: 5:10.43	45.77		
	100m: 1:22.19	43.45	200m: 2:52.93	45.66	300m: 4:24.66	45.94	400m: 5:54.00	43.57		

Masters 40+

1.	Petra Guijt	Aqua-Novio'94	5:26.72		197600978				5:23.65	+0,94
	50m: 36.52	36.52	150m: 1:57.96	41.24	250m: 3:20.73	41.35	350m: 4:43.48	40.99		
	100m: 1:16.72	40.20	200m: 2:39.38	41.42	300m: 4:02.49	41.76	400m: 5:23.65	40.17		
2.	Jannie Vennik	HZ&PC Heerenveen	5:31.52		197601006				5:27.68	+0,85
	50m: 37.09	37.09	150m: 1:59.67	41.92	250m: 3:23.49	42.03	350m: 4:47.32	41.81		
	100m: 1:17.75	40.66	200m: 2:41.46	41.79	300m: 4:05.51	42.02	400m: 5:27.68	40.36		
3.	Jolanda van Gendt	PSV	5:26.35		197800266				5:50.17	+0,65
	50m: 37.77	37.77	150m: 2:04.48	44.32	250m: 3:33.61	44.48	350m: 5:05.37	45.97		
	100m: 1:20.16	42.39	200m: 2:49.13	44.65	300m: 4:19.40	45.79	400m: 5:50.17	44.80		
4.	Babette Rens	Swol 1894	5:54.44		197801200				5:54.28	+0,46
	50m: 39.16	39.16	150m: 2:06.63	44.42	250m: 3:37.67	45.76	350m: 5:09.83	45.92		
	100m: 1:22.21	43.05	200m: 2:51.91	45.28	300m: 4:23.91	46.24	400m: 5:54.28	44.45		

Programmanr. 3, Dames, 400m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC
5.	Inge Otter	De Bevelanders	6:13.96	197801242	6:07.77	+0,90
	50m: 38.99 38.99	150m: 2:11.37 47.23	250m: 3:47.22 48.15	350m: 5:22.37 47.51		
	100m: 1:24.14 45.15	200m: 2:59.07 47.70	300m: 4:34.86 47.64	400m: 6:07.77 45.40		
6.	Sandra van der Helm	De Rog	6:34.08	197801340	6:33.94	+0,90
	50m: 42.07 42.07	150m: 2:18.39 49.42	250m: 4:00.69 51.05	350m: 5:45.06 52.56		
	100m: 1:28.97 46.90	200m: 3:09.64 51.25	300m: 4:52.50 51.81	400m: 6:33.94 48.88		
7.	Clementine van Bruvoort	ZPB H&L Productions	6:46.09	197700138	6:48.85	+0,94
	50m: 45.83 45.83	150m: 2:30.44 52.69	250m: 4:15.70 52.79	350m: 6:00.16 51.98		
	100m: 1:37.75 51.92	200m: 3:22.91 52.47	300m: 5:08.18 52.48	400m: 6:48.85 48.69		

Masters 45+

1.	Cinta Vilanova Belmonte	CN Aquamasters	4:49.83		4:52.63	+0,84
	50m: 32.77 32.77	150m: 1:44.90 36.72	250m: 3:00.23 37.74	350m: 4:16.29 38.13		
	100m: 1:08.18 35.41	200m: 2:22.49 37.59	300m: 3:38.16 37.93	400m: 4:52.63 36.34		
2.	Heidi den Boer	LinK	4:56.97	196900864	5:00.69	+0,86
	50m: 32.89 32.89	150m: 1:46.62 37.52	250m: 3:03.68 38.80	350m: 4:21.95 39.16		
	100m: 1:09.10 36.21	200m: 2:24.88 38.26	300m: 3:42.79 39.11	400m: 5:00.69 38.74		
3.	Karin Stein	ZVVS	4:55.09	197100554	5:01.15	+0,91
	50m: 34.46 34.46	150m: 1:49.35 37.85	250m: 3:06.00 38.38	350m: 4:23.26 38.84		
	100m: 1:11.50 37.04	200m: 2:27.62 38.27	300m: 3:44.42 38.42	400m: 5:01.15 37.89		
4.	Annette de Visser	Oceanus	5:05.16	197100602	5:05.18	+0,80
	50m: 33.29 33.29	150m: 1:48.02 38.34	250m: 3:06.66 39.50	350m: 4:26.20 39.92		
	100m: 1:09.68 36.39	200m: 2:27.16 39.14	300m: 3:46.28 39.62	400m: 5:05.18 38.98		
5.	Kathy Van Lindt	CNSW	5:08.93	007949/71	5:09.04	+0,98
	50m: 34.83 34.83	150m: 1:52.17 38.95	250m: 3:11.45 39.78	350m: 4:30.58 39.28		
	100m: 1:13.22 38.39	200m: 2:31.67 39.50	300m: 3:51.30 39.85	400m: 5:09.04 38.46		
6.	Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	5:29.35	197000054	5:15.81	+0,97
	50m: 35.30 35.30	150m: 1:54.25 39.94	250m: 3:15.06 40.37	350m: 4:36.71 40.34		
	100m: 1:14.31 39.01	200m: 2:34.69 40.44	300m: 3:56.37 41.31	400m: 5:15.81 39.10		
7.	Iris van Aurich	DWK	5:40.39	196900866	5:41.55	+0,89
	50m: 36.40 36.40	150m: 2:01.67 43.85	250m: 3:29.94 44.13	350m: 4:58.11 44.40		
	100m: 1:17.82 41.42	200m: 2:45.81 44.14	300m: 4:13.71 43.77	400m: 5:41.55 43.44		
8.	Inken Wemheuer	DWT	5:42.60	197101016	5:44.39	+0,63
	50m: 38.47 38.47	150m: 2:04.82 43.93	250m: 3:33.57 44.52	350m: 5:02.62 44.60		
	100m: 1:20.89 42.42	200m: 2:49.05 44.23	300m: 4:18.02 44.45	400m: 5:44.39 41.77		
9.	Peggi Hurenkamp	HZ&PC Heerenveen	5:57.38	196900922	6:00.13	+0,81
	50m: 38.68 38.68	150m: 2:07.80 45.34	250m: 3:40.52 45.76	350m: 5:14.34 46.67		
	100m: 1:22.46 43.78	200m: 2:54.76 46.96	300m: 4:27.67 47.15	400m: 6:00.13 45.79		
10.	Imke van der Meer	Scheldestroom	6:05.94	196901032	6:34.44	+1,14
	50m: 39.08 39.08	150m: 2:13.98 49.43	250m: 3:56.19 50.83	350m: 5:43.41 53.83		
	100m: 1:24.55 45.47	200m: 3:05.36 51.38	300m: 4:49.58 53.39	400m: 6:34.44 51.03		
11.	Henriette Driesen-Joanknecht	Aqua-Novio'94	6:46.00	197101056	6:38.97	+1,11
	50m: 44.82 44.82	150m: 2:23.48 50.07	250m: 4:04.83 51.08	350m: 5:49.18 52.53		
	100m: 1:33.41 48.59	200m: 3:13.75 50.27	300m: 4:56.65 51.82	400m: 6:38.97 49.79		
12.	Greta Wyma-Teitsma	DWK	7:01.48	197100696	6:44.86	+0,91
	50m: 43.78 43.78	150m: 2:23.67 50.80	250m: 4:09.24 53.35	350m: 5:54.62 52.60		
	100m: 1:32.87 49.09	200m: 3:15.89 52.22	300m: 5:02.02 52.78	400m: 6:44.86 50.24		
13.	Evelien Breman-Alers	Nautilus	6:37.01	197200878	6:59.99	+0,57
	50m: 43.42 43.42	150m: 2:25.13 52.57	250m: 4:13.91 54.60	350m: 6:04.30 56.06		
	100m: 1:32.56 49.14	200m: 3:19.31 54.18	300m: 5:08.24 54.33	400m: 6:59.99 55.69		
14.	Kathy De Meyere	Swem Vrienden	7:15.00	21040/73	7:34.12	+1,07
	50m: 49.15 49.15	150m: 2:42.34 58.02	250m: 4:39.68 58.86	350m: 6:37.61 58.85		
	100m: 1:44.32 55.17	200m: 3:40.82 58.48	300m: 5:38.76 59.08	400m: 7:34.12 56.51		
DIS	Renata Gadliauskiene	Kauno Takas	5:36.13			

AA - Gestart voor het startsignaal (en wel gezwommen).

Programmanr. 3, Dames, 400m vrije slag

Masters 50+

1.	Katrien Delaender	BZK	4:55.22	20525/66	4:54.47	
	<i>Kampioenschaps Record, Belgisch Masters Record</i>					
	50m: 33.99	33.99	150m: 1:48.02	37.43	250m: 3:03.31	37.68
	100m: 1:10.59	36.60	200m: 2:25.63	37.61	300m: 3:41.03	37.72
					350m: 4:18.63	37.60
					400m: 4:54.47	35.84
2.	Wilna Heijman	Steenwijk 1934	5:19.34	196400506	5:28.17	+1,00
	50m: 37.17	37.17	150m: 1:58.81	41.22	250m: 3:22.24	41.98
	100m: 1:17.59	40.42	200m: 2:40.26	41.45	300m: 4:04.31	42.07
					350m: 4:46.65	42.34
					400m: 5:28.17	41.52
3.	Hetty Smalheer	SCOM	6:21.86	196700352	6:24.81	+1,06
	50m: 43.08	43.08	150m: 2:18.70	48.46	250m: 3:58.13	49.87
	100m: 1:30.24	47.16	200m: 3:08.26	49.56	300m: 4:48.54	50.41
					350m: 5:38.11	49.57
					400m: 6:24.81	46.70
4.	K. van Nassau van den Heuvel	Old Dutch	5:57.71	196600188	6:26.41	+0,98
	50m: 42.72	42.72	150m: 2:18.65	48.77	250m: 3:57.39	49.07
	100m: 1:29.88	47.16	200m: 3:08.32	49.67	300m: 4:46.83	49.44
					350m: 5:37.20	50.37
					400m: 6:26.41	49.21
5.	Erica Muller	De Geul	6:39.59	196400412	6:47.76	+0,69
	50m: 44.27	44.27	150m: 2:24.63	51.04	250m: 4:09.32	52.82
	100m: 1:33.59	49.32	200m: 3:16.50	51.87	300m: 5:02.80	53.48
					350m: 5:56.40	53.60
					400m: 6:47.76	51.36

Masters 55+

1.	Marjan Remmits	ZPC Woerden	5:13.21	196300518	5:20.52	+0,70
	50m: 35.19	35.19	150m: 1:54.65	40.21	250m: 3:17.32	41.38
	100m: 1:14.44	39.25	200m: 2:35.94	41.29	300m: 3:58.92	41.60
					350m: 4:40.25	41.33
					400m: 5:20.52	40.27
2.	Jacqueline Rolloos-Bakkers	De Lansingh	5:36.52	196300222	5:37.56	+0,82
	50m: 37.81	37.81	150m: 2:03.28	42.92	250m: 3:30.15	43.54
	100m: 1:20.36	42.55	200m: 2:46.61	43.33	300m: 4:13.63	43.48
					350m: 4:56.70	43.07
					400m: 5:37.56	40.86
3.	Olga Kedrova	Poseidon	5:33.57	037010	5:38.67	+0,98
	50m: 36.70	36.70	150m: 2:00.25	42.51	250m: 3:26.91	43.28
	100m: 1:17.74	41.04	200m: 2:43.63	43.38	300m: 4:11.31	44.40
					350m: 4:55.99	44.68
					400m: 5:38.67	42.68
4.	Riny Zeijveld-Meuleman	De Berkelduikers	6:18.19	196000204	6:06.05	+1,01
	50m: 40.85	40.85	150m: 2:12.84	46.46	250m: 3:46.94	47.19
	100m: 1:26.38	45.53	200m: 2:59.75	46.91	300m: 4:34.74	47.80
					350m: 5:22.32	47.58
					400m: 6:06.05	43.73
5.	Marian de Jong	HZ&PC Heerenveen	6:10.69	195900052	6:13.64	+0,81
	50m: 41.78	41.78	150m: 2:14.76	47.26	250m: 3:50.40	48.02
	100m: 1:27.50	45.72	200m: 3:02.38	47.62	300m: 4:39.14	48.74
					350m: 5:27.58	48.44
					400m: 6:13.64	46.06
6.	Ellen Parma	Triton	6:24.75	196200366	6:26.99	+1,02
	50m: 41.16	41.16	150m: 2:18.38	49.78	250m: 4:00.07	50.59
	100m: 1:28.60	47.44	200m: 3:09.48	51.10	300m: 4:50.66	50.59
					350m: 5:41.09	50.43
					400m: 6:26.99	45.90
7.	Jennie Resink-lindeboom	DWK	6:28.97	196000142	6:48.07	+0,95
	50m: 43.87	43.87	150m: 2:26.50	52.46	250m: 4:13.22	53.78
	100m: 1:34.04	50.17	200m: 3:19.44	52.94	300m: 5:06.39	53.17
					350m: 5:58.73	52.34
					400m: 6:48.07	49.34
DIS	Marie-Jeanne Vandormael	GZVN	7:03.37	21035/63		
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>					

Masters 60+

1.	Atie Pijtak-Radersma	ZPC AMERSFOORT	5:19.77	195600048	5:35.26	+0,85
	50m: 36.52	36.52	150m: 1:57.98	41.32	250m: 3:22.70	42.53
	100m: 1:16.66	40.14	200m: 2:40.17	42.19	300m: 4:06.05	43.35
					350m: 4:50.47	44.42
					400m: 5:35.26	44.79
2.	Elly Kiestra-Broertjes	ZIGNEA	6:40.35	195600100	6:46.48	+1,01
	400m*					
	50m: 44.51	44.51	150m: 2:24.30	50.29	250m: 4:09.40	52.91
	100m: 1:34.01	49.50	200m: 3:16.49	52.19	300m: 5:02.86	53.46
					350m: 5:55.61	52.75
					400m: 6:46.48	50.87
3.	Maria Rosa Llivina Carbonell	CN Aquamasters	7:06.87		7:23.57	+1,20
	50m: 49.90	49.90	150m: 2:40.36	56.07	250m: 4:33.21	56.50
	100m: 1:44.29	54.39	200m: 3:36.71	56.35	300m: 5:30.31	57.10
					350m: 6:27.96	57.65
					400m: 7:23.57	55.61
4.	Karien Musters	Old Dutch	8:02.20	195800236	8:03.82	
	50m: 52.56	52.56	150m: 2:51.64	1:00.09	250m: 4:55.32	1:01.69
	100m: 1:51.55	58.99	200m: 3:53.63	1:01.99	300m: 5:58.15	1:02.83
					350m: 7:01.05	1:02.90
					400m: 8:03.82	1:02.77
5.	Mies Kuipers	Old Dutch	9:03.10	195800202	9:12.74	+0,86
	50m: 1:02.33	1:02.33	150m: 3:20.16	1:09.58	250m: 5:41.75	1:11.02
	100m: 2:10.58	1:08.25	200m: 4:30.73	1:10.57	300m: 6:52.65	1:10.90
					350m: 8:03.46	1:10.81
					400m: 9:12.74	1:09.28

Programmanr. 3, Dames, 400m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC
6.	Lies Hartman	PSV	9:45.88	195600116	9:58.82	+1,48
	50m: 57.12 57.12	150m: 3:24.96 1:18.15	250m: 6:06.39 1:20.03	350m: 8:43.72 1:19.72		
	100m: 2:06.81 1:09.69	200m: 4:46.36 1:21.40	300m: 7:24.00 1:17.61	400m: 9:58.82 1:15.10		

Masters 65+

1.	Conny Boer-Buys	ZVVS	5:45.98	195000006	5:53.42	+0,92
	50m: 38.68 38.68	150m: 2:06.17 44.58	250m: 3:37.20 46.12	350m: 5:09.29 46.50		
	100m: 1:21.59 42.91	200m: 2:51.08 44.91	300m: 4:22.79 45.59	400m: 5:53.42 44.13		
2.	Fernande Gourmet Blondeel 400m*	CNSW	7:41.13	004901/52	7:21.40	+1,09
	50m: 49.88 49.88	150m: 2:40.63 56.30	250m: 4:33.42 56.30	350m: 6:25.77 56.18		
	100m: 1:44.33 54.45	200m: 3:37.12 56.49	300m: 5:29.59 56.17	400m: 7:21.40 55.63		
3.	Geerdien Meerwaldt	De Geul	8:48.75	195200058	8:34.87	+1,14
	50m: 57.34 57.34	150m: 3:05.12 1:05.24	250m: 5:16.10 1:05.71	350m: 7:28.57 1:06.66		
	100m: 1:59.88 1:02.54	200m: 4:10.39 1:05.27	300m: 6:21.91 1:05.81	400m: 8:34.87 1:06.30		

Masters 80+

1.	Lottie Geurts <i>Nederlands Masters Record</i>	PSV	8:05.14	193500006	8:02.96	+1,38
	50m: 54.49 54.49	150m: 2:55.21 1:01.02	250m: 5:00.67 1:02.48	350m: 7:05.00 1:02.00		
	100m: 1:54.19 59.70	200m: 3:58.19 1:02.98	300m: 6:03.00 1:02.33	400m: 8:02.96 57.96		
2.	Marie Smits 50-200m*	Old Dutch	8:10.37	193800004	8:30.15	+1,19
	50m: 54.52 54.52	150m: 3:02.60 1:05.57	250m: 5:14.42 1:06.29	350m: 7:26.65 1:05.97		
	100m: 1:57.03 1:02.51	200m: 4:08.13 1:05.53	300m: 6:20.68 1:06.26	400m: 8:30.15 1:03.50		
3.	Bep van Riessen	Aquapoldro	9:31.92	193700006	9:41.17	+1,27
	50m: 1:04.80 1:04.80	150m: 3:28.02 1:11.11	250m: 5:58.20 1:15.12	350m: 8:29.32 1:15.54		
	100m: 2:16.91 1:12.11	200m: 4:43.08 1:15.06	300m: 7:13.78 1:15.58	400m: 9:41.17 1:11.85		
DIS	Annie de Vos <i>AF - De aangegeven afstand niet uitgezwommen.</i>	Old Dutch	9:23.21	193400004		

Programmanr. 4
19-01-2018 - 10:28

Heren, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC
Masters 20+						
1.	Robin van Beek	LZ 1886	4:17.66	199704023	4:20.56	+0,74
	50m: 29.57 29.57	150m: 1:34.84 33.04	250m: 2:41.89 33.51	350m: 3:48.93 33.36		
	100m: 1:01.80 32.23	200m: 2:08.38 33.54	300m: 3:15.57 33.68	400m: 4:20.56 31.63		
2.	Nick Sijmons	De Amstel	4:48.56	199500491	4:27.94	+0,80
	50m: 29.95 29.95	150m: 1:38.43 34.06	250m: 2:46.98 33.85	350m: 3:54.91 33.84		
	100m: 1:04.37 34.42	200m: 2:13.13 34.70	300m: 3:21.07 34.09	400m: 4:27.94 33.03		
3.	Martijn Kornet	Zwemlust-den Hommel	4:36.49	199700231	4:30.33	+0,89
	50m: 29.87 29.87	150m: 1:36.48 33.50	250m: 2:45.58 34.70	350m: 3:56.52 35.42		
	100m: 1:02.98 33.11	200m: 2:10.88 34.40	300m: 3:21.10 35.52	400m: 4:30.33 33.81		
4.	Nordin Termoshuizen	WVZ	4:26.40	199605401	4:30.84	+0,88
	50m: 30.61 30.61	150m: 1:39.06 34.63	250m: 2:47.81 34.07	350m: 3:56.35 34.55		
	100m: 1:04.43 33.82	200m: 2:13.74 34.68	300m: 3:21.80 33.99	400m: 4:30.84 34.49		
5.	Richard van der Horst	De Meer	4:38.54	199700179	4:39.06	+0,94
	50m: 31.85 31.85	150m: 1:42.49 35.61	250m: 2:54.17 35.89	350m: 4:05.35 35.43		
	100m: 1:06.88 35.03	200m: 2:18.28 35.79	300m: 3:29.92 35.75	400m: 4:39.06 33.71		
6.	Hans Stoffers	Triton Putten	4:48.60	199604027	4:45.07	+0,63
	50m: 30.31 30.31	150m: 1:39.87 35.70	250m: 2:52.29 36.67	350m: 4:07.19 37.57		
	100m: 1:04.17 33.86	200m: 2:15.62 35.75	300m: 3:29.62 37.33	400m: 4:45.07 37.88		

Programmanr. 4, Heren, 400m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC		
7.	Kevin Hobbel 200m*	Patrick-De Roersoppers (SG)	5:21.70	199704915	4:58.52	+0,77		
	50m: 32.80	32.80	150m: 1:47.07	37.76	250m: 3:03.46	37.22	350m: 4:20.32	38.43
	100m: 1:09.31	36.51	200m: 2:26.24	39.17	300m: 3:41.89	38.43	400m: 4:58.52	38.20
8.	Lars Jacobsen	DWK	4:55.18	199705453	5:09.19	+1,02	552	
	50m: 33.06	33.06	150m: 1:49.67	39.01	250m: 3:09.43	40.80	350m: 4:30.54	39.38
	100m: 1:10.66	37.60	200m: 2:28.63	38.96	300m: 3:51.16	41.73	400m: 5:09.19	38.65

Masters 25+

1.	Kevin Eltink	DWK	4:02.98	199100589	4:14.15	+0,49		
	50m: 27.91	27.91	150m: 1:31.16	32.21	250m: 2:36.49	32.85	350m: 3:43.13	33.47
	100m: 58.95	31.04	200m: 2:03.64	32.48	300m: 3:09.66	33.17	400m: 4:14.15	31.02
2.	Peter de Boer	Dedemvaart-AC	4:26.06	199206199	4:27.87	+0,89		
	50m: 29.27	29.27	150m: 1:36.32	33.98	250m: 2:45.17	34.58	350m: 3:54.55	34.61
	100m: 1:02.34	33.07	200m: 2:10.59	34.27	300m: 3:19.94	34.77	400m: 4:27.87	33.32
3.	Tim Bunnik	Triton	4:25.09	199000505	4:31.43	+0,90		
	50m: 30.45	30.45	150m: 1:39.04	34.84	250m: 2:48.30	34.41	350m: 3:57.41	34.47
	100m: 1:04.20	33.75	200m: 2:13.89	34.85	300m: 3:22.94	34.64	400m: 4:31.43	34.02
4.	Wessel Everloo	De Veene	4:33.13	198906597	4:37.36	+0,86	765	
	50m: 31.50	31.50	150m: 1:41.41	35.41	250m: 2:52.63	35.69	350m: 4:04.21	35.92
	100m: 1:06.00	34.50	200m: 2:16.94	35.53	300m: 3:28.29	35.66	400m: 4:37.36	33.15
5.	Maik Steenkamp	Montferland	4:32.02	199103847	4:44.47	+0,80		
	50m: 31.31	31.31	150m: 1:41.47	35.61	250m: 2:53.50	35.95	350m: 4:07.76	37.59
	100m: 1:05.86	34.55	200m: 2:17.55	36.08	300m: 3:30.17	36.67	400m: 4:44.47	36.71
6.	Johan Krakou	De Rijn	5:06.96	199101311	5:06.48	+0,93		
	50m: 33.76	33.76	150m: 1:49.95	38.56	250m: 3:08.89	40.26	350m: 4:27.40	38.72
	100m: 1:11.39	37.63	200m: 2:28.63	38.68	300m: 3:48.68	39.79	400m: 5:06.48	39.08
7.	Maarten Steekelenburg	De Geul	5:52.48	199300479	6:02.18	+0,82		
	50m: 37.41	37.41	150m: 2:06.05	45.34	250m: 3:40.31	47.21	350m: 5:15.26	47.31
	100m: 1:20.71	43.30	200m: 2:53.10	47.05	300m: 4:27.95	47.64	400m: 6:02.18	46.92

Masters 30+

1.	Klaas van Beek	Zwemsport Parkstad (SG)	4:20.06	198805941	4:23.73	+0,85		
	50m: 29.57	29.57	150m: 1:34.75	33.06	250m: 2:41.60	33.58	350m: 3:50.01	34.47
	100m: 1:01.69	32.12	200m: 2:08.02	33.27	300m: 3:15.54	33.94	400m: 4:23.73	33.72
2.	Niels Albrechts	SGGO (SG)	4:34.33	198800039	4:37.95	+0,90		
	50m: 31.69	31.69	150m: 1:41.27	35.03	250m: 2:53.04	35.84	350m: 4:04.77	36.49
	100m: 1:06.24	34.55	200m: 2:17.20	35.93	300m: 3:28.28	35.24	400m: 4:37.95	33.18
3.	Ralf Tillmans	Patrick-De Roersoppers (SG)	5:04.79	198502597	4:57.06	+0,89		
	50m: 32.93	32.93	150m: 1:46.89	37.50	250m: 3:03.30	38.31	350m: 4:20.05	38.28
	100m: 1:09.39	36.46	200m: 2:24.99	38.10	300m: 3:41.77	38.47	400m: 4:57.06	37.01

Masters 35+

1.	Kristiaan Lenos	LZ 1886	4:23.60	198301331	4:24.70	+0,81		
	50m: 29.08	29.08	150m: 1:34.58	33.02	250m: 2:42.20	33.96	350m: 3:50.88	34.58
	100m: 1:01.56	32.48	200m: 2:08.24	33.66	300m: 3:16.30	34.10	400m: 4:24.70	33.82
2.	Jim Geestman	Rotterdam Swimming (SG)	4:29.83	198300699	4:33.76	+0,64		
	50m: 30.83	30.83	150m: 1:38.97	34.40	250m: 2:49.25	35.30	350m: 3:59.75	34.69
	100m: 1:04.57	33.74	200m: 2:13.95	34.98	300m: 3:25.06	35.81	400m: 4:33.76	34.01
3.	Marcel Reefhuis	WS Twente	4:33.31	198101381	4:36.33	+0,87		
	50m: 31.43	31.43	150m: 1:40.83	35.15	250m: 2:51.19	35.05	350m: 4:01.78	35.29
	100m: 1:05.68	34.25	200m: 2:16.14	35.31	300m: 3:26.49	35.30	400m: 4:36.33	34.55
4.	Frank v.d. Voordt	SGGO (SG)	4:43.89	198302259	4:43.87	+0,85		
	50m: 32.08	32.08	150m: 1:43.31	35.97	250m: 2:56.16	36.73	350m: 4:08.20	36.02
	100m: 1:07.34	35.26	200m: 2:19.43	36.12	300m: 3:32.18	36.02	400m: 4:43.87	35.67
5.	Andrew Kurnosov	TROYKA Club	4:37.05		4:44.83	+0,71		
	50m: 31.36	31.36	150m: 1:42.73	35.97	250m: 2:56.35	37.00	350m: 4:10.65	37.41
	100m: 1:06.76	35.40	200m: 2:19.35	36.62	300m: 3:33.24	36.89	400m: 4:44.83	34.18
6.	Michel Wigbers	DWT	5:00.91	198001743	5:12.24	+0,93		
	50m: 34.59	34.59	150m: 1:50.70	38.34	250m: 3:08.52	39.44	350m: 4:27.66	39.46
	100m: 1:12.36	37.77	200m: 2:29.08	38.38	300m: 3:48.20	39.68	400m: 5:12.24	44.58

Programmanr. 4, Heren, 400m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC		
7.	Rob van Wanrooy	Gay Swim Amsterdam	5:27.40	198202627	5:14.07	+0,84		
	50m: 34.12	34.12	150m: 1:50.61	39.36	250m: 3:11.65	40.71	350m: 4:33.94	41.44
	100m: 1:11.25	37.13	200m: 2:30.94	40.33	300m: 3:52.50	40.85	400m: 5:14.07	40.13
8.	Ingmar Kooman	LZ 1886	5:23.16	197901517	5:24.23	+0,85		
	50m: 36.16	36.16	150m: 1:58.75	42.16	250m: 3:21.76	41.17	350m: 4:44.37	41.05
	100m: 1:16.59	40.43	200m: 2:40.59	41.84	300m: 4:03.32	41.56	400m: 5:24.23	39.86

Masters 40+

1.	Ivo Roozeboom	WVZ	4:27.36	197700801	4:35.52	+0,90		
	50m: 30.25	30.25	150m: 1:39.79	34.94	250m: 2:50.33	35.29	350m: 4:01.24	35.40
	100m: 1:04.85	34.60	200m: 2:15.04	35.25	300m: 3:25.84	35.51	400m: 4:35.52	34.28
2.	Artur Frackowiak	Legia Warszawa	4:49.27	14700073	4:50.30	+0,88		
	50m: 31.97	31.97	150m: 1:42.25	35.83	250m: 2:57.74	38.19	350m: 4:14.35	38.46
	100m: 1:06.42	34.45	200m: 2:19.55	37.30	300m: 3:35.89	38.15	400m: 4:50.30	35.95
3.	Alex Damen	DAW	4:44.50	197501371	4:50.33	+0,80		
	50m: 32.21	32.21	150m: 1:43.63	36.13	250m: 2:57.13	37.07	350m: 4:13.38	38.42
	100m: 1:07.50	35.29	200m: 2:20.06	36.43	300m: 3:34.96	37.83	400m: 4:50.33	36.95
4.	Yannick Vanderborght	Leuven Aquatics	5:05.49	11100/75	4:59.52	+0,95		
	50m: 33.47	33.47	150m: 1:48.96	38.49	250m: 3:07.00	39.10	350m: 4:24.50	37.88
	100m: 1:10.47	37.00	200m: 2:27.90	38.94	300m: 3:46.62	39.62	400m: 4:59.52	35.02

Masters 45+

1.	Pieter van Gemeren	DAW	4:35.33	196901779	4:35.33	+0,86		
	50m: 31.94	31.94	150m: 1:40.59	34.70	250m: 2:50.43	34.93	350m: 4:01.28	35.45
	100m: 1:05.89	33.95	200m: 2:15.50	34.91	300m: 3:25.83	35.40	400m: 4:35.33	34.05
2.	Richard Rickens	Zwemsport Parkstad (SG)	4:41.61	197000841	4:42.24	+0,87		
	50m: 30.86	30.86	150m: 1:39.18	34.63	250m: 2:50.33	35.60	350m: 4:05.00	37.71
	100m: 1:04.55	33.69	200m: 2:14.73	35.55	300m: 3:27.29	36.96	400m: 4:42.24	37.24
3.	Frank van Nobelen	Sassenheim	4:57.69	196900753	4:54.46	+0,85		
	50m: 33.61	33.61	150m: 1:47.58	37.17	250m: 3:03.29	37.49	350m: 4:18.03	36.81
	100m: 1:10.41	36.80	200m: 2:25.80	38.22	300m: 3:41.22	37.93	400m: 4:54.46	36.43
4.	Wouter van der Stelt	Den Doorn	5:25.55	197200889	5:25.01	+0,99		
	50m: 34.80	34.80	150m: 1:54.27	40.79	250m: 3:17.77	42.04	350m: 4:42.39	42.46
	100m: 1:13.48	38.68	200m: 2:35.73	41.46	300m: 3:59.93	42.16	400m: 5:25.01	42.62
5.	Chris Kouwenhoven	De Spatters	5:26.05	197101669	5:25.62	+0,96		
	50m: 35.77	35.77	150m: 1:57.53	41.08	250m: 3:21.86	41.95	350m: 4:45.92	41.96
	100m: 1:16.45	40.68	200m: 2:39.91	42.38	300m: 4:03.96	42.10	400m: 5:25.62	39.70
6.	Ingmar de Gelder 100m*	ZOB'66	5:37.43	197000333	5:27.50	+0,95		
	50m: 34.20	34.20	150m: 1:52.20	40.37	250m: 3:19.00	44.18	350m: 4:46.45	44.17
	100m: 1:11.83	37.63	200m: 2:34.82	42.62	300m: 4:02.28	43.28	400m: 5:27.50	41.05
7.	Ramon Alsina Munoz	CNSW	5:33.60	2552/69	5:37.52	+0,96		
	50m: 37.12	37.12	150m: 1:59.91	41.95	250m: 3:25.88	43.01	350m: 4:53.61	43.97
	100m: 1:17.96	40.84	200m: 2:42.87	42.96	300m: 4:09.64	43.76	400m: 5:37.52	43.91
8.	Marcel Brittijn	De Duinkickers	5:49.83	196900159	5:53.19	+0,98		
	50m: 36.70	36.70	150m: 2:04.30	44.83	250m: 3:38.62	47.08	350m: 5:11.55	46.66
	100m: 1:19.47	42.77	200m: 2:51.54	47.24	300m: 4:24.89	46.27	400m: 5:53.19	41.64

AFGEM Eric Dumas

Patrick-De Roersoppers (SG) 5:24.53 196901397

Masters 50+

1.	Vladimir Gusev	Troyka	4:30.68	003113	4:29.28	+0,86		
	50m: 32.02	32.02	150m: 1:39.37	33.94	250m: 2:48.41	34.62	350m: 3:56.22	33.72
	100m: 1:05.43	33.41	200m: 2:13.79	34.42	300m: 3:22.50	34.09	400m: 4:29.28	33.06
2.	Geert Wijn	De Gelenberg	4:50.02	196701101	4:39.59	+0,69		
	50m: 30.42	30.42	150m: 1:40.11	35.39	250m: 2:52.00	36.35	350m: 4:03.50	36.00
	100m: 1:04.72	34.30	200m: 2:15.65	35.54	300m: 3:27.50	35.50	400m: 4:39.59	36.09
3.	John Hardeman	De Fuut	4:42.03	196601615	4:41.31	+0,85		
	50m: 31.61	31.61	150m: 1:42.09	35.75	250m: 2:54.47	36.05	350m: 4:06.74	35.97
	100m: 1:06.34	34.73	200m: 2:18.42	36.33	300m: 3:30.77	36.30	400m: 4:41.31	34.57

Programmanr. 4, Heren, 400m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC
4.	Jan-Willem van den Berg	WVZ	4:48.87	196801575	4:52.20	+0,90
	50m: 31.04 31.04	150m: 1:42.99 36.22	250m: 2:56.98 37.34	350m: 4:13.83 38.49		
	100m: 1:06.77 35.73	200m: 2:19.64 36.65	300m: 3:35.34 38.36	400m: 4:52.20 38.37		
5.	Phil Trethewie	Old Dutch	5:02.82	196501315	5:00.47	+0,87
	50m: 35.92 35.92	150m: 1:52.48 38.53	250m: 3:09.62 38.89	350m: 4:25.54 37.64		
	100m: 1:13.95 38.03	200m: 2:30.73 38.25	300m: 3:47.90 38.28	400m: 5:00.47 34.93		
6.	Arno Schrauwen	Patrick-De Roersoppers (SG)	5:08.90	196501355	5:07.62	+0,93
	50m: 34.12 34.12	150m: 1:52.23 39.54	250m: 3:11.59 39.61	350m: 4:30.30 38.91		
	100m: 1:12.69 38.57	200m: 2:31.98 39.75	300m: 3:51.39 39.80	400m: 5:07.62 37.32		
7.	Harold Matla	PSV	5:11.40	196800591	5:11.39	+0,75
	50m: 33.09 33.09	150m: 1:50.18 39.43	250m: 3:11.22 41.04	350m: 4:32.46 40.56		
	100m: 1:10.75 37.66	200m: 2:30.18 40.00	300m: 3:51.90 40.68	400m: 5:11.39 38.93		
8.	Fred Dijkshoorn	Zwemvereniging Westland	5:23.90	196501539	5:21.18	+0,85
	50m: 35.95 35.95	150m: 1:57.32 41.63	250m: 3:20.92 41.72	350m: 4:42.51 40.29		
	100m: 1:15.69 39.74	200m: 2:39.20 41.88	300m: 4:02.22 41.30	400m: 5:21.18 38.67		
9.	Vadim Ezhkov	Pregel	5:27.62	10020	5:29.76	+0,73
	50m: 35.33 35.33	150m: 1:56.05 41.26	250m: 3:21.21 42.99	350m: 4:47.54 43.23		
	100m: 1:14.79 39.46	200m: 2:38.22 42.17	300m: 4:04.31 43.10	400m: 5:29.76 42.22		
10.	Roy le Clercq	De Rog	5:47.15	196401041	5:34.82	+1,02
	50m: 36.13 36.13	150m: 1:59.42 43.03	250m: 3:25.75 43.16	350m: 4:52.88 43.36		
	100m: 1:16.39 40.26	200m: 2:42.59 43.17	300m: 4:09.52 43.77	400m: 5:34.82 41.94		
11.	Jan Smalheer	SCOM	5:32.06	196400701	5:41.20	+0,96
	50m: 35.47 35.47	150m: 1:59.04 43.13	250m: 3:27.54 44.78	350m: 4:57.03 45.04		
	100m: 1:15.91 40.44	200m: 2:42.76 43.72	300m: 4:11.99 44.45	400m: 5:41.20 44.17		

Masters 55+

1.	Johan Remmits	ZPC Woerden	4:35.41	196201159	4:39.58	+0,89
	50m: 31.61 31.61	150m: 1:41.63 35.28	250m: 2:53.20 35.82	350m: 4:04.76 35.83		
	100m: 1:06.35 34.74	200m: 2:17.38 35.75	300m: 3:28.93 35.73	400m: 4:39.58 34.82		
2.	Jan Brink	ZPC De Zeeuwse Kust	4:37.47	196200091	4:43.03	+0,87
	50m: 31.55 31.55	150m: 1:42.94 35.78	250m: 2:55.31 36.14	350m: 4:08.09 36.38		
	100m: 1:07.16 35.61	200m: 2:19.17 36.23	300m: 3:31.71 36.40	400m: 4:43.03 34.94		
3.	Gert Sikkema	Zwemclub Urk 1978	4:56.16	196300687	4:58.07 *	+0,96
	50m: 31.90 31.90	150m: 1:43.43 36.24	250m: 2:59.05 38.10	350m: 4:18.09 39.64		
	100m: 1:07.19 35.29	200m: 2:20.95 37.52	300m: 3:38.45 39.40	400m: 4:58.07 39.98		
4.	Eric Langhorst	De Rijn	5:30.01	196200389	5:27.66	+0,87
	50m: 36.47 36.47	150m: 2:00.66 42.77	250m: 3:25.83 42.44	350m: 4:48.29 41.05		
	100m: 1:17.89 41.42	200m: 2:43.39 42.73	300m: 4:07.24 41.41	400m: 5:27.66 39.37		
5.	Casper Dollekamp	Steenwijk 1934	5:33.17	196301341	5:45.49	+0,77
	50m: 35.17 35.17	150m: 1:57.84 42.64	250m: 3:28.70 45.80	350m: 5:01.34 46.52		
	100m: 1:15.20 40.03	200m: 2:42.90 45.06	300m: 4:14.82 46.12	400m: 5:45.49 44.15		
6.	Bart van Calker	WS Twente	5:48.92	196100067	5:51.32	+0,96
	50m: 38.65 38.65	150m: 2:05.10 44.11	250m: 3:36.05 44.67	350m: 5:06.99 45.09		
	100m: 1:20.99 42.34	200m: 2:51.38 46.28	300m: 4:21.90 45.85	400m: 5:51.32 44.33		
7.	John Dam	ZIGNEA	5:57.49	196000915	5:55.12	+1,08
	50m: 37.07 37.07	150m: 2:04.99 45.71	250m: 3:38.44 46.74	350m: 5:11.03 46.75		
	100m: 1:19.28 42.21	200m: 2:51.70 46.71	300m: 4:24.28 45.84	400m: 5:55.12 44.09		

Masters 60+

1.	Marten de Groot	HZ&PC Heerenveen	4:35.95	195800149	4:44.72	+0,83
	<i>Nederlands Masters Record, tt 200m NMR</i>					
	50m: 31.28 31.28	150m: 1:42.33 36.18	250m: 2:55.61 36.73	350m: 4:09.81 37.39		
	100m: 1:06.15 34.87	200m: 2:18.88 36.55	300m: 3:32.42 36.81	400m: 4:44.72 34.91		
2.	Otto Zeijpveld	De Berkelduikers	5:07.09	195800497	5:25.71	+0,84
	50m: 35.66 35.66	150m: 1:57.95 41.51	250m: 3:21.70 41.98	350m: 4:45.27 41.57		
	100m: 1:16.44 40.78	200m: 2:39.72 41.77	300m: 4:03.70 42.00	400m: 5:25.71 40.44		
3.	Lex Hoogendam	ZZ&PC De Devel	5:53.59	195700541	6:00.72	+0,86
	50m: 37.88 37.88	150m: 2:07.58 45.91	250m: 3:40.62 46.54	350m: 5:13.91 47.00		
	100m: 1:21.67 43.79	200m: 2:54.08 46.50	300m: 4:26.91 46.29	400m: 6:00.72 46.81		
4.	Dré Klaassen	ZOB'66	6:51.26	195600141	6:56.59	+0,89
	50m: 45.56 45.56	150m: 2:28.31 52.07	250m: 4:14.89 53.97	350m: 6:03.60 54.45		
	100m: 1:36.24 50.68	200m: 3:20.92 52.61	300m: 5:09.15 54.26	400m: 6:56.59 52.99		

Programmanr. 4, Heren, 400m vrije slag

Masters 65+

1. Brend Brevé	PSV	5:23.73	195200265	5:34.76	+1,01
50m: 37.88	37.88	150m: 2:03.06	42.61	250m: 3:28.69	42.68
100m: 1:20.45	42.57	200m: 2:46.01	42.95	300m: 4:11.57	42.88
				350m: 4:54.58	43.01
				400m: 5:34.76	40.18
2. Hilbert Prins	OEZA	6:12.45	195100223	6:24.76	+1,04
50m: 41.69	41.69	150m: 2:17.06	48.59	250m: 3:56.29	49.80
100m: 1:28.47	46.78	200m: 3:06.49	49.43	300m: 4:46.23	49.94
				350m: 5:36.53	50.30
				400m: 6:24.76	48.23
3. Piet Schop	De Bevelanders	6:29.68	195000109	6:25.35 *	+0,72
50m: 41.80	41.80	150m: 2:17.37	49.37	250m: 3:54.88	48.94
100m: 1:28.00	46.20	200m: 3:05.94	48.57	300m: 4:43.76	48.88
				350m: 5:30.61	46.85
				400m: 6:25.35	54.74

Masters 70+

1. Willem Putter	ZVVS	6:26.72	194500135	6:26.94	+0,96
50m: 42.44	42.44	150m: 2:19.55	49.60	250m: 3:59.14	49.67
100m: 1:29.87	47.43	200m: 3:09.47	49.92	300m: 4:49.80	50.66
				350m: 5:39.48	49.68
				400m: 6:26.94	47.46
2. Ludwig Lorenz	SG Gladbeck	6:34.87	127866	6:57.52	+1,12
100-200m*					
50m: 47.45	47.45	150m: 2:34.84	54.65	250m: 4:24.66	54.03
100m: 1:40.19	52.74	200m: 3:30.63	55.79	300m: 5:18.02	53.36
				350m: 6:09.93	51.91
				400m: 6:57.52	47.59

Masters 75+

1. Rob Hanou	PSV	6:17.87	194300109	6:23.22	+1,09
50m: 42.65	42.65	150m: 2:20.27	49.60	250m: 3:58.82	49.37
100m: 1:30.67	48.02	200m: 3:09.45	49.18	300m: 4:48.99	50.17
				350m: 5:37.22	48.23
				400m: 6:23.22	46.00
2. Frans van Enst	WS Twente	6:37.58	194000011	6:48.37	+1,25
50m: 41.70	41.70	150m: 2:23.36	51.90	250m: 4:08.90	52.85
100m: 1:31.46	49.76	200m: 3:16.05	52.69	300m: 5:01.96	53.06
				350m: 5:55.08	53.12
				400m: 6:48.37	53.29
3. Geza Kaltenecker	AZC	6:49.74	194200065	7:10.90	+0,93
50m: 45.25	45.25	150m: 2:34.26	55.90	250m: 4:25.76	56.41
100m: 1:38.36	53.11	200m: 3:29.35	55.09	300m: 5:21.84	56.08
				350m: 6:17.87	56.03
				400m: 7:10.90	53.03
4. Rudolf Degenaar	PSV	8:20.57	193900033	9:05.97	+1,41
50m: 1:01.72	1:01.72	150m: 3:28.06	1:14.69	250m: 5:45.90	1:08.44
100m: 2:13.37	1:11.65	200m: 4:37.46	1:09.40	300m: 6:52.42	1:06.52
				350m: 7:59.64	1:07.22
				400m: 9:05.97	1:06.33

Masters 80+

1. Frederik Hendrik De Bruijn	CN Aquamasters	6:07.91		6:27.61	+1,27
<i>Kampioenschaps Record, 200m*</i>					
50m: 44.46	44.46	150m: 2:23.28	49.93	250m: 4:02.34	48.68
100m: 1:33.35	48.89	200m: 3:13.66	50.38	300m: 4:51.24	48.90
				350m: 5:39.75	48.51
				400m: 6:27.61	47.86
2. Gregor Pompen	Aqua-Novio'94	7:46.67	193700021	8:13.40	+1,12
50m: 53.00	53.00	150m: 2:53.85	1:02.11	250m: 5:01.73	1:03.77
100m: 1:51.74	58.74	200m: 3:57.96	1:04.11	300m: 6:06.08	1:04.35
				350m: 7:10.57	1:04.49
				400m: 8:13.40	1:02.83

Masters 85+

1. Bob Berg	PSV	8:45.57	193300011	8:28.50	+1,40
<i>Nederlands Masters Record, tt 100 en 200m NMR</i>					
50m: 52.55	52.55	150m: 3:00.81	1:05.11	250m: 5:12.12	1:05.83
100m: 1:55.70	1:03.15	200m: 4:06.29	1:05.48	300m: 6:19.22	1:07.10
				350m: 7:25.61	1:06.39
				400m: 8:28.50	1:02.89

Programmanr. 5
19-01-2018 - 11:45

Dames, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	IPC	50m	100m
Masters 20+							
1. Jamilla van Veen <i>Kampioenschaps Record</i>	ZPC Woerden	1:03.31	199603192	1:04.55		31.15	1:04.55
2. Celine Schoenmaker	DWK	1:06.32	199801976	1:06.42		31.83	1:06.42
3. Nadja Wortel	Hieronimus	1:06.89	199800798	1:08.04		32.83	1:08.04
4. Melissa van der Geld	De Warande	1:05.92	199506250	1:08.45		33.26	1:08.45
5. Manon van Strien	WVZ	1:09.30	199400770	1:08.99		33.69	1:08.99
6. Daniëlle de Boer	HZ&PC Heerenveen	1:08.44	199404736	1:09.91		33.66	1:09.91
7. Suzanne Mosch	MSV-Zeemacht	1:10.34	199400548	1:11.37		34.38	1:11.37
8. Joyce Mennink	Dedemsvaart-AC	1:08.96	199601180	1:11.56		34.58	1:11.56
9. Janine de Groot	Nova	1:11.38	199500092	1:11.97		34.83	1:11.97
10. Chantal Beijer	DWT	1:13.18	199700884	1:12.11		35.39	1:12.11
11. Laura Compagner	Dedemsvaart-AC	1:10.36	199804602	1:12.31		34.05	1:12.31
12. Tamara Maassen	Aquapoldro	1:14.43	199801270	1:14.30		36.31	1:14.30
13. Maike Korthout	TRB-RES	1:12.77	199406034	1:14.44		35.98	1:14.44
14. Josine van Ballegooijen	VZC	1:13.81	199703310	1:16.25		36.72	1:16.25
15. Thirza Belder	ZOB'66	1:15.16	199803024	1:16.86		36.21	1:16.86
16. Eline van Gemert	De Meer	1:17.09	199505458	1:18.17		37.90	1:18.17
17. Mariska Gach	LZ 1886	1:20.16	199501760	1:19.03		38.78	1:19.03
18. Lisette Groeneveld	DWK	1:26.18	199801972	1:20.18		38.52	1:20.18
19. Tamara van den Brink	Van Vliet-Barracuda	1:18.20	199804182	1:20.89		39.56	1:20.89
20. Esmée Rolloos	Van Vliet-Barracuda	1:21.27	199800056	1:20.96		39.15	1:20.96
21. Daphne Scheurwater	ZZ&PC De Devel	1:21.93	199701372	1:21.16		38.80	1:21.16
22. Cynthia van Veen	ZPC Woerden	1:26.18	199606736	1:26.96		41.35	1:26.96
23. Maranka Huitema	Steenwijk 1934	1:30.14	199500302	1:30.90		44.61	1:30.90

Masters 25+

1. Désirée Emmen	De Warande	1:07.32	199204862	1:08.12		33.79	1:08.12
2. Denise Boereboom	Van Vliet-Barracuda	1:08.44	199202144	1:08.28		33.12	1:08.28
3. Stéphanie Bergsma	Dedemsvaart-AC	1:07.58	199203374	1:08.41		33.23	1:08.41
Jacyntha Plat	Steenwijk 1934	1:09.99	199002956	1:08.41		33.00	1:08.41
5. Elmi Roelofsen	ZVV	1:09.85	199008198	1:08.86		32.62	1:08.86
6. Merel Toussaint	Albion d'ELFT (SG)	1:07.88	199203788	1:09.38		33.61	1:09.38
7. Liesa Vrielinck	BZK	1:11.94	21068/93	1:12.39		35.04	1:12.39
8. Fanny Koenig	CNSW	1:18.05	003083/89	1:13.19		35.42	1:13.19
9. Ilse van den Wijngaard	ZPC Woerden	1:11.99	198904736	1:13.27 *		35.70	1:13.27
10. Sabine Lina	ZPC Woerden	1:11.14	198902680	1:13.52		35.82	1:13.52
11. Marjon Pol	Zwemlust-den Hommel	1:16.81	199102502	1:13.98		36.20	1:13.98
12. Tessa Mosch	MSV-Zeemacht	1:12.80	199102172	1:13.99		35.35	1:13.99
13. Getrude Corporaal	Steenwijk 1934	1:16.10	199200380	1:16.37		37.57	1:16.37
14. Diana Lammers	De Veene	1:14.85	198902572	1:18.10		38.21	1:18.10
15. Joyce Raemaekers	Budel	1:20.02	199106106	1:18.26		37.97	1:18.26
16. Clara Van Roeyen	GBZ	1:24.90	20082/90	1:18.76		38.46	1:18.76
17. Eline Schoenmaker	Zwemlust-den Hommel	1:17.31	199003322	1:19.17		38.49	1:19.17
18. Lindsey Hol	De Meer	1:19.30	199008088	1:21.21		40.21	1:21.21
19. Lonneke Oenema	Steenwijk 1934	1:20.65	199102314	1:24.22		40.23	1:24.22
20. Manon van Geersdaele	De Schelde	1:25.09	199206908	1:24.60		41.09	1:24.60
21. Elly Scheepers	Budel	1:24.12	199102728	1:24.94		42.16	1:24.94
22. Joëlle Vaes	DIO	1:20.98	199007576	1:27.18 *		43.23	1:27.18
23. Kimberley van Buren	De Duck	1:27.48	199304136	1:28.24		42.98	1:28.24
24. Anouk Bloem	TRB-RES	1:40.50	199000320	1:40.55		48.60	1:40.55

Programmanr. 5, Dames, 100m rugslag

Masters 30+

1. Evy Witlox	DWT	1:06.79	198804946	1:07.98	33.19	1:07.98
<i>Nederlands Masters Record</i>						
2. Charlotte Groeneveld	UZSC	1:07.55	198701404	1:09.17	32.91	1:09.17
3. Eloise Cilia	LZ 1886	1:17.48	198806960	1:10.69	34.03	1:10.69
4. Marije Jansen	Aquarijn	1:09.66	198504088	1:11.56 *	35.10	1:11.56
5. Hanneke Heymen	Montferland	1:17.47	198400968	1:15.35	37.01	1:15.35
6. Anna Boef	TriVia	1:14.58	198806288	1:16.77	36.97	1:16.77
7. Charlotte Six	CNSW	1:20.86	003821/88	1:16.87	37.57	1:16.87
8. Kathleen Laloi	CNSW	1:22.57	007830/88	1:22.01	40.04	1:22.01
9. Christa Stam	Rotterdam Swimming (SG)	1:20.78	198806790	1:22.27	38.93	1:22.27
10. Marlijn Mulders	De Treffers	1:18.21	198803114	1:23.64	39.45	1:23.64
11. Carola Hompes	Budel	1:27.27	198801868	1:30.32	43.45	1:30.32

Masters 35+

1. Roos van Esch	Albion d'ELFT (SG)	1:09.77	198200468	1:12.56	35.51	1:12.56
2. Sylvia Reijers	De Gelenberg	1:15.02	198201360	1:15.56	36.83	1:15.56
3. Kika Meijers	Swol 1894	1:23.23	198000736	1:22.64	39.81	1:22.64
4. Evelyn Verplanke	Scheldestroom	1:29.03	198101570	1:25.63	40.90	1:25.63
5. Natascha Hartman	PSV	1:29.35	198101780	1:28.69	41.80	1:28.69

Masters 40+

1. Mirjan den Drijver-Aarse	Zwemvereniging Westland	1:17.19	197500884	1:16.80	37.66	1:16.80
2. Sandra Peeters-Wiermans	De Rog	1:22.76	197401032	1:20.52	38.81	1:20.52
3. Jolanda van Gendt	PSV	1:20.25	197800266	1:22.19	39.70	1:22.19
4. Christa Verploeg	De Meer	1:21.63	197400896	1:22.46	40.29	1:22.46
5. Bianca Hertogh - Buijsse	Scheldestroom	1:31.07	197400910	1:26.49	41.95	1:26.49
6. Babette Rens	Swol 1894	1:29.13	197801200	1:29.53	44.49	1:29.53
7. Inge Otter	De Bevelanders	1:29.66	197801242	1:29.98	44.26	1:29.98
8. Clementine van Bruxvoort	ZPB H&L Productions	1:39.23	197700138	1:44.15	51.27	1:44.15

Masters 45+

1. Edith Janssen-Koolen	TRB-RES	1:10.59	197300898	1:12.49	34.82	1:12.49
2. Evelien van Klaarbergen	HZ&PC Heerenveen	1:13.17	197200964	1:12.89	35.65	1:12.89
3. Monique Tuijp	WZ&PC Purmerend	1:13.20	196900800	1:16.79	37.33	1:16.79
4. Heidi den Boer	LinK	1:16.44	196900864	1:17.28	37.27	1:17.28
5. Valerie Rolland	CNSW	1:18.47	004276/71	1:18.45	37.85	1:18.45
6. E. van Wingerden-Dijkhuizen	DWK	1:20.35	196900970	1:26.21	41.32	1:26.21
7. Henriëtte Manting	GZVV	1:23.76	197100246	1:29.67	42.36	1:29.67

Masters 50+

1. Annette Wijnja-Visser	De Biesboschwemmers	1:18.77	196700528	1:20.55	38.92	1:20.55
2. Laura Staal	Oceanus	1:20.71	196700358	1:21.50	40.16	1:21.50
3. Annette van Dok	MSV-Zeemacht	1:26.89	196800742	1:33.42	45.63	1:33.42
4. Christine Buist	De Duinkickers	1:32.38	196400608	1:35.03	46.77	1:35.03

Masters 55+

1. Margriet Grove-Lingeman	Triton	1:24.86	196200080	1:21.34	39.10	1:21.34
2. Jacqueline Rolloos-Bakkers	De Lansingh	1:25.22	196300222	1:25.08	40.67	1:25.08
3. Ellen Parma	Triton	1:33.48	196200366	1:35.59	45.93	1:35.59
4. Jenny Westervaarder	H2Oldambt	1:48.78	196200424	1:47.10	52.86	1:47.10

50m*

Programmanr. 5, Dames, 100m rugslag

Masters 60+

1. Patty Krupiarz	PSV	1:36.13	195400074	1:35.80	46.12	1:35.80
2. Mies Kuipers	Old Dutch	2:06.83	195800202	2:03.36	1:00.56	2:03.36
3. Lies Hartman	PSV	2:08.37	195600116	2:07.73	1:00.34	2:07.73

Masters 65+

1. Antoinette Gilding-Tussaud	WS Twente	1:45.94	195000038	1:46.04	51.82	1:46.04
2. Nini van Dongen-de Paepe	ZZ&PC De Devel	2:18.94	195100044	2:18.40	1:06.75	2:18.40

Masters 70+

1. Corrie Verhoeven	PSV	1:38.11	194600026	1:40.17	47.67	1:40.17
2. Loekie v. Huissteden	ZPC AMERSFOORT	2:04.83	194500002	2:05.33	1:00.62	2:05.33
3. Annet Verhoeven	De Duinkickers	2:11.80	194600024	2:08.80 *	1:02.11	2:08.80
4. Leny Kamp	Aquapoldro	2:10.78	194400008	2:12.83	1:03.79	2:12.83

50m*

Masters 80+

1. Lottie Geurts	PSV	2:02.95	193500006	2:04.02	1:01.90	2:04.02
2. Bep van Riessen	Aquapoldro	2:33.02	193700006	2:26.86 *	1:11.20	2:26.86

50m*

Programmanr. 6
19-01-2018 - 12:12

Heren, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	IPC	50m	100m
Masters 20+								
1. Dion de Mooij	LZ 1886	1:03.83	199701803	1:04.07			30.53	1:04.07
2. Gideon Teeuw	De Veene	1:06.26	199801237	1:05.82			31.55	1:05.82
3. Nordin Termoshuizen	WVZ	1:08.28	199605401	1:05.88			32.32	1:05.88
4. Diederick Schothans	De Veene	1:05.32	199703185	1:06.01			31.88	1:06.01
5. Gijs Manhave	De Schelde	1:08.77	199403199	1:07.15			33.06	1:07.15
6. Vincent van Emous	Aquapoldro	1:06.01	199802783	1:08.64			32.19	1:08.64
7. Martijn Kornet	Zwemlust-den Hommel	1:08.15	199700231	1:09.15			33.28	1:09.15
8. Ian van Mullem	ZOB'66	1:09.93	199602545	1:09.29			33.78	1:09.29
9. Ronaldo Nagtzaam	ZC Aquadream	1:09.35	199803293	1:09.65			33.22	1:09.65
10. Tim van Grunsven	De Treffers	1:11.46	199804535	1:09.77			33.06	1:09.77
11. Kevin Hobbel	Patrick-De Roersoppers (SC)	1:09.19	199704915	1:11.78			35.09	1:11.78

50m*

Masters 25+

1. Jesper Oranje	De Duck	58.43	199200997	58.77			28.39	58.77
2. Nicolas Collard	CNSW	1:06.22	000240/89	1:02.69			29.78	1:02.69
3. Jeffrey van 't Schip	De Amstel	1:06.00	199102035	1:07.74			32.45	1:07.74
4. Johan Krakou	De Rijn	1:06.26	199101311	1:07.89			32.65	1:07.89
5. Patrick Creemers	RZ	1:06.32	199000579	1:09.05			32.55	1:09.05
6. Peter Schelvis	LinK	1:15.19	198906671	1:13.55			35.58	1:13.55
7. Kevin Kuypers	PSV	1:20.29	199007643	1:14.17			34.94	1:14.17
8. Stefan Kwant	Nova	1:08.81	199200781	1:16.78			36.45	1:16.78
9. Maarten Steekelenburg	De Geul	1:20.61	199300479	1:24.17			40.02	1:24.17

50m*

Programmanr. 6, Heren, 100m rugslag

Masters 30+

1. Martijn Giezen	ZPC AMERSFOORT	1:01.60	198500813	1:03.16	30.87	1:03.16
2. Robert Dekker	Dedemsvaart-AC	1:03.90	198400443	1:03.93	30.95	1:03.93
3. Rick Driezen	Steenwijk 1934	1:04.80	198600713	1:05.26	32.49	1:05.26
4. Thommy Nickel	ZPC Woerden	1:04.92	198401627	1:05.27	31.88	1:05.27
5. Pascal van Haren	Van Vliet-Barracuda	1:06.22	198704101	1:08.13	33.43	1:08.13
6. Robert Braad	Steenwijk 1934	1:08.58	198600407	1:08.27	32.89	1:08.27
7. Niels van Beurden	ZPC Woerden	1:12.73	198805669	1:12.09	34.64	1:12.09
8. Harmen Reemst	ZOB'66	1:13.79	198702715	1:15.78	36.62	1:15.78
9. Peter van de Bor	DWT	1:11.60	198402897	1:16.18	36.30	1:16.18
NG Joël Dam	EZC	1:13.10	198800699			

Masters 35+

1. Nol van Thull	Albion d'ELFT (SG)	1:00.09	198001513	1:00.21	29.11	1:00.21
2. Jim Geestman	Rotterdam Swimming (SG)	1:06.74	198300699	1:06.28	32.24	1:06.28
3. Marcel Reefhuis	WS Twente	1:06.54	198101381	1:07.98	33.06	1:07.98
4. Pieter Pickhardt	ZPC De Hof	1:08.81	198301657	1:10.84	34.24	1:10.84
5. Rob van Wanrooy	Gay Swim Amsterdam	1:13.35	198202627	1:12.72	35.76	1:12.72
6. Gino Martijn	RZ	1:18.72	197901865	1:21.02	39.38	1:21.02

50m*

Masters 40+

1. Marcin Kaczmarek	Legia Warszawa	58.90	14700048	57.75	27.94	57.75
<i>Kampioenschaps Record</i>						
2. Ivo Roozeboom	WVZ	1:03.70	197700801	1:06.00	31.88	1:06.00
3. Mark van der Schrier	AZC	1:08.08	197800951	1:08.80	33.43	1:08.80
4. Pieter Broek	Zwemvereniging Westland	1:11.97	197701637	1:09.67	32.65	1:09.67
5. Jeroen Meuleners	Patrick-De Roersoppers (SC1)	1:14.40	197800703	1:11.01	34.34	1:11.01
6. Jimmy Swiggers	Leuven Aquatics	1:16.50	1110774	1:14.65	36.89	1:14.65

Masters 45+

1. Linas Kersevicius	Kauno Takas	1:05.70		1:06.52	32.14	1:06.52
2. René Beetsma	HZ&PC Heerenveen	1:08.15	196900069	1:07.59	32.90	1:07.59
3. Ramon de Bondt	ZPB H&L Productions	1:09.96	197300105	1:10.80	34.10	1:10.80
4. Tomas Zemaitis	Klaipėdos plaukimo klubas	1:14.67		1:12.58	34.83	1:12.58
5. Frederic Robin	CNSW	1:17.60	004923/69	1:15.07	36.47	1:15.07
6. Erik Smink	Zwemvereniging Hoogland	1:15.89	197301467	1:16.12	36.75	1:16.12
7. Korstiaan de Boer	Steenwijk 1934	1:19.49	197101629	1:16.91	37.77	1:16.91
8. Gerco Schakel	DWK	1:17.82	196900849	1:20.63	40.07	1:20.63
9. Ramon Alsina Munoz	CNSW	1:30.88	2552/69	1:29.87	43.68	1:29.87

Masters 50+

1. Roman Tolstik	Sibmasters	1:10.89	032039	1:06.22	32.88	1:06.22
2. Guido Keutgen	AZC	1:05.87	196801551	1:06.76	32.10	1:06.76
3. Jan-Willem van den Berg	WVZ	1:06.12	196801575	1:07.53	32.72	1:07.53
4. Ron Korzelius	ZPC AMERSFOORT	1:12.55	196500513	1:12.46	35.02	1:12.46
5. Martin Kaptein	DWK	1:11.38	196701677	1:13.07	35.31	1:13.07
6. Nico Swart	Den Doorn	1:13.49	196801475	1:14.40	35.87	1:14.40
7. Harold Matla	PSV	1:16.18	196800591	1:16.05	37.01	1:16.05
8. Michel van Wingerden	DWK	1:14.09	196701629	1:17.80	37.15	1:17.80
9. Maarten Poos	De Ward	1:16.92	196801579	1:18.18	37.47	1:18.18
10. Fred Dijkshoorn	Zwemvereniging Westland	1:18.33	196501539	1:18.89	38.40	1:18.89
11. Robert de Brauwer	De Duinkickers	1:21.68	196401383	1:22.81	38.48	1:22.81
12. Vadim Ezhkov	Pregel	1:25.03	10020	1:22.82	40.81	1:22.82

Programmanr. 6, Heren, 100m rugslag

Masters 55+

1. Edwin v. Norden	ZPC AMERSFOORT	1:02.82	196300563	1:03.71	30.79	1:03.71
<i>Nederlands Masters Record</i>						
2. Peter Bernsen	De Rog	1:04.82	196301119	1:05.93	31.59	1:05.93
3. Jan Brink	ZPC De Zeeuwse Kust	1:08.99	196200091	1:10.77	34.22	1:10.77
4. Kees-Jan van Overbeeke	WWV	1:12.36	196200489	1:10.78	34.31	1:10.78
5. Erik Kamphuis	De Rog	1:12.14	196001035	1:12.59	36.41	1:12.59
6. Hans Westerhof	WS Twente	1:14.51	196200743	1:14.99	36.60	1:14.99
7. Arlandas Juodeska	Kauno Takas	1:14.09		1:16.11	36.90	1:16.11
<i>Lithuanian Masters Record</i>						
8. Eric Langhorst	De Rijn	1:17.78	196200389	1:18.18	38.74	1:18.18
9. Casper Dollekamp	Steenwijk 1934	1:17.20	196301341	1:24.80	39.84	1:24.80
<i>50m*</i>						
10. Jack Barends	WS Twente	1:23.45	196201011	1:26.84	43.22	1:26.84
11. André Schutte	ZPC De Zeeuwse Kust	1:22.79	196000521	1:27.20	41.81	1:27.20
12. John Dam	ZIGNEA	1:34.52	196000915	1:30.84	45.16	1:30.84

Masters 60+

1. Sigitas Katkevicius	Dzukijos vandenis	1:18.97		1:15.92	37.31	1:15.92
<i>Lithuanian Masters Record</i>						
2. Paul Bunnik	Triton	1:24.91	195600413	1:20.54	38.47	1:20.54
<i>50m*</i>						
3. Evertjan Masurel	PSV	1:19.06	195600495	1:21.71	39.81	1:21.71
4. Wim de Lange	AZC	1:23.17	195800533	1:22.80	40.37	1:22.80
5. Dré Klaassen	ZOB'66	1:37.28	195600141	1:40.91	50.37	1:40.91

Masters 65+

1. Brend Brevé	PSV	1:14.78	195200265	1:17.99	37.94	1:17.99
<i>50m*</i>						
2. Piet Schop	De Bevelanders	1:34.79	195000109	1:31.91	45.53	1:31.91
3. Luc Laloi	CNSW	1:31.06	007829/53	1:32.11	45.18	1:32.11
<i>50m*</i>						
4. Jos Kamps	Zwemvereniging Hoogland	1:33.49	195100085	1:33.35	45.50	1:33.35
NG Ruud Ruiters	WWV	1:30.19	195300169			

Masters 70+

1. Ludwig Lorenz	SG Gladbeck	1:35.08	127866	1:41.07	49.85	1:41.07
<i>50m*</i>						

Masters 75+

1. Frans van Enst	WS Twente	1:26.11	194000011	1:27.45	42.32	1:27.45
<i>50m*</i>						

Masters 80+

1. Jan Eichhorn	ZV Haerlem	1:47.59	193700015	1:54.61	54.73	1:54.61
-----------------	------------	---------	-----------	----------------	-------	---------