

1 - ONMK 2018 kb sessie 1 (half uur later)

18-01-2018 - 13:00

Programmanr. 1
18-01-2018 - 12:30

Dames, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC		
Masters 20+								
1.	Madelon Dijkstra <i>Nederlands Masters Record</i>	ZPCH	17:23.84	199703510	17:22.06	+0,77		
	50m: 30.65	30.65	450m: 5:07.12	35.21	850m: 9:46.61	34.94	1250m: 14:28.05	35.21
	100m: 1:03.91	33.26	500m: 5:41.90	34.78	900m: 10:21.84	35.23	1300m: 15:03.22	35.17
	150m: 1:37.89	33.98	550m: 6:17.16	35.26	950m: 10:57.09	35.25	1350m: 15:38.44	35.22
	200m: 2:12.34	34.45	600m: 6:51.97	34.81	1000m: 11:32.15	35.06	1400m: 16:13.36	34.92
	250m: 2:46.92	34.58	650m: 7:26.75	34.78	1050m: 12:07.42	35.27	1450m: 16:48.22	34.86
	300m: 3:21.84	34.92	700m: 8:01.70	34.95	1100m: 12:42.82	35.40	1500m: 17:22.06	33.84
	350m: 3:56.85	35.01	750m: 8:36.87	35.17	1150m: 13:17.78	34.96		
	400m: 4:31.91	35.06	800m: 9:11.67	34.80	1200m: 13:52.84	35.06		
2.	Anne Noom	Het Y	18:20.59	199800062	17:50.31	+0,83		
	50m: 31.72	31.72	450m: 5:15.88	35.53	850m: 10:04.13	36.66	1250m: 14:53.14	36.13
	100m: 1:06.60	34.88	500m: 5:51.25	35.37	900m: 10:40.64	36.51	1300m: 15:29.47	36.33
	150m: 1:42.43	35.83	550m: 6:27.09	35.84	950m: 11:17.14	36.50	1350m: 16:04.94	35.47
	200m: 2:18.43	36.00	600m: 7:02.99	35.90	1000m: 11:53.31	36.17	1400m: 16:40.53	35.59
	250m: 2:53.29	34.86	650m: 7:38.99	36.00	1050m: 12:29.01	35.70	1450m: 17:15.71	35.18
	300m: 3:28.68	35.39	700m: 8:14.95	35.96	1100m: 13:04.97	35.96	1500m: 17:50.31	34.60
	350m: 4:04.34	35.66	750m: 8:51.10	36.15	1150m: 13:40.84	35.87		
	400m: 4:40.35	36.01	800m: 9:27.47	36.37	1200m: 14:17.01	36.17		
3.	Maaïke Tijhof	VZC	17:44.44	199800112	18:20.06	+0,78		
	50m: 31.56	31.56	450m: 5:16.69	36.82	850m: 10:13.75	37.69	1250m: 15:14.45	37.26
	100m: 1:05.80	34.24	500m: 5:53.42	36.73	900m: 10:51.25	37.50	1300m: 15:51.91	37.46
	150m: 1:40.87	35.07	550m: 6:30.51	37.09	950m: 11:28.83	37.58	1350m: 16:29.68	37.77
	200m: 2:16.48	35.61	600m: 7:07.60	37.09	1000m: 12:05.98	37.15	1400m: 17:07.13	37.45
	250m: 2:52.15	35.67	650m: 7:44.52	36.92	1050m: 12:43.66	37.68	1450m: 17:44.12	36.99
	300m: 3:27.74	35.59	700m: 8:21.56	37.04	1100m: 13:21.58	37.92	1500m: 18:20.06	35.94
	350m: 4:03.64	35.90	750m: 8:58.60	37.04	1150m: 13:59.42	37.84		
	400m: 4:39.87	36.23	800m: 9:36.06	37.46	1200m: 14:37.19	37.77		
4.	Elianne Huitema	Steenwijk 1934	18:56.51	199700258	19:05.05	+0,71		
	50m: 31.75	31.75	450m: 5:27.56	38.71	850m: 10:42.22	39.17	1250m: 15:53.31	38.60
	100m: 1:06.20	34.45	500m: 6:06.90	39.34	900m: 11:21.39	39.17	1300m: 16:31.75	38.44
	150m: 1:42.33	36.13	550m: 6:46.14	39.24	950m: 12:00.27	38.88	1350m: 17:10.43	38.68
	200m: 2:18.93	36.60	600m: 7:25.63	39.49	1000m: 12:38.94	38.67	1400m: 17:49.36	38.93
	250m: 2:55.59	36.66	650m: 8:05.06	39.43	1050m: 13:17.86	38.92	1450m: 18:27.98	38.62
	300m: 3:32.99	37.40	700m: 8:44.35	39.29	1100m: 13:56.79	38.93	1500m: 19:05.05	37.07
	350m: 4:10.51	37.52	750m: 9:23.72	39.37	1150m: 14:35.86	39.07		
	400m: 4:48.85	38.34	800m: 10:03.05	39.33	1200m: 15:14.71	38.85		
AFGEM	Marije Dankelman	Dedemsvaart-AC	18:59.95	199701502				
Masters 25+								
1.	Nanda de Vries	Steenwijk 1934	19:46.16	199204328	20:07.35	+0,87		
	50m: 33.56	33.56	450m: 5:49.10	40.30	850m: 11:13.59	40.78	1250m: 16:41.49	41.22
	100m: 1:11.20	37.64	500m: 6:29.78	40.68	900m: 11:54.58	40.99	1300m: 17:22.86	41.37
	150m: 1:50.08	38.88	550m: 7:10.28	40.50	950m: 12:35.58	41.00	1350m: 18:04.03	41.17
	200m: 2:29.02	38.94	600m: 7:51.28	41.00	1000m: 13:16.20	40.62	1400m: 18:45.12	41.09
	250m: 3:08.75	39.73	650m: 8:31.35	40.07	1050m: 13:56.96	40.76	1450m: 19:26.50	41.38
	300m: 3:48.61	39.86	700m: 9:11.82	40.47	1100m: 14:37.89	40.93	1500m: 20:07.35	40.85
	350m: 4:28.68	40.07	750m: 9:52.14	40.32	1150m: 15:19.03	41.14		
	400m: 5:08.80	40.12	800m: 10:32.81	40.67	1200m: 16:00.27	41.24		
2.	Mandy Verbakel	ZPC Woerden	20:19.37	199003908	20:18.98	+0,89		
	50m: 35.44	35.44	450m: 5:58.43	41.19	850m: 11:28.05	40.87	1250m: 16:56.67	40.81
	100m: 1:14.06	38.62	500m: 6:39.06	40.63	900m: 12:09.02	40.97	1300m: 17:37.34	40.67
	150m: 1:54.45	40.39	550m: 7:20.17	41.11	950m: 12:50.02	41.00	1350m: 18:18.36	41.02
	200m: 2:34.88	40.43	600m: 8:01.32	41.15	1000m: 13:30.90	40.88	1400m: 18:59.35	40.99
	250m: 3:15.49	40.61	650m: 8:42.53	41.21	1050m: 14:12.04	41.14	1450m: 19:39.86	40.51
	300m: 3:56.04	40.55	700m: 9:24.13	41.60	1100m: 14:53.33	41.29	1500m: 20:18.98	39.12
	350m: 4:36.48	40.44	750m: 10:05.43	41.30	1150m: 15:34.59	41.26		
	400m: 5:17.24	40.76	800m: 10:47.18	41.75	1200m: 16:15.86	41.27		

Programmanr. 1, Dames, 1500m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC		
3.	Sunanda van Heteren	De Geul	20:42.67	198901728	21:01.94	+1,08		
	50m: 35.20	35.20	450m: 6:05.95	42.87	850m: 11:46.75	43.06	1250m: 17:32.06	43.11
	100m: 1:13.83	38.63	500m: 6:48.29	42.34	900m: 12:29.94	43.19	1300m: 18:14.91	42.85
	150m: 1:53.94	40.11	550m: 7:30.97	42.68	950m: 13:12.67	42.73	1350m: 18:57.70	42.79
	200m: 2:35.03	41.09	600m: 8:13.22	42.25	1000m: 13:55.69	43.02	1400m: 19:40.61	42.91
	250m: 3:16.43	41.40	650m: 8:55.90	42.68	1050m: 14:38.66	42.97	1450m: 20:23.29	42.68
	300m: 3:58.52	42.09	700m: 9:38.83	42.93	1100m: 15:22.45	43.79	1500m: 21:01.94	38.65
	350m: 4:40.39	41.87	750m: 10:20.89	42.06	1150m: 16:06.08	43.63		
	400m: 5:23.08	42.69	800m: 11:03.69	42.80	1200m: 16:48.95	42.87		
4.	Marjan Rikken	ZVV	21:52.63	199206114	22:15.21	+0,78		
	50m: 38.11	38.11	450m: 6:29.96	44.74	850m: 12:30.60	45.62	1250m: 18:32.85	44.85
	100m: 1:20.89	42.78	500m: 7:14.82	44.86	900m: 13:15.75	45.15	1300m: 19:17.50	44.65
	150m: 2:04.55	43.66	550m: 7:59.46	44.64	950m: 14:01.18	45.43	1350m: 20:02.69	45.19
	200m: 2:48.51	43.96	600m: 8:44.18	44.72	1000m: 14:46.65	45.47	1400m: 20:47.53	44.84
	250m: 3:32.30	43.79	650m: 9:29.23	45.05	1050m: 15:32.06	45.41	1450m: 21:32.23	44.70
	300m: 4:16.32	44.02	700m: 10:14.50	45.27	1100m: 16:17.34	45.28	1500m: 22:15.21	42.98
	350m: 5:00.92	44.60	750m: 11:00.06	45.56	1150m: 17:02.71	45.37		
	400m: 5:45.22	44.30	800m: 11:44.98	44.92	1200m: 17:48.00	45.29		
5.	Eline Schoenmaker	Zwemlust-den Hommel	23:23.35	199003322	23:02.52	+0,63		
	50m: 38.15	38.15	450m: 6:42.47	46.01	850m: 12:54.99	46.47	1250m: 19:13.76	47.32
	100m: 1:22.14	43.99	500m: 7:28.75	46.28	900m: 13:42.30	47.31	1300m: 20:00.09	46.33
	150m: 2:06.90	44.76	550m: 8:14.96	46.21	950m: 14:28.82	46.52	1350m: 20:47.07	46.98
	200m: 2:52.56	45.66	600m: 9:01.67	46.71	1000m: 15:16.23	47.41	1400m: 21:33.39	46.32
	250m: 3:38.71	46.15	650m: 9:48.27	46.60	1050m: 16:03.83	47.60	1450m: 22:19.09	45.70
	300m: 4:24.54	45.83	700m: 10:34.86	46.59	1100m: 16:50.95	47.12	1500m: 23:02.52	43.43
	350m: 5:10.79	46.25	750m: 11:21.87	47.01	1150m: 17:38.55	47.60		
	400m: 5:56.46	45.67	800m: 12:08.52	46.65	1200m: 18:26.44	47.89		
6.	Claudia Creemers	RZ	27:51.89	199202864	27:42.36	+0,88		
	50m: 41.44	41.44	450m: 7:43.94	54.11	850m: 15:20.06	56.70	1250m: 23:02.04	59.70
	100m: 1:28.54	47.10	500m: 8:38.92	54.98	900m: 16:16.61	56.55	1300m: 23:59.51	57.47
	150m: 2:18.75	50.21	550m: 9:35.93	57.01	950m: 17:13.98	57.37	1350m: 24:58.36	58.85
	200m: 3:10.18	51.43	600m: 10:33.51	57.58	1000m: 18:11.37	57.39	1400m: 25:55.97	57.61
	250m: 4:03.91	53.73	650m: 11:32.21	58.70	1050m: 19:08.72	57.35	1450m: 26:50.63	54.66
	300m: 4:59.05	55.14	700m: 12:29.24	57.03	1100m: 20:06.30	57.58	1500m: 27:42.36	51.73
	350m: 5:54.50	55.45	750m: 13:27.02	57.78	1150m: 21:03.81	57.51		
	400m: 6:49.83	55.33	800m: 14:23.36	56.34	1200m: 22:02.34	58.53		

Masters 30+

1.	Viktória Felföldi	Iron Aquatics	19:20.54		18:49.20	+0,93		
	<i>Hungarian Masters Record</i>							
	50m: 32.23	32.23	450m: 5:27.91	37.76	850m: 10:33.45	38.03	1250m: 15:38.51	38.15
	100m: 1:07.77	35.54	500m: 6:05.99	38.08	900m: 11:11.93	38.48	1300m: 16:16.80	38.29
	150m: 1:44.22	36.45	550m: 6:44.24	38.25	950m: 11:49.91	37.98	1350m: 16:55.18	38.38
	200m: 2:20.75	36.53	600m: 7:22.45	38.21	1000m: 12:28.07	38.16	1400m: 17:33.86	38.68
	250m: 2:57.66	36.91	650m: 8:00.49	38.04	1050m: 13:06.10	38.03	1450m: 18:12.27	38.41
	300m: 3:34.92	37.26	700m: 8:38.58	38.09	1100m: 13:44.21	38.11	1500m: 18:49.20	36.93
	350m: 4:12.45	37.53	750m: 9:16.91	38.33	1150m: 14:22.18	37.97		
	400m: 4:50.15	37.70	800m: 9:55.42	38.51	1200m: 15:00.36	38.18		
2.	Lisanne Andeweg	Zuiderzeewimmers	18:39.37	198800092	18:55.32	+0,94		
	50m: 33.15	33.15	450m: 5:34.90	38.26	850m: 10:40.82	37.99	1250m: 15:46.50	38.24
	100m: 1:09.55	36.40	500m: 6:13.22	38.32	900m: 11:18.80	37.98	1300m: 16:25.10	38.60
	150m: 1:46.98	37.43	550m: 6:51.39	38.17	950m: 11:56.96	38.16	1350m: 17:03.51	38.41
	200m: 2:24.72	37.74	600m: 7:29.52	38.13	1000m: 12:34.97	38.01	1400m: 17:41.68	38.17
	250m: 3:02.64	37.92	650m: 8:07.75	38.23	1050m: 13:13.11	38.14	1450m: 18:19.72	38.04
	300m: 3:40.58	37.94	700m: 8:46.05	38.30	1100m: 13:51.50	38.39	1500m: 18:55.32	35.60
	350m: 4:18.64	38.06	750m: 9:24.52	38.47	1150m: 14:29.90	38.40		
	400m: 4:56.64	38.00	800m: 10:02.83	38.31	1200m: 15:08.26	38.36		
3.	Pauline Tieleman	De Warande	21:33.62	198403348	19:57.22	+0,58		
	50m: 34.24	34.24	450m: 5:48.08	39.88	850m: 11:09.24	40.82	1250m: 16:35.05	41.14
	100m: 1:12.33	38.09	500m: 6:28.13	40.05	900m: 11:49.97	40.73	1300m: 17:15.95	40.90
	150m: 1:51.43	39.10	550m: 7:07.89	39.76	950m: 12:30.59	40.62	1350m: 17:57.19	41.24
	200m: 2:30.89	39.46	600m: 7:47.98	40.09	1000m: 13:10.96	40.37	1400m: 18:37.82	40.63
	250m: 3:10.06	39.17	650m: 8:28.32	40.34	1050m: 13:51.48	40.52	1450m: 19:18.57	40.75
	300m: 3:49.19	39.13	700m: 9:08.13	39.81	1100m: 14:32.08	40.60	1500m: 19:57.22	38.65
	350m: 4:28.57	39.38	750m: 9:48.35	40.22	1150m: 15:12.92	40.84		
	400m: 5:08.20	39.63	800m: 10:28.42	40.07	1200m: 15:53.91	40.99		

Programmanr. 1, Dames, 1500m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC		
4.	Kathleen Laloi	CNSW	23:38.80	007830/88	21:25.00	+1,01		
	50m: 36.95	36.95	450m: 6:16.22	43.02	850m: 12:03.97	43.21	1250m: 17:51.85	43.38
	100m: 1:17.23	40.28	500m: 6:59.18	42.96	900m: 12:47.20	43.23	1300m: 18:35.40	43.55
	150m: 1:59.34	42.11	550m: 7:42.57	43.39	950m: 13:30.79	43.59	1350m: 19:18.46	43.06
	200m: 2:41.82	42.48	600m: 8:26.37	43.80	1000m: 14:14.40	43.61	1400m: 20:01.44	42.98
	250m: 3:24.30	42.48	650m: 9:10.21	43.84	1050m: 14:58.21	43.81	1450m: 20:44.36	42.92
	300m: 4:07.03	42.73	700m: 9:53.59	43.38	1100m: 15:41.48	43.27	1500m: 21:25.00	40.64
	350m: 4:50.30	43.27	750m: 10:37.50	43.91	1150m: 16:25.03	43.55		
	400m: 5:33.20	42.90	800m: 11:20.76	43.26	1200m: 17:08.47	43.44		
5.	Lisette van den Bos	De Geul	22:53.43	198700468	24:23.18	+0,89		
	50m: 40.33	40.33	450m: 7:05.20	49.75	850m: 13:41.33	49.73	1250m: 20:19.63	50.25
	100m: 1:26.81	46.48	500m: 7:54.03	48.83	900m: 14:30.79	49.46	1300m: 21:10.20	50.57
	150m: 2:14.88	48.07	550m: 8:43.17	49.14	950m: 15:20.01	49.22	1350m: 21:59.45	49.25
	200m: 3:03.48	47.60	600m: 9:32.62	49.45	1000m: 16:10.06	50.05	1400m: 22:48.25	48.80
	250m: 3:50.00	47.52	650m: 10:22.11	49.49	1050m: 16:59.12	49.06	1450m: 23:37.30	49.05
	300m: 4:37.89	47.89	700m: 11:12.45	50.34	1100m: 17:49.24	50.12	1500m: 24:23.18	45.88
	350m: 5:26.60	48.71	750m: 12:02.26	49.81	1150m: 18:39.11	49.87		
	400m: 6:15.45	48.85	800m: 12:51.60	49.34	1200m: 19:29.38	50.27		
6.	Dorien Vasseur	Scheldestroom	25:55.94	198704164	24:34.59	+1,05		
	50m: 41.04	41.04	450m: 7:11.64	50.20	850m: 13:52.44	50.45	1250m: 20:31.98	50.55
	100m: 1:27.08	46.04	500m: 8:01.73	50.09	900m: 14:41.54	49.10	1300m: 21:21.76	49.78
	150m: 2:14.96	47.88	550m: 8:51.37	49.64	950m: 15:31.65	50.11	1350m: 22:11.55	49.79
	200m: 3:03.84	48.88	600m: 9:41.43	50.06	1000m: 16:21.81	50.16	1400m: 23:00.58	49.03
	250m: 3:53.76	49.92	650m: 10:31.28	49.85	1050m: 17:12.23	50.42	1450m: 23:49.14	48.56
	300m: 4:42.76	49.00	700m: 11:22.02	50.74	1100m: 18:02.10	49.87	1500m: 24:34.59	45.45
	350m: 5:31.85	49.09	750m: 12:11.91	49.89	1150m: 18:51.65	49.55		
	400m: 6:21.44	49.59	800m: 13:01.99	50.08	1200m: 19:41.43	49.78		
AFGEM	Denise de Riet	ZZ&PC De Devel	19:27.46	198402040				

Masters 35+

1.	Ramona Linting	Link	19:42.93	198301274	20:37.12 *	+0,79		
	50m: 34.68	34.68	450m: 6:01.24	41.48	850m: 11:33.76	41.90	1250m: 17:09.97	41.71
	100m: 1:13.59	38.91	500m: 6:42.72	41.48	900m: 12:16.08	42.32	1300m: 17:51.93	41.96
	150m: 1:54.08	40.49	550m: 7:24.07	41.35	950m: 12:58.47	42.39	1350m: 18:34.16	42.23
	200m: 2:35.14	41.06	600m: 8:05.28	41.21	1000m: 13:40.36	41.89	1400m: 19:15.45	41.29
	250m: 3:16.32	41.18	650m: 8:47.18	41.90	1050m: 14:22.24	41.88	1450m: 19:56.69	41.24
	300m: 3:57.40	41.08	700m: 9:28.80	41.62	1100m: 15:04.17	41.93	1500m: 20:37.12	40.43
	350m: 4:38.53	41.13	750m: 10:10.44	41.64	1150m: 15:46.28	42.11		
	400m: 5:19.76	41.23	800m: 10:51.86	41.42	1200m: 16:28.26	41.98		

Masters 40+

1.	Liselotte Joling	PSV	19:02.85	197500268	20:27.66	+0,91		
	50m: 34.85	34.85	450m: 6:06.60	40.92	850m: 11:32.48	41.15	1250m: 17:04.80	41.62
	100m: 1:14.34	39.49	500m: 6:46.46	39.86	900m: 12:13.40	40.92	1300m: 17:45.93	41.13
	150m: 1:56.39	42.05	550m: 7:26.06	39.60	950m: 12:54.92	41.52	1350m: 18:26.93	41.00
	200m: 2:39.09	42.70	600m: 8:06.30	40.24	1000m: 13:36.46	41.54	1400m: 19:07.02	40.09
	250m: 3:21.24	42.15	650m: 8:47.48	41.18	1050m: 14:18.34	41.88	1450m: 19:48.41	41.39
	300m: 4:02.74	41.50	700m: 9:28.53	41.05	1100m: 14:59.88	41.54	1500m: 20:27.66	39.25
	350m: 4:44.29	41.55	750m: 10:09.86	41.33	1150m: 15:41.48	41.60		
	400m: 5:25.68	41.39	800m: 10:51.33	41.47	1200m: 16:23.18	41.70		
2.	Babette Rens	Swol 1894	23:09.24	197801200	23:36.32	+0,69		
	50m: 39.58	39.58	450m: 6:43.02	46.62	850m: 13:06.65	48.72	1250m: 19:34.35	48.48
	100m: 1:22.83	43.25	500m: 7:30.15	47.13	900m: 13:55.17	48.52	1300m: 20:23.43	49.08
	150m: 2:07.45	44.62	550m: 8:17.63	47.48	950m: 14:43.85	48.68	1350m: 21:12.37	48.94
	200m: 2:52.40	44.95	600m: 9:05.35	47.72	1000m: 15:32.30	48.45	1400m: 22:01.33	48.96
	250m: 3:38.25	45.85	650m: 9:53.30	47.95	1050m: 16:20.92	48.62	1450m: 22:49.52	48.19
	300m: 4:24.06	45.81	700m: 10:41.43	48.13	1100m: 17:08.85	47.93	1500m: 23:36.32	46.80
	350m: 5:10.09	46.03	750m: 11:29.66	48.23	1150m: 17:57.24	48.39		
	400m: 5:56.40	46.31	800m: 12:17.93	48.27	1200m: 18:45.87	48.63		

Masters 45+

1.	Lisenka Kornet-van den Akker	Zwemlust-den Hommel	20:25.85	196901052	21:00.43	+0,98		
	50m: 35.34	35.34	450m: 6:06.21	41.82	850m: 11:43.89	42.27	1250m: 17:24.62	42.77
	100m: 1:15.00	39.66	500m: 6:48.27	42.06	900m: 12:26.35	42.46	1300m: 18:07.46	42.84
	150m: 1:55.98	40.98	550m: 7:30.65	42.38	950m: 13:09.20	42.85	1350m: 18:50.63	43.17
	200m: 2:37.28	41.30	600m: 8:12.80	42.15	1000m: 13:52.13	42.93	1400m: 19:33.75	43.12
	250m: 3:18.90	41.62	650m: 8:54.75	41.95	1050m: 14:34.70	42.57	1450m: 20:17.19	43.44
	300m: 4:00.84	41.94	700m: 9:37.19	42.44	1100m: 15:17.30	42.60	1500m: 21:00.43	43.24
	350m: 4:42.59	41.75	750m: 10:19.49	42.30	1150m: 15:59.59	42.29		
	400m: 5:24.39	41.80	800m: 11:01.62	42.13	1200m: 16:41.85	42.26		

Programmanr. 1, Dames, 1500m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC		
2.	Iris van Aurich	DWK	22:36.29	196900866	22:36.32	+0,91		
	50m: 37.69	37.69	450m: 6:32.37	45.75	850m: 12:40.63	46.88	1250m: 18:51.80	46.24
	100m: 1:19.26	41.57	500m: 7:18.09	45.72	900m: 13:26.67	46.04	1300m: 19:38.10	46.30
	150m: 2:02.38	43.12	550m: 8:04.00	45.91	950m: 14:12.45	45.78	1350m: 20:23.72	45.62
	200m: 2:46.35	43.97	600m: 8:50.17	46.17	1000m: 14:58.51	46.06	1400m: 21:09.84	46.12
	250m: 3:30.84	44.49	650m: 9:36.33	46.16	1050m: 15:45.47	46.96	1450m: 21:54.26	44.42
	300m: 4:15.29	44.45	700m: 10:21.89	45.56	1100m: 16:32.41	46.94	1500m: 22:36.32	42.06
	350m: 5:01.03	45.74	750m: 11:07.48	45.59	1150m: 17:18.57	46.16		
	400m: 5:46.62	45.59	800m: 11:53.75	46.27	1200m: 18:05.56	46.99		
3.	Britta Fritz	SC Janus Köln	24:15.19	262038	25:41.67	+0,86		
	50m: 45.25	45.25	450m: 7:34.88	51.75	850m: 14:30.49	51.71	1250m: 21:26.07	51.59
	100m: 1:35.35	50.10	500m: 8:27.11	52.23	900m: 15:21.81	51.32	1300m: 22:18.28	52.21
	150m: 2:25.72	50.37	550m: 9:19.16	52.05	950m: 16:14.27	52.46	1350m: 23:09.98	51.70
	200m: 3:15.72	50.00	600m: 10:11.42	52.26	1000m: 17:05.46	51.19	1400m: 24:01.96	51.98
	250m: 4:06.83	51.11	650m: 11:03.18	51.76	1050m: 17:57.93	52.47	1450m: 24:52.99	51.03
	300m: 4:58.55	51.72	700m: 11:54.99	51.81	1100m: 18:49.94	52.01	1500m: 25:41.67	48.68
	350m: 5:50.43	51.88	750m: 12:46.40	51.41	1150m: 19:42.12	52.18		
	400m: 6:43.13	52.70	800m: 13:38.78	52.38	1200m: 20:34.48	52.36		
4.	Greta Wyma-Teitsma	DWK	26:20.55	197100696	26:40.49	+0,51		
	50m: 44.88	44.88	450m: 7:44.00	53.43	850m: 14:55.61	55.29	1250m: 22:10.22	55.23
	100m: 1:35.45	50.57	500m: 8:37.53	53.53	900m: 15:49.94	54.33	1300m: 23:04.77	54.55
	150m: 2:27.43	51.98	550m: 9:30.58	53.05	950m: 16:44.60	54.66	1350m: 23:59.06	54.29
	200m: 3:19.24	51.81	600m: 10:23.33	52.75	1000m: 17:39.32	54.72	1400m: 24:53.02	53.96
	250m: 4:12.21	52.97	650m: 11:17.37	54.04	1050m: 18:32.18	52.86	1450m: 25:48.50	55.48
	300m: 5:04.50	52.29	700m: 12:11.61	54.24	1100m: 19:26.61	54.43	1500m: 26:40.49	51.99
	350m: 5:57.37	52.87	750m: 13:05.46	53.85	1150m: 20:20.80	54.19		
	400m: 6:50.57	53.20	800m: 14:00.32	54.86	1200m: 21:14.99	54.19		
AFGEM	Karin Stein	ZVVS	19:17.36	197100554				
AFGEM	Annette de Visser	Oceanus	20:09.54	197100602				

Masters 50+

1.	Katrien Delaender	BZK	19:32.39	20525/66	18:58.06	+0,68		
	<i>Kampioenschaps Record, Belgisch Masters Record</i>							
	50m: 34.52	34.52	450m: 5:38.47	38.26	850m: 10:43.06	38.39	1250m: 15:48.20	38.46
	100m: 1:11.68	37.16	500m: 6:16.64	38.17	900m: 11:21.25	38.19	1300m: 16:26.59	38.39
	150m: 1:49.63	37.95	550m: 6:54.72	38.08	950m: 11:59.30	38.05	1350m: 17:05.09	38.50
	200m: 2:27.89	38.26	600m: 7:32.83	38.11	1000m: 12:37.51	38.21	1400m: 17:43.60	38.51
	250m: 3:05.99	38.10	650m: 8:10.75	37.92	1050m: 13:15.68	38.17	1450m: 18:21.96	38.36
	300m: 3:44.01	38.02	700m: 8:48.55	37.80	1100m: 13:53.82	38.14	1500m: 18:58.06	36.10
	350m: 4:21.97	37.96	750m: 9:26.63	38.08	1150m: 14:32.05	38.23		
	400m: 5:00.21	38.24	800m: 10:04.67	38.04	1200m: 15:09.74	37.69		
2.	Wilna Heijman	Steenwijk 1934	20:59.90	196400506	21:14.33	+0,98		
	50m: 37.95	37.95	450m: 6:14.95	42.54	850m: 11:55.62	42.52	1250m: 17:39.12	43.43
	100m: 1:18.91	40.96	500m: 6:57.59	42.64	900m: 12:38.22	42.60	1300m: 18:22.64	43.52
	150m: 2:00.46	41.55	550m: 7:40.38	42.79	950m: 13:21.15	42.93	1350m: 19:05.41	42.77
	200m: 2:42.38	41.92	600m: 8:22.71	42.33	1000m: 14:03.72	42.57	1400m: 19:48.75	43.34
	250m: 3:24.92	42.54	650m: 9:05.27	42.56	1050m: 14:46.34	42.62	1450m: 20:32.55	43.80
	300m: 4:07.45	42.53	700m: 9:47.95	42.68	1100m: 15:28.79	42.45	1500m: 21:14.33	41.78
	350m: 4:50.21	42.76	750m: 10:30.22	42.27	1150m: 16:11.88	43.09		
	400m: 5:32.41	42.20	800m: 11:13.10	42.88	1200m: 16:55.69	43.81		
3.	K. van Nassau van den Heuvel	Old Dutch	23:34.27	196600188	24:08.10	+0,99		
	50m: 41.95	41.95	450m: 7:00.57	47.98	850m: 13:29.92	48.29	1250m: 20:00.89	48.87
	100m: 1:27.94	45.99	500m: 7:49.20	48.63	900m: 14:19.01	49.09	1300m: 20:50.31	49.42
	150m: 2:14.40	46.46	550m: 8:37.45	48.25	950m: 15:08.03	49.02	1350m: 21:40.65	50.34
	200m: 3:01.72	47.32	600m: 9:26.40	48.95	1000m: 15:57.10	49.07	1400m: 22:30.49	49.84
	250m: 3:48.93	47.21	650m: 10:15.40	49.00	1050m: 16:45.67	48.57	1450m: 23:20.15	49.66
	300m: 4:36.51	47.58	700m: 11:04.29	48.89	1100m: 17:34.54	48.87	1500m: 24:08.10	47.95
	350m: 5:24.45	47.94	750m: 11:53.11	48.82	1150m: 18:23.34	48.80		
	400m: 6:12.59	48.14	800m: 12:41.63	48.52	1200m: 19:12.02	48.68		
4.	Hetty Smalheer	SCOM	24:43.75	196700352	24:48.75	+1,08		
	50m: 43.30	43.30	450m: 7:19.60	50.07	850m: 14:00.24	50.73	1250m: 20:39.89	50.37
	100m: 1:30.73	47.43	500m: 8:09.81	50.21	900m: 14:50.61	50.37	1300m: 21:30.56	50.67
	150m: 2:19.41	48.68	550m: 8:59.58	49.77	950m: 15:40.41	49.80	1350m: 22:21.06	50.50
	200m: 3:08.73	49.32	600m: 9:49.44	49.86	1000m: 16:30.64	50.23	1400m: 23:10.48	49.42
	250m: 3:58.02	49.29	650m: 10:39.57	50.13	1050m: 17:20.06	49.42	1450m: 23:59.81	49.33
	300m: 4:48.42	50.40	700m: 11:29.49	49.92	1100m: 18:09.52	49.46	1500m: 24:48.75	48.94
	350m: 5:38.80	50.38	750m: 12:19.62	50.13	1150m: 18:59.56	50.04		
	400m: 6:29.53	50.73	800m: 13:09.51	49.89	1200m: 19:49.52	49.96		

Programmanr. 1, Dames, 1500m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC
5.	Miranda Keijl	ZIGNEA	25:44.39	196500588	25:44.96	+1,14
	50m: 42.38	42.38	450m: 7:30.41	52.70	850m: 14:26.09	51.54
	100m: 1:30.64	48.26	500m: 8:22.62	52.21	900m: 15:18.01	51.92
	150m: 2:19.72	49.08	550m: 9:15.00	52.38	950m: 16:09.83	51.82
	200m: 3:10.24	50.52	600m: 10:08.03	53.03	1000m: 17:02.25	52.42
	250m: 4:01.93	51.69	650m: 10:59.65	51.62	1050m: 17:54.41	52.16
	300m: 4:53.51	51.58	700m: 11:51.59	51.94	1100m: 18:47.31	52.90
	350m: 5:45.07	51.56	750m: 12:42.72	51.13	1150m: 19:40.55	53.24
	400m: 6:37.71	52.64	800m: 13:34.55	51.83	1200m: 20:33.64	53.09
AFGEM	Laura Staal	Oceanus	21:43.09	196700358		

Masters 55+

1.	Ingrid Van Cauteren	LZV	23:33.59	20097/62	22:49.86	+0,91
	50m: 39.78	39.78	450m: 6:43.53	45.90	850m: 12:52.67	45.96
	100m: 1:22.86	43.08	500m: 7:29.42	45.89	900m: 13:38.98	46.31
	150m: 2:07.82	44.96	550m: 8:15.61	46.19	950m: 14:24.94	45.96
	200m: 2:53.45	45.63	600m: 9:01.89	46.28	1000m: 15:11.52	46.58
	250m: 3:39.31	45.86	650m: 9:47.93	46.04	1050m: 15:58.11	46.59
	300m: 4:25.48	46.17	700m: 10:34.33	46.40	1100m: 16:44.34	46.23
	350m: 5:11.39	45.91	750m: 11:20.66	46.33	1150m: 17:30.39	46.05
	400m: 5:57.63	46.24	800m: 12:06.71	46.05	1200m: 18:16.48	46.09
2.	Riny Zeijveld-Meuleman	De Berkelduikers	24:07.42	196000204	23:40.56	+0,98
	50m: 41.83	41.83	450m: 6:57.48	47.90	850m: 13:20.54	47.48
	100m: 1:27.35	45.52	500m: 7:45.35	47.87	900m: 14:08.70	48.16
	150m: 2:13.50	46.15	550m: 8:33.17	47.82	950m: 14:56.83	48.13
	200m: 3:00.44	46.94	600m: 9:20.87	47.70	1000m: 15:44.63	47.80
	250m: 3:47.30	46.86	650m: 10:09.36	48.49	1050m: 16:32.46	47.83
	300m: 4:34.67	47.37	700m: 10:56.84	47.48	1100m: 17:19.80	47.34
	350m: 5:21.85	47.18	750m: 11:44.89	48.05	1150m: 18:07.66	47.86
	400m: 6:09.58	47.73	800m: 12:33.06	48.17	1200m: 18:56.09	48.43
3.	Katinka Elders	Oceanus	24:32.02	196000292	24:54.31	+0,82
	50m: 43.19	43.19	450m: 7:16.15	50.00	850m: 13:57.60	51.28
	100m: 1:30.88	47.69	500m: 8:07.21	51.06	900m: 14:47.40	49.80
	150m: 2:19.43	48.55	550m: 8:56.97	49.76	950m: 15:37.03	49.63
	200m: 3:08.39	48.96	600m: 9:47.20	50.23	1000m: 16:28.55	51.52
	250m: 3:57.67	49.28	650m: 10:36.48	49.28	1050m: 17:19.44	50.89
	300m: 4:46.55	48.88	700m: 11:26.79	50.31	1100m: 18:09.25	49.81
	350m: 5:35.38	48.83	750m: 12:15.91	49.12	1150m: 18:59.66	50.41
	400m: 6:26.15	50.77	800m: 13:06.32	50.41	1200m: 19:51.32	51.66
4.	Marjan Spoelstra	Swol 1894	25:53.43	196000236	25:15.66	+0,96
	50m: 44.82	44.82	450m: 7:28.42	51.10	850m: 14:16.10	50.86
	100m: 1:33.97	49.15	500m: 8:19.39	50.97	900m: 15:07.08	50.98
	150m: 2:24.04	50.07	550m: 9:10.52	51.13	950m: 15:58.75	51.67
	200m: 3:14.37	50.33	600m: 10:01.68	51.16	1000m: 16:49.83	51.08
	250m: 4:04.80	50.43	650m: 10:52.46	50.78	1050m: 17:41.23	51.40
	300m: 4:55.44	50.64	700m: 11:43.14	50.68	1100m: 18:31.89	50.66
	350m: 5:46.56	51.12	750m: 12:34.37	51.23	1150m: 19:23.36	51.47
	400m: 6:37.32	50.76	800m: 13:25.24	50.87	1200m: 20:13.85	50.49
5.	Marie-Jeanne Vandormael	GZVN	27:44.73	21035/63	27:42.42	+0,94
	50m: 47.43	47.43	450m: 8:10.99	55.70	850m: 15:39.70	55.82
	100m: 1:41.82	54.39	500m: 9:08.01	57.02	900m: 16:35.34	55.64
	150m: 2:36.62	54.80	550m: 10:05.16	57.15	950m: 17:31.31	55.97
	200m: 3:32.21	55.59	600m: 11:01.13	55.97	1000m: 18:26.33	55.02
	250m: 4:27.69	55.48	650m: 11:57.17	56.04	1050m: 19:21.38	55.05
	300m: 5:23.12	55.43	700m: 12:52.71	55.54	1100m: 20:17.69	56.31
	350m: 6:19.20	56.08	750m: 13:48.33	55.62	1150m: 21:13.05	55.36
	400m: 7:15.29	56.09	800m: 14:43.88	55.55	1200m: 22:08.68	55.63
6.	Annemarie Straetemans	De Geul	26:08.09	196300508	28:23.51	+1,19
	50m: 51.84	51.84	450m: 8:24.92	56.54	850m: 15:57.89	57.28
	100m: 1:47.29	55.45	500m: 9:21.96	57.04	900m: 16:54.73	56.84
	150m: 2:44.02	56.73	550m: 10:18.44	56.48	950m: 17:51.78	57.05
	200m: 3:41.13	57.11	600m: 11:14.78	56.34	1000m: 18:49.90	58.12
	250m: 4:37.74	56.61	650m: 12:11.31	56.53	1050m: 19:47.11	57.21
	300m: 5:34.93	57.19	700m: 13:07.45	56.14	1100m: 20:44.36	57.25
	350m: 6:31.76	56.83	750m: 14:03.62	56.17	1150m: 21:42.16	57.80
	400m: 7:28.38	56.62	800m: 15:00.61	56.99	1200m: 22:39.74	57.58

Masters 60+

Programmanr. 1, Dames, 1500m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC				
1.	Elly Kiestra-Broertjes	ZIGNEA	26:17.06	195600100	26:37.75 *	+1,03				
	50m: 44.27	44.27	450m: 7:51.39	55.06	850m: 15:04.94	54.61	1250m: 22:15.40	53.66		
	100m: 1:33.79	49.52	500m: 8:45.44	54.05	900m: 15:58.99	54.05	1300m: 23:06.99	51.59		
	150m: 2:26.30	52.51	550m: 9:38.89	53.45	950m: 16:53.22	54.23	1350m: 23:59.74	52.75		
	200m: 3:20.02	53.72	600m: 10:33.52	54.63	1000m: 17:47.01	53.79	1400m: 24:54.59	54.85		
	250m: 4:13.85	53.83	650m: 11:27.36	53.84	1050m: 18:39.37	52.36	1450m: 25:48.38	53.79		
	300m: 5:08.31	54.46	700m: 12:21.78	54.42	1100m: 19:33.38	54.01	1500m: 26:37.75	49.37		
	350m: 6:01.89	53.58	750m: 13:16.77	54.99	1150m: 20:27.81	54.43				
	400m: 6:56.33	54.44	800m: 14:10.33	53.56	1200m: 21:21.74	53.93				
2.	Maria Rosa Llivina Carbonell	CN Aquamasters	28:49.07		28:50.50					
	<i>alle tijden handtijden</i>									
	50m: 51.53	51.53	450m: 8:29.77	57.24	850m: 16:10.21	57.63	1250m: 23:55.31	59.38		
	100m: 1:46.83	55.30	500m: 9:27.18	57.41	900m: 17:07.81	57.60	1300m: 24:54.06	58.75		
	150m: 2:43.29	56.46	550m: 10:24.46	57.28	950m: 18:05.87	58.06	1350m: 25:53.70	59.64		
	200m: 3:41.17	57.88	600m: 11:22.23	57.77	1000m: 19:03.87	58.00	1400m: 26:53.37	59.67		
	250m: 4:39.58	58.41	650m: 12:19.99	57.76	1050m: 20:01.51	57.64	1450m:			
	300m: 5:37.39	57.81	700m: 13:17.35	57.36	1100m: 20:59.16	57.65	1500m: 28:50.50			
	350m: 6:35.07	57.68	750m: 14:15.29	57.94	1150m: 21:57.43	58.27				
	400m: 7:32.53	57.46	800m: 15:12.58	57.29	1200m: 22:55.93	58.50				

Masters 65+

1.	Gonnie Bak	PSV	28:38.43	195100064	29:16.24	
	<i>alle tijden handtijden</i>					
	50m: 49.87	49.87	450m: 8:38.53	59.73	850m: 16:33.49	59.60
	100m: 1:46.96	57.09	500m: 9:36.60	58.07	900m: 17:32.51	59.02
	150m: 2:44.56	57.60	550m: 10:36.17	59.57	950m: 18:32.02	59.51
	200m: 3:42.72	58.16	600m: 11:35.84	59.67	1000m: 19:30.96	58.94
	250m: 4:42.07	59.35	650m: 12:35.87	1:00.03	1050m: 20:30.62	59.66
	300m: 5:40.96	58.89	700m: 13:34.82	58.95	1100m: 21:30.66	1:00.04
	350m: 6:39.40	58.44	750m: 14:34.44	59.62	1150m: 22:30.04	59.38
	400m: 7:38.80	59.40	800m: 15:33.89	59.45	1200m: 23:29.40	59.36

Masters 70+

1.	Loekie v. Huissteden	ZPC AMERSFOORT	36:27.33	194500002	34:46.90	
	<i>alle tijden handtijden</i>					
	50m: 55.67	55.67	450m: 10:02.57	1:10.09	850m: 19:23.95	1:10.59
	100m: 2:00.54	1:04.87	500m: 11:11.91	1:09.34	900m: 20:34.97	1:11.02
	150m: 3:08.05	1:07.51	550m: 12:21.94	1:10.03	950m: 21:45.66	1:10.69
	200m: 4:17.89	1:09.84	600m: 13:32.19	1:10.25	1000m: 22:56.81	1:11.15
	250m: 5:27.48	1:09.59	650m: 14:41.03	1:08.84	1050m: 24:08.70	1:11.89
	300m: 6:35.44	1:07.96	700m: 15:51.24	1:10.21	1100m: 25:20.21	1:11.51
	350m: 7:44.13	1:08.69	750m: 17:02.01	1:10.77	1150m: 26:31.10	1:10.89
	400m: 8:52.48	1:08.35	800m: 18:13.36	1:11.35	1200m: 27:41.71	1:10.61

Masters 80+

1.	Marie Smits	Old Dutch	32:45.33	193800004	33:39.03	
	<i>Nederlands Masters Record, tt 800 en 400 meter NMR, alle tijden handtijden</i>					
	50m: 53.34	53.34	450m: 9:44.89	1:08.00	850m: 18:48.09	1:07.81
	100m: 1:56.07	1:02.73	500m: 10:52.96	1:08.07	900m: 19:56.49	1:08.40
	150m: 3:01.06	1:04.99	550m: 12:01.64	1:08.68	950m: 21:04.99	1:08.50
	200m: 4:06.67	1:05.61	600m: 13:09.39	1:07.75	1000m: 22:13.57	1:08.58
	250m: 5:13.84	1:07.17	650m: 14:17.14	1:07.75	1050m: 23:22.42	1:08.85
	300m: 6:20.74	1:06.90	700m: 15:24.84	1:07.70	1100m: 24:31.74	1:09.32
	350m: 7:29.21	1:08.47	750m: 16:32.53	1:07.69	1150m: 25:40.17	1:08.43
	400m: 8:36.89	1:07.68	800m: 17:40.28	1:07.75	1200m: 26:48.84	1:08.67

Programmanr. 2
18-01-2018 - 15:21

Heren, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC		
Masters 20+								
1.	Robin van Beek	LZ 1886	17:13.53	199704023	17:31.41	+0,50		
	50m: 31.84	31.84	450m: 5:10.48	35.16	850m: 9:50.40	34.73	1250m: 14:34.19	35.93
	100m: 1:06.32	34.48	500m: 5:45.63	35.15	900m: 10:25.38	34.98	1300m: 15:10.35	36.16
	150m: 1:41.11	34.79	550m: 6:20.84	35.21	950m: 11:00.39	35.01	1350m: 15:46.29	35.94
	200m: 2:16.14	35.03	600m: 6:55.77	34.93	1000m: 11:35.74	35.35	1400m: 16:22.22	35.93
	250m: 2:50.80	34.66	650m: 7:30.75	34.98	1050m: 12:11.37	35.63	1450m: 16:58.03	35.81
	300m: 3:25.50	34.70	700m: 8:05.83	35.08	1100m: 12:47.03	35.66	1500m: 17:31.41	33.38
	350m: 4:00.38	34.88	750m: 8:40.84	35.01	1150m: 13:22.70	35.67		
	400m: 4:35.32	34.94	800m: 9:15.67	34.83	1200m: 13:58.26	35.56		
2.	Nordin Termoshuizen	WVZ	17:49.57	199605401	17:58.69	+0,83		
	50m: 31.64	31.64	450m: 5:14.60	35.76	850m: 10:04.92	36.85	1250m: 14:58.08	36.83
	100m: 1:06.69	35.05	500m: 5:50.51	35.91	900m: 10:41.42	36.50	1300m: 15:34.94	36.86
	150m: 1:41.70	35.01	550m: 6:26.57	36.06	950m: 11:18.06	36.64	1350m: 16:11.77	36.83
	200m: 2:17.15	35.45	600m: 7:02.66	36.09	1000m: 11:54.73	36.67	1400m: 16:48.52	36.75
	250m: 2:52.21	35.06	650m: 7:38.87	36.21	1050m: 12:31.20	36.47	1450m: 17:24.37	35.85
	300m: 3:27.65	35.44	700m: 8:15.61	36.74	1100m: 13:07.81	36.61	1500m: 17:58.69	34.32
	350m: 4:03.37	35.72	750m: 8:51.95	36.34	1150m: 13:44.53	36.72		
	400m: 4:38.84	35.47	800m: 9:28.07	36.12	1200m: 14:21.25	36.72		
Masters 25+								
1.	Tim Bunnik	Triton	17:45.70	199000505	18:05.58	+0,87		
	50m: 31.91	31.91	450m: 5:17.64	35.83	850m: 10:11.61	37.12	1250m: 15:04.70	36.68
	100m: 1:07.02	35.11	500m: 5:54.08	36.44	900m: 10:48.51	36.90	1300m: 15:41.39	36.69
	150m: 1:42.67	35.65	550m: 6:30.00	35.92	950m: 11:25.56	37.05	1350m: 16:17.32	35.93
	200m: 2:18.45	35.78	600m: 7:06.27	36.27	1000m: 12:02.62	37.06	1400m: 16:53.68	36.36
	250m: 2:54.21	35.76	650m: 7:42.95	36.68	1050m: 12:38.59	35.97	1450m: 17:30.23	36.55
	300m: 3:30.17	35.96	700m: 8:19.97	37.02	1100m: 13:15.10	36.51	1500m: 18:05.58	35.35
	350m: 4:05.85	35.68	750m: 8:57.41	37.44	1150m: 13:51.15	36.05		
	400m: 4:41.81	35.96	800m: 9:34.49	37.08	1200m: 14:28.02	36.87		
2.	Wessel Everloot	De Veene	18:03.54	198906597	S14 18:24.89	+0,85	697	
	50m: 31.57	31.57	450m: 5:27.10	37.26	850m: 10:25.14	37.20	1250m: 15:22.86	37.67
	100m: 1:07.21	35.64	500m: 6:04.74	37.64	900m: 11:02.78	37.64	1300m: 15:59.61	36.75
	150m: 1:45.10	37.89	550m: 6:41.66	36.92	950m: 11:40.31	37.53	1350m: 16:36.75	37.14
	200m: 2:21.79	36.69	600m: 7:19.42	37.76	1000m: 12:17.41	37.10	1400m: 17:14.48	37.73
	250m: 2:58.87	37.08	650m: 7:56.34	36.92	1050m: 12:54.15	36.74	1450m: 17:50.04	35.56
	300m: 3:35.83	36.96	700m: 8:33.50	37.16	1100m: 13:30.83	36.68	1500m: 18:24.89	34.85
	350m: 4:12.56	36.73	750m: 9:10.53	37.03	1150m: 14:07.59	36.76		
	400m: 4:49.84	37.28	800m: 9:47.94	37.41	1200m: 14:45.19	37.60		
3.	Patrick Creemers	RZ	18:25.15	199000579	18:58.16	+0,92		
	50m: 30.35	30.35	450m: 5:26.66	37.95	850m: 10:39.08	39.21	1250m: 15:48.36	38.15
	100m: 1:05.17	34.82	500m: 6:04.69	38.03	900m: 11:18.31	39.23	1300m: 16:33.05	38.05
	150m: 1:41.42	36.25	550m: 6:43.43	38.74	950m: 11:57.33	39.02	1350m: 17:04.81	38.40
	200m: 2:18.25	36.83	600m: 7:22.31	38.88	1000m: 12:36.08	38.75	1400m: 17:43.02	38.21
	250m: 2:55.54	37.29	650m: 8:01.63	39.32	1050m: 13:14.76	38.68	1450m: 18:19.77	36.75
	300m: 3:32.92	37.38	700m: 8:40.80	39.17	1100m: 13:53.89	39.13	1500m: 18:58.16	38.39
	350m: 4:10.61	37.69	750m: 9:19.58	38.78	1150m: 14:31.94	38.05		
	400m: 4:48.71	38.10	800m: 9:59.87	40.29	1200m: 15:10.21	38.27		
Masters 30+								
1.	Niels Albrechts	SGGO (SG)	18:21.23	198800039	18:28.12	+0,87		
	50m: 33.29	33.29	450m: 5:28.73	37.37	850m: 10:25.65	37.13	1250m: 15:23.53	37.40
	100m: 1:08.67	35.38	500m: 6:05.92	37.19	900m: 11:02.89	37.24	1300m: 16:00.84	37.31
	150m: 1:45.87	37.20	550m: 6:42.98	37.06	950m: 11:39.86	36.97	1350m: 16:37.87	37.03
	200m: 2:22.71	36.84	600m: 7:20.04	37.06	1000m: 12:17.21	37.35	1400m: 17:15.19	37.32
	250m: 2:59.85	37.14	650m: 7:57.02	36.98	1050m: 12:54.69	37.48	1450m: 17:51.57	36.38
	300m: 3:37.19	37.34	700m: 8:34.13	37.11	1100m: 13:31.86	37.17	1500m: 18:28.12	36.55
	350m: 4:14.40	37.21	750m: 9:11.30	37.17	1150m: 14:09.29	37.43		
	400m: 4:51.36	36.96	800m: 9:48.52	37.22	1200m: 14:46.13	36.84		
2.	Robert Dekker	Dedemsvaart-AC	19:24.14	198400443	18:47.65	+0,83		
	50m: 32.42	32.42	450m: 5:32.21	37.53	850m: 10:32.78	38.12	1250m: 15:38.86	38.60
	100m: 1:08.28	35.86	500m: 6:09.62	37.41	900m: 11:11.02	38.24	1300m: 16:17.20	38.34
	150m: 1:45.71	37.43	550m: 6:46.85	37.23	950m: 11:49.19	38.17	1350m: 16:56.07	38.87
	200m: 2:23.31	37.60	600m: 7:24.15	37.30	1000m: 12:27.33	38.14	1400m: 17:34.55	38.48
	250m: 3:01.44	38.13	650m: 8:01.60	37.45	1050m: 13:05.55	38.22	1450m: 18:12.89	38.34
	300m: 3:39.22	37.78	700m: 8:39.01	37.41	1100m: 13:43.83	38.28	1500m: 18:47.65	34.76
	350m: 4:16.95	37.73	750m: 9:16.53	37.52	1150m: 14:21.81	37.98		
	400m: 4:54.68	37.73	800m: 9:54.66	38.13	1200m: 15:00.26	38.45		

Programmanr. 2, Heren, 1500m vrije slag

Masters 35+

1. Marcel Reefhuis		WS Twente	18:19.92	198101381	18:36.94	+0,82					
50m:	32.37	32.37	450m:	5:25.94	37.22	850m:	10:24.09	37.56	1250m:	15:26.25	37.96
100m:	1:08.23	35.86	500m:	6:02.99	37.05	900m:	11:01.35	37.26	1300m:	16:04.78	38.53
150m:	1:44.67	36.44	550m:	6:40.17	37.18	950m:	11:39.08	37.73	1350m:	16:43.14	38.36
200m:	2:21.20	36.53	600m:	7:17.32	37.15	1000m:	12:16.85	37.77	1400m:	17:21.65	38.51
250m:	2:57.98	36.78	650m:	7:54.61	37.29	1050m:	12:54.81	37.96	1450m:	18:00.69	39.04
300m:	3:34.83	36.85	700m:	8:32.11	37.50	1100m:	13:32.67	37.86	1500m:	18:36.94	36.25
350m:	4:11.68	36.85	750m:	9:09.38	37.27	1150m:	14:10.32	37.65			
400m:	4:48.72	37.04	800m:	9:46.53	37.15	1200m:	14:48.29	37.97			
2. Frank v.d. Voordt		SGGO (SG)	19:01.02	198302259	18:48.71	+0,84					
50m:	33.63	33.63	450m:	5:38.37	38.58	850m:	10:41.73	37.37	1250m:	15:41.98	37.93
100m:	1:10.24	36.61	500m:	6:16.32	37.95	900m:	11:19.30	37.57	1300m:	16:19.72	37.74
150m:	1:48.11	37.87	550m:	6:54.27	37.95	950m:	11:56.63	37.33	1350m:	16:57.58	37.86
200m:	2:26.46	38.35	600m:	7:32.49	38.22	1000m:	12:34.26	37.63	1400m:	17:35.76	38.18
250m:	3:04.81	38.35	650m:	8:10.53	38.04	1050m:	13:11.50	37.24	1450m:	18:13.40	37.64
300m:	3:43.09	38.28	700m:	8:48.76	38.23	1100m:	13:48.96	37.46	1500m:	18:48.71	35.31
350m:	4:21.42	38.33	750m:	9:26.63	37.87	1150m:	14:26.52	37.56			
400m:	4:59.79	38.37	800m:	10:04.36	37.73	1200m:	15:04.05	37.53			
3. Mikhail Borisov		ReStart	21:28.85	075001	19:40.14	+0,74					
50m:	34.18	34.18	450m:	5:48.38	39.82	850m:	11:09.52	39.10	1250m:	16:28.51	39.45
100m:	1:11.76	37.58	500m:	6:28.35	39.97	900m:	11:49.74	40.22	1300m:	17:08.06	39.55
150m:	1:50.85	39.09	550m:	7:08.39	40.04	950m:	12:29.81	40.07	1350m:	17:47.22	39.16
200m:	2:30.01	39.16	600m:	7:48.66	40.27	1000m:	13:09.84	40.03	1400m:	18:26.02	38.80
250m:	3:10.31	40.30	650m:	8:29.48	40.82	1050m:	13:49.79	39.95	1450m:	19:04.13	38.11
300m:	3:49.76	39.45	700m:	9:10.04	40.56	1100m:	14:29.52	39.73	1500m:	19:40.14	36.01
350m:	4:28.78	39.02	750m:	9:50.28	40.24	1150m:	15:08.79	39.27			
400m:	5:08.56	39.78	800m:	10:30.42	40.14	1200m:	15:49.06	40.27			
4. Rob van Wanrooy		Gay Swim Amsterdam	22:10.05	198202627	22:10.68	+0,79					
50m:	37.07	37.07	450m:	6:27.28	45.65	850m:	12:32.24	45.61	1250m:	18:33.73	45.15
100m:	1:18.12	41.05	500m:	7:12.69	45.41	900m:	13:17.49	45.25	1300m:	19:18.65	44.92
150m:	2:00.26	42.14	550m:	7:58.45	45.76	950m:	14:03.07	45.58	1350m:	20:03.42	44.77
200m:	2:43.22	42.96	600m:	8:44.44	45.99	1000m:	14:48.06	44.99	1400m:	20:47.82	44.40
250m:	3:26.00	42.78	650m:	9:30.38	45.94	1050m:	15:33.61	45.55	1450m:	21:30.92	43.10
300m:	4:10.28	44.28	700m:	10:16.24	45.86	1100m:	16:19.13	45.52	1500m:	22:10.68	39.76
350m:	4:56.01	45.73	750m:	11:01.70	45.46	1150m:	17:04.04	44.91			
400m:	5:41.63	45.62	800m:	11:46.63	44.93	1200m:	17:48.58	44.54			

Masters 40+

1. Ben Rutten		Oudenaardse Zwemclub	17:59.99	10220/76	18:09.00	+1,00					
50m:	31.86	31.86	450m:	5:17.31	35.77	850m:	10:07.82	36.35	1250m:	15:03.35	37.46
100m:	1:06.82	34.96	500m:	5:53.02	35.71	900m:	10:44.38	36.56	1300m:	15:41.15	37.80
150m:	1:42.37	35.55	550m:	6:29.02	36.00	950m:	11:21.10	36.72	1350m:	16:18.16	37.01
200m:	2:18.14	35.77	600m:	7:05.51	36.49	1000m:	11:57.86	36.76	1400m:	16:55.27	37.11
250m:	2:54.06	35.92	650m:	7:42.00	36.49	1050m:	12:34.67	36.81	1450m:	17:32.88	37.61
300m:	3:29.95	35.89	700m:	8:18.55	36.55	1100m:	13:11.55	36.88	1500m:	18:09.00	36.12
350m:	4:05.87	35.92	750m:	8:55.00	36.45	1150m:	13:48.67	37.12			
400m:	4:41.54	35.67	800m:	9:31.47	36.47	1200m:	14:25.89	37.22			
2. Erwin Zuidervelt		AZ&PC De Futen	21:04.01	197501015	20:48.13	+0,87					
50m:	36.86	36.86	450m:	6:14.03	42.19	850m:	11:44.79	41.34	1250m:	17:20.83	43.76
100m:	1:19.05	42.19	500m:	6:55.56	41.53	900m:	12:26.09	41.30	1300m:	18:03.92	43.09
150m:	2:01.11	42.06	550m:	7:36.71	41.15	950m:	13:07.54	41.45	1350m:	18:48.27	44.35
200m:	2:42.75	41.64	600m:	8:17.86	41.15	1000m:	13:49.24	41.70	1400m:	19:29.69	41.42
250m:	3:25.52	42.77	650m:	8:58.65	40.79	1050m:	14:30.97	41.73	1450m:	20:10.17	40.48
300m:	4:08.62	43.10	700m:	9:40.07	41.42	1100m:	15:12.38	41.41	1500m:	20:48.13	37.96
350m:	4:49.67	41.05	750m:	10:22.17	42.10	1150m:	15:54.35	41.97			
400m:	5:31.84	42.17	800m:	11:03.45	41.28	1200m:	16:37.07	42.72			

Masters 45+

1. Pieter van Gemen		DAW	19:11.01	196901779	18:32.91	+1,03					
50m:	33.42	33.42	450m:	5:28.60	37.38	850m:	10:25.03	37.19	1250m:	15:25.16	37.78
100m:	1:08.82	35.40	500m:	6:05.84	37.24	900m:	11:02.37	37.34	1300m:	16:02.40	37.24
150m:	1:45.44	36.62	550m:	6:42.79	36.95	950m:	11:39.63	37.26	1350m:	16:40.13	37.73
200m:	2:22.43	36.99	600m:	7:19.52	36.73	1000m:	12:16.98	37.35	1400m:	17:18.42	38.29
250m:	2:59.81	37.38	650m:	7:56.50	36.98	1050m:	12:54.33	37.35	1450m:	17:56.59	38.17
300m:	3:37.35	37.54	700m:	8:33.54	37.04	1100m:	13:31.65	37.32	1500m:	18:32.91	36.32
350m:	4:14.35	37.00	750m:	9:10.60	37.06	1150m:	14:09.28	37.63			
400m:	4:51.22	36.87	800m:	9:47.84	37.24	1200m:	14:47.38	38.10			



Open Nederlandse Masters Kampioenschappen 2018 korte baan Terneuzen 18-21 januari 2018



Programmanr. 2, Heren, 1500m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC						
5.	Jan Smalheer	SCOM	22:09.58	196400701	22:36.37	+1,09						
	50m:	37.28	37.28	450m:	6:29.80	45.54	850m:	12:38.05	46.30	1250m:	18:47.75	46.32
	100m:	1:18.40	41.12	500m:	7:15.38	45.58	900m:	13:24.34	46.29	1300m:	19:33.63	45.88
	150m:	2:02.78	44.38	550m:	8:01.02	45.64	950m:	14:10.51	46.17	1350m:	20:20.17	46.54
	200m:	2:46.46	43.68	600m:	8:46.93	45.91	1000m:	14:56.45	45.94	1400m:	21:06.04	45.87
	250m:	3:29.78	43.32	650m:	9:32.91	45.98	1050m:	15:42.49	46.04	1450m:	21:51.70	45.66
	300m:	4:13.94	44.16	700m:	10:19.27	46.36	1100m:	16:29.36	46.87	1500m:	22:36.37	44.67
	350m:	4:58.16	44.22	750m:	11:05.82	46.55	1150m:	17:15.15	45.79			
	400m:	5:44.26	46.10	800m:	11:51.75	45.93	1200m:	18:01.43	46.28			

Masters 55+

1.	Jan Brink	ZPC De Zeeuwse Kust	18:33.94	196200091	19:00.49	+0,87						
	50m:	34.44	34.44	450m:	5:41.96	38.60	850m:	10:51.42	38.63	1250m:	15:54.98	37.29
	100m:	1:12.43	37.99	500m:	6:21.68	39.72	900m:	11:29.93	38.51	1300m:	16:32.40	37.42
	150m:	1:50.27	37.84	550m:	7:00.45	38.77	950m:	12:08.28	38.35	1350m:	17:09.98	37.58
	200m:	2:28.49	38.22	600m:	7:39.33	38.88	1000m:	12:46.56	38.28	1400m:	17:47.54	37.56
	250m:	3:06.93	38.44	650m:	8:17.99	38.66	1050m:	13:24.23	37.67	1450m:	18:24.91	37.37
	300m:	3:45.70	38.77	700m:	8:56.19	38.20	1100m:	14:02.09	37.86	1500m:	19:00.49	35.58
	350m:	4:24.28	38.58	750m:	9:34.49	38.30	1150m:	14:40.02	37.93			
	400m:	5:03.36	39.08	800m:	10:12.79	38.30	1200m:	15:17.69	37.67			
2.	Kees-Jan van Overbeeke	WWV	20:18.82	196200489	19:42.82 *	+0,92						
	50m:	33.35	33.35	450m:	5:42.14	38.96	850m:	11:04.32	41.01	1250m:	16:26.53	40.44
	100m:	1:10.81	37.46	500m:	6:21.84	39.70	900m:	11:44.85	40.53	1300m:	17:06.51	39.98
	150m:	1:48.89	38.08	550m:	7:01.84	40.00	950m:	12:25.48	40.63	1350m:	17:46.39	39.88
	200m:	2:27.55	38.66	600m:	7:42.15	40.31	1000m:	13:05.29	39.81	1400m:	18:25.48	39.09
	250m:	3:06.27	38.72	650m:	8:22.26	40.11	1050m:	13:45.35	40.06	1450m:	19:04.63	39.15
	300m:	3:45.17	38.90	700m:	9:02.52	40.26	1100m:	14:25.74	40.39	1500m:	19:42.82	38.19
	350m:	4:24.11	38.94	750m:	9:42.83	40.31	1150m:	15:06.07	40.33			
	400m:	5:03.18	39.07	800m:	10:23.31	40.48	1200m:	15:46.09	40.02			
3.	Henk Kuipers	UZSC	20:54.60	196201207	21:02.57	+0,95						
	50m:	39.07	39.07	450m:	6:16.42	42.30	850m:	11:56.36	42.76	1250m:	17:33.61	42.45
	100m:	1:20.67	41.60	500m:	6:58.66	42.24	900m:	12:39.04	42.68	1300m:	18:15.61	42.00
	150m:	2:02.89	42.22	550m:	7:40.78	42.12	950m:	13:21.30	42.26	1350m:	18:58.05	42.44
	200m:	2:44.95	42.06	600m:	8:22.84	42.06	1000m:	14:03.60	42.30	1400m:	19:40.22	42.17
	250m:	3:26.92	41.97	650m:	9:05.45	42.61	1050m:	14:45.62	42.02	1450m:	20:23.07	42.85
	300m:	4:09.14	42.22	700m:	9:47.89	42.44	1100m:	15:27.36	41.74	1500m:	21:02.57	39.50
	350m:	4:51.78	42.64	750m:	10:30.82	42.93	1150m:	16:08.92	41.56			
	400m:	5:34.12	42.34	800m:	11:13.60	42.78	1200m:	16:51.16	42.24			
4.	Marius Ros	ZCNF'34	21:51.74	195900779	21:09.06	+0,63						
	50m:	37.65	37.65	450m:	6:12.61	42.73	850m:	11:52.84	42.96	1250m:	17:37.77	43.05
	100m:	1:18.62	40.97	500m:	6:54.91	42.30	900m:	12:35.69	42.85	1300m:	18:20.59	42.82
	150m:	2:00.30	41.68	550m:	7:37.25	42.34	950m:	13:19.10	43.41	1350m:	19:03.12	42.53
	200m:	2:41.61	41.31	600m:	8:19.20	41.95	1000m:	14:01.70	42.60	1400m:	19:46.40	43.28
	250m:	3:23.49	41.88	650m:	9:01.29	42.09	1050m:	14:45.30	43.60	1450m:	20:28.80	42.40
	300m:	4:05.77	42.28	700m:	9:43.97	42.68	1100m:	15:29.06	43.76	1500m:	21:09.06	40.26
	350m:	4:47.69	41.92	750m:	10:26.86	42.89	1150m:	16:12.26	43.20			
	400m:	5:29.88	42.19	800m:	11:09.88	43.02	1200m:	16:54.72	42.46			
5.	Ronald Grove	Triton	20:47.70	196100161	21:14.19	+0,91						
	50m:	35.82	35.82	450m:	6:12.59	42.91	850m:	11:55.85	43.32	1250m:	17:41.31	43.45
	100m:	1:15.94	40.12	500m:	6:55.66	43.07	900m:	12:39.08	43.23	1300m:	18:24.52	43.21
	150m:	1:57.48	41.54	550m:	7:38.70	43.04	950m:	13:22.34	43.26	1350m:	19:08.27	43.75
	200m:	2:39.49	42.01	600m:	8:21.17	42.47	1000m:	14:05.08	42.74	1400m:	19:51.57	43.30
	250m:	3:21.84	42.35	650m:	9:03.91	42.74	1050m:	14:47.92	42.84	1450m:	20:34.06	42.49
	300m:	4:04.78	42.94	700m:	9:46.57	42.66	1100m:	15:31.39	43.47	1500m:	21:14.19	40.13
	350m:	4:47.24	42.46	750m:	10:29.47	42.90	1150m:	16:14.32	42.93			
	400m:	5:29.68	42.44	800m:	11:12.53	43.06	1200m:	16:57.86	43.54			
6.	John Dam	ZIGNEA	23:01.30	196000915	23:11.03	+0,89						
	50m:	36.96	36.96	450m:	6:46.44	46.84	850m:	13:01.23	46.62	1250m:	19:19.39	47.25
	100m:	1:19.42	42.46	500m:	7:33.20	46.76	900m:	13:48.48	47.25	1300m:	20:06.86	47.47
	150m:	2:05.14	45.72	550m:	8:19.90	46.70	950m:	14:35.94	47.46	1350m:	20:54.41	47.55
	200m:	2:51.01	45.87	600m:	9:06.72	46.82	1000m:	15:23.24	47.30	1400m:	21:42.50	48.09
	250m:	3:38.01	47.00	650m:	9:53.17	46.45	1050m:	16:10.13	46.89	1450m:	22:29.83	47.33
	300m:	4:25.18	47.17	700m:	10:40.65	47.48	1100m:	16:56.97	46.84	1500m:	23:11.03	41.20
	350m:	5:12.45	47.27	750m:	11:27.88	47.23	1150m:	17:44.79	47.82			
	400m:	5:59.60	47.15	800m:	12:14.61	46.73	1200m:	18:32.14	47.35			
7.	Casper Dollekamp	Steenwijk 1934	23:37.22	196301341	23:48.78	+0,42						
	50m:	35.98	35.98	450m:	6:32.68	46.79	850m:	13:04.27	50.17	1250m:	19:43.78	47.77
	100m:	1:15.50	39.52	500m:	7:20.29	47.61	900m:	13:55.19	50.92	1300m:	20:32.85	49.07
	150m:	1:57.86	42.36	550m:	8:07.61	47.32	950m:	14:44.68	49.49	1350m:	21:22.69	49.84
	200m:	2:41.43	43.57	600m:	8:55.99	48.38	1000m:	15:35.71	51.03	1400m:	22:11.35	48.66
	250m:	3:26.45	45.02	650m:	9:44.88	48.89	1050m:	16:25.62	49.91	1450m:	23:00.94	49.59
	300m:	4:13.00	46.55	700m:	10:34.35	49.47	1100m:	17:15.84	50.22	1500m:	23:48.78	47.84
	350m:	4:59.10	46.10	750m:	11:24.64	50.29	1150m:	18:05.94	50.10			
	400m:	5:45.89	46.79	800m:	12:14.10	49.46	1200m:	18:56.01	50.07			

Programmanr. 2, Heren, 1500m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC		
8.	Jeroen Ouendag 50m *	GoSwim	25:32.72	195900725	25:42.29	+1,23		
	50m: 46.29	46.29	450m: 7:38.14	51.13	850m: 14:28.98	51.25	1250m: 21:22.76	51.75
	100m: 1:37.41	51.12	500m: 8:30.10	51.96	900m: 15:20.80	51.82	1300m: 22:15.05	52.29
	150m: 2:29.06	51.65	550m: 9:21.02	50.92	950m: 16:12.70	51.90	1350m: 23:06.75	51.70
	200m: 3:20.82	51.76	600m: 10:12.02	51.00	1000m: 17:04.65	51.95	1400m: 23:59.89	53.14
	250m: 4:12.79	51.97	650m: 11:03.12	51.10	1050m: 17:56.00	51.35	1450m: 24:51.64	51.75
	300m: 5:04.53	51.74	700m: 11:54.89	51.77	1100m: 18:47.34	51.34	1500m: 25:42.29	50.65
	350m: 5:55.71	51.18	750m: 12:46.45	51.56	1150m: 19:38.76	51.42		
	400m: 6:47.01	51.30	800m: 13:37.73	51.28	1200m: 20:31.01	52.25		

Masters 60+

1.	Marten de Groot <i>Nederlands Masters Record, tt 400 en 800 NMR</i>	HZ&PC Heerenveen	18:32.97	195800149	18:47.47	+0,86		
	50m: 34.34	34.34	450m: 5:33.02	37.37	850m: 10:35.06	37.81	1250m: 15:39.83	38.06
	100m: 1:11.95	37.61	500m: 6:10.12	37.10	900m: 11:13.03	37.97	1300m: 16:17.66	37.83
	150m: 1:49.22	37.27	550m: 6:47.41	37.29	950m: 11:50.61	37.58	1350m: 16:56.41	38.75
	200m: 2:26.10	36.88	600m: 7:25.26	37.85	1000m: 12:28.72	38.11	1400m: 17:35.03	38.62
	250m: 3:03.32	37.22	650m: 8:03.29	38.03	1050m: 13:06.89	38.17	1450m: 18:12.45	37.42
	300m: 3:40.71	37.39	700m: 8:41.01	37.72	1100m: 13:45.33	38.44	1500m: 18:47.47	35.02
	350m: 4:18.16	37.45	750m: 9:18.96	37.95	1150m: 14:23.31	37.98		
	400m: 4:55.65	37.49	800m: 9:57.25	38.29	1200m: 15:01.77	38.46		
2.	Otto Zeijveld	De Berkelduikers	20:45.07	195800497	21:07.99	+0,91		
	50m: 36.43	36.43	450m: 6:17.95	42.77	850m: 11:58.24	42.32	1250m: 17:37.23	42.35
	100m: 1:17.43	41.00	500m: 7:00.64	42.69	900m: 12:40.72	42.48	1300m: 18:19.90	42.67
	150m: 2:00.21	42.78	550m: 7:43.34	42.70	950m: 13:22.89	42.17	1350m: 19:02.39	42.49
	200m: 2:43.33	43.12	600m: 8:25.78	42.44	1000m: 14:05.10	42.21	1400m: 19:45.42	43.03
	250m: 3:26.49	43.16	650m: 9:08.19	42.41	1050m: 14:47.44	42.34	1450m: 20:28.73	43.31
	300m: 4:09.64	43.15	700m: 9:51.03	42.84	1100m: 15:29.96	42.52	1500m: 21:07.99	39.26
	350m: 4:52.70	43.06	750m: 10:33.66	42.63	1150m: 16:12.36	42.40		
	400m: 5:35.18	42.48	800m: 11:15.92	42.26	1200m: 16:54.88	42.52		
3.	Paul Bunnik	Triton	22:21.32	195600413	22:08.92	+0,99		
	50m: 36.70	36.70	450m: 6:18.81	43.57	850m: 12:16.77	44.31	1250m: 18:24.38	46.37
	100m: 1:16.85	40.15	500m: 7:02.32	43.51	900m: 13:01.29	44.52	1300m: 19:10.29	45.91
	150m: 1:58.80	41.95	550m: 7:47.93	45.61	950m: 13:46.55	45.26	1350m: 19:56.22	45.93
	200m: 2:41.47	42.67	600m: 8:32.51	44.58	1000m: 14:32.35	45.80	1400m: 20:42.12	45.90
	250m: 3:24.51	43.04	650m: 9:17.60	45.09	1050m: 15:18.78	46.43	1450m: 21:28.41	46.29
	300m: 4:07.49	42.98	700m: 10:02.36	44.76	1100m: 16:05.27	46.49	1500m: 22:08.92	40.51
	350m: 4:51.47	43.98	750m: 10:47.34	44.98	1150m: 16:52.00	46.73		
	400m: 5:35.24	43.77	800m: 11:32.46	45.12	1200m: 17:38.01	46.01		
4.	Lex Hoogendam	ZZ&PC De Devel	23:07.30	195700541	23:30.29	+1,04		
	50m: 38.13	38.13	450m: 6:47.64	47.29	850m: 13:09.35	48.33	1250m: 19:31.30	48.23
	100m: 1:22.10	43.97	500m: 7:34.98	47.34	900m: 13:57.08	47.73	1300m: 20:19.36	48.06
	150m: 2:07.48	45.38	550m: 8:22.39	47.41	950m: 14:45.03	47.95	1350m: 21:07.75	48.39
	200m: 2:53.81	46.33	600m: 9:09.77	47.38	1000m: 15:32.62	47.59	1400m: 21:55.91	48.16
	250m: 3:40.58	46.77	650m: 9:57.65	47.88	1050m: 16:20.05	47.43	1450m: 22:44.06	48.15
	300m: 4:26.81	46.23	700m: 10:45.36	47.71	1100m: 17:07.48	47.43	1500m: 23:30.29	46.23
	350m: 5:13.68	46.87	750m: 11:33.19	47.83	1150m: 17:55.44	47.96		
	400m: 6:00.35	46.67	800m: 12:21.02	47.83	1200m: 18:43.07	47.63		

Masters 65+

1.	Jean-Marie Cadiat <i>Belgisch Masters Record</i>	CNSW	21:12.55	000243/53	20:13.48	+1,11		
	50m: 36.61	36.61	450m: 5:54.56	40.19	850m: 11:21.65	41.59	1250m: 16:51.03	41.44
	100m: 1:16.39	39.78	500m: 6:35.06	40.50	900m: 12:02.69	41.04	1300m: 17:32.25	41.22
	150m: 1:55.35	38.96	550m: 7:15.19	40.13	950m: 12:44.40	41.71	1350m: 18:13.08	40.83
	200m: 2:35.28	39.93	600m: 7:56.26	41.07	1000m: 13:25.09	40.69	1400m: 18:54.60	41.52
	250m: 3:15.14	39.86	650m: 8:37.15	40.89	1050m: 14:06.47	41.38	1450m: 19:35.24	40.64
	300m: 3:54.96	39.82	700m: 9:18.08	40.93	1100m: 14:47.78	41.31	1500m: 20:13.48	38.24
	350m: 4:34.66	39.70	750m: 9:59.33	41.25	1150m: 15:28.82	41.04		
	400m: 5:14.37	39.71	800m: 10:40.06	40.73	1200m: 16:09.59	40.77		
2.	Hilbert Prins	OEZA	25:03.40	195100223	25:26.60 *	+1,07		
	50m: 43.53	43.53	450m: 7:20.46	50.45	850m: 14:09.08	52.06	1250m: 21:05.51	52.11
	100m: 1:31.47	47.94	500m: 8:10.46	50.00	900m: 15:01.28	52.20	1300m: 21:57.97	52.46
	150m: 2:20.10	48.63	550m: 9:01.27	50.81	950m: 15:53.01	51.73	1350m: 22:49.78	51.81
	200m: 3:09.27	49.17	600m: 9:51.74	50.47	1000m: 16:45.09	52.08	1400m: 23:42.98	53.20
	250m: 3:59.26	49.99	650m: 10:42.87	51.13	1050m: 17:36.69	51.60	1450m: 24:34.88	51.90
	300m: 4:49.48	50.22	700m: 11:34.05	51.18	1100m: 18:29.22	52.53	1500m: 25:26.60	51.72
	350m: 5:39.50	50.02	750m: 12:25.08	51.03	1150m: 19:21.09	51.87		
	400m: 6:30.01	50.51	800m: 13:17.02	51.94	1200m: 20:13.40	52.31		

Programmanr. 2, Heren, 1500m vrije slag, Masters 65+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC		
3.	Piet Schop	De Bevelanders	25:49.40	195000109	26:50.56	+0,71		
	50m: 43.10	43.10	450m: 7:44.89	54.60	850m: 15:04.61	56.22	1250m: 22:20.97	54.50
	100m: 1:32.61	49.51	500m: 8:39.70	54.81	900m: 16:00.17	55.56	1300m: 23:15.63	54.66
	150m: 2:24.45	51.84	550m: 9:34.86	55.16	950m: 16:55.43	55.26	1350m: 24:10.80	55.17
	200m: 3:16.76	52.31	600m: 10:29.07	54.21	1000m: 17:49.97	54.54	1400m: 25:05.63	54.83
	250m: 4:09.59	52.83	650m: 11:24.52	55.45	1050m: 18:43.84	53.87	1450m: 25:57.89	52.26
	300m: 5:02.92	53.33	700m: 12:18.76	54.24	1100m: 19:38.11	54.27	1500m: 26:50.56	52.67
	350m: 5:56.04	53.12	750m: 13:13.20	54.44	1150m: 20:32.07	53.96		
	400m: 6:50.29	54.25	800m: 14:08.39	55.19	1200m: 21:26.47	54.40		

AFGEM Jos Kamps

Zwemvereniging Hoogland 26:25.45

195100085

Masters 70+

1.	Wout Hemmes	De Plons	23:28.76	194800059	24:31.86	+1,02		
	50m: 42.46	42.46	450m: 7:13.83	48.83	850m: 13:50.11	50.03	1250m: 20:26.22	49.66
	100m: 1:30.41	47.95	500m: 8:03.01	49.18	900m: 14:39.83	49.72	1300m: 21:16.36	50.14
	150m: 2:19.70	49.29	550m: 8:51.62	48.61	950m: 15:30.29	50.46	1350m: 22:06.36	50.00
	200m: 3:08.16	48.46	600m: 9:41.56	49.94	1000m: 16:20.34	50.05	1400m: 22:55.47	49.11
	250m: 3:57.28	49.12	650m: 10:31.35	49.79	1050m: 17:09.55	49.21	1450m: 23:45.10	49.63
	300m: 4:46.51	49.23	700m: 11:20.92	49.57	1100m: 17:57.67	48.12	1500m: 24:31.86	46.76
	350m: 5:35.52	49.01	750m: 12:10.66	49.74	1150m: 18:46.44	48.77		
	400m: 6:25.00	49.48	800m: 13:00.08	49.42	1200m: 19:36.56	50.12		

2. Ludwig Lorenz
50-100-200-800m *

SG Gladbeck

24:59.22

127866

26:54.13

+1,18

50m: 47.52	47.52	450m: 8:02.87	53.42	850m: 15:14.35	53.58	1250m: 22:28.01	53.84
100m: 1:41.17	53.65	500m: 8:57.03	54.16	900m: 16:08.08	53.73	1300m: 23:23.34	55.33
150m: 2:36.23	55.06	550m: 9:51.28	54.25	950m: 17:02.09	54.01	1350m: 24:17.35	54.01
200m: 3:31.02	54.79	600m: 10:45.30	54.02	1000m: 17:56.71	54.62	1400m: 25:11.17	53.82
250m: 4:24.74	53.72	650m: 11:38.62	53.32	1050m: 18:51.07	54.36	1450m: 26:04.04	52.87
300m: 5:19.36	54.62	700m: 12:32.37	53.75	1100m: 19:45.77	54.70	1500m: 26:54.13	50.09
350m: 6:14.01	54.65	750m: 13:26.59	54.22	1150m: 20:39.93	54.16		
400m: 7:09.45	55.44	800m: 14:20.77	54.18	1200m: 21:34.17	54.24		

Masters 75+

1. Rob Hanou PSV 24:59.44 194300109 24:53.01 +1,14
Nederlands Masters Record, tt 800m NMR

50m: 42.63	42.63	450m: 7:23.37	50.53	850m: 14:03.81	50.53	1250m: 20:45.62	49.89
100m: 1:31.10	48.47	500m: 8:12.29	48.92	900m: 14:54.38	50.57	1300m: 21:36.98	51.36
150m: 2:21.64	50.54	550m: 9:02.67	50.38	950m: 15:43.96	49.58	1350m: 22:26.08	49.10
200m: 3:12.00	50.36	600m: 9:53.01	50.34	1000m: 16:34.66	50.70	1400m: 23:16.52	50.44
250m: 4:02.05	50.05	650m: 10:43.13	50.12	1050m: 17:25.53	50.87	1450m: 24:06.10	49.58
300m: 4:52.89	50.84	700m: 11:33.73	50.60	1100m: 18:15.33	49.80	1500m: 24:53.01	46.91
350m: 5:42.68	49.79	750m: 12:23.91	50.18	1150m: 19:05.24	49.91		
400m: 6:32.84	50.16	800m: 13:13.28	49.37	1200m: 19:55.73	50.49		

2. Geza Kaltenecker AZC 27:20.90 194200065 28:04.83 +0,92

50m: 46.45	46.45	450m: 8:17.49	57.14	850m: 15:55.49	57.23	1250m: 23:29.03	56.66
100m: 1:39.63	53.18	500m: 9:14.41	56.92	900m: 16:52.96	57.47	1300m: 24:25.70	56.67
150m: 2:35.34	55.71	550m: 10:11.79	57.38	950m: 17:49.41	56.45	1350m: 25:21.84	56.14
200m: 3:31.56	56.22	600m: 11:09.34	57.55	1000m: 18:46.27	56.86	1400m: 26:17.95	56.11
250m: 4:29.68	58.12	650m: 12:06.66	57.32	1050m: 19:43.05	56.78	1450m: 27:13.25	55.30
300m: 5:26.31	56.63	700m: 13:04.07	57.41	1100m: 20:39.73	56.68	1500m: 28:04.83	51.58
350m: 6:23.18	56.87	750m: 14:01.29	57.22	1150m: 21:36.13	56.40		
400m: 7:20.35	57.17	800m: 14:58.26	56.97	1200m: 22:32.37	56.24		

3. Rudolf Degenaar PSV 31:32.28 193900033 34:43.55

50m: 1:03.33	1:03.33	450m: 10:26.72	1:09.44	850m: 19:46.11	1:08.28	1250m: 29:03.05	1:11.39
100m: 2:15.41	1:12.08	500m: 11:42.49	1:15.77	900m: 20:55.86	1:09.75	1300m: 30:12.01	1:08.96
150m: 3:28.67	1:13.26	550m: 12:51.21	1:08.72	950m: 22:05.45	1:09.59	1350m: 31:21.05	1:09.04
200m: 4:40.60	1:11.93	600m: 14:02.87	1:11.66	1000m: 23:14.99	1:09.54	1400m: 32:29.41	1:08.36
250m: 5:50.74	1:10.14	650m: 15:13.94	1:11.07	1050m: 24:23.34	1:08.35	1450m: 33:38.19	1:08.78
300m: 6:58.74	1:08.00	700m: 16:20.25	1:06.31	1100m: 25:34.19	1:10.85	1500m: 34:43.55	1:05.36
350m: 8:08.28	1:09.54	750m: 17:27.39	1:07.14	1150m: 26:43.39	1:09.20		
400m: 9:17.28	1:09.00	800m: 18:37.83	1:10.44	1200m: 27:51.66	1:08.27		

Masters 80+

Programmanr. 2, Heren, 1500m vrije slag, Masters 80+

rang	naam	vereniging	inschrijftijd	tijd	RT	IPC					
1.	Frederik Hendrik De Bruijn	CN Aquamasters	24:37.94	25:07.03 *	+1,21						
<i>Kampioenschaps Record, Spanish Masters Record</i>											
50m:	46.87	46.87	450m:	7:22.40	49.58	850m:	14:04.30	50.54	1250m:	20:48.79	50.32
100m:	1:37.05	50.18	500m:	8:11.75	49.35	900m:	14:55.24	50.94	1300m:	21:40.56	51.77
150m:	2:26.27	49.22	550m:	9:02.04	50.29	950m:	15:47.48	52.24	1350m:	22:32.21	51.65
200m:	3:16.04	49.77	600m:	9:52.47	50.43	1000m:	16:35.70	48.22	1400m:	23:24.38	52.17
250m:	4:05.35	49.31	650m:	10:42.51	50.04	1050m:	17:25.66	49.96	1450m:	24:16.76	52.38
300m:	4:54.14	48.79	700m:	11:33.15	50.64	1100m:	18:16.19	50.53	1500m:	25:07.03	50.27
350m:	5:43.29	49.15	750m:	12:23.20	50.05	1150m:	19:06.81	50.62			
400m:	6:32.82	49.53	800m:	13:13.76	50.56	1200m:	19:58.47	51.66			

Masters 85+

1.	Bob Berg	PSV	34:51.48	193300011	33:59.16						
<i>Nederlands Masters Record, tt 100,200,400 en 800 NMR</i>											
50m:	56.62	56.62	450m:	9:54.65	1:07.56	850m:	19:08.93	1:08.97	1250m:	28:21.50	1:07.83
100m:	2:01.88	1:05.26	500m:	11:03.78	1:09.13	900m:	20:18.44	1:09.51	1300m:	29:30.33	1:08.83
150m:	3:08.09	1:06.21	550m:	12:12.83	1:09.05	950m:	21:26.48	1:08.04	1350m:	30:39.45	1:09.12
200m:	4:14.40	1:06.31	600m:	13:23.87	1:11.04	1000m:	22:35.50	1:09.02	1400m:	31:46.53	1:07.08
250m:	5:21.44	1:07.04	650m:	14:33.30	1:09.43	1050m:	23:44.68	1:09.18	1450m:	32:54.37	1:07.84
300m:	6:29.76	1:08.32	700m:	15:41.53	1:08.23	1100m:	24:54.80	1:10.12	1500m:	33:59.16	1:04.79
350m:	7:39.02	1:09.26	750m:	16:50.53	1:09.00	1150m:	26:04.47	1:09.67			
400m:	8:47.09	1:08.07	800m:	17:59.96	1:09.43	1200m:	27:13.67	1:09.20			
2.	Georges Verhelst	AZSC	43:26.51	10952/31	43:12.55						
<i>Belgisch Masters Record</i>											
50m:	1:14.51	1:14.51	450m:	12:15.67	1:25.08	850m:	23:37.55	1:29.46	1250m:	35:32.91	1:33.30
100m:	2:34.72	1:20.21	500m:	13:40.33	1:24.66	900m:	25:03.41	1:25.86	1300m:	37:03.23	1:30.32
150m:	3:55.13	1:20.41	550m:	15:03.67	1:23.34	950m:	26:32.30	1:28.89	1350m:	38:34.33	1:31.10
200m:	5:16.50	1:21.37	600m:	16:28.72	1:25.05	1000m:	28:02.15	1:29.85	1400m:	40:07.13	1:32.80
250m:	6:40.53	1:24.03	650m:	17:52.73	1:24.01	1050m:	29:29.21	1:27.06	1450m:	41:39.15	1:32.02
300m:	8:02.76	1:22.23	700m:	19:16.42	1:23.69	1100m:	30:59.56	1:30.35	1500m:	43:12.55	1:33.40
350m:	9:28.53	1:25.77	750m:	20:42.59	1:26.17	1150m:	32:28.00	1:28.44			
400m:	10:50.59	1:22.06	800m:	22:08.09	1:25.50	1200m:	33:59.61	1:31.61			