

Programmanr. 1  
3-12-2016 - 15:30

Meisjes, 200m wisselslag

Minioren 5 en Junioren 1  
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
1. Shanna Joppe	Z & PC De Zeeuwse Kl	3:13.18	200601186	<b>3:08.80</b>	298			3:08.80
2. Carlijn Sigmond	De Schelde	NT	200600928	<b>3:19.21</b>	254			3:19.21
3. Floor de Pooter	De Schelde	3:18.54	200501120	<b>3:24.50</b>	235			3:24.50
4. Fenna Theunissen	De Bevelanders	3:34.36	200600532	<b>3:32.03</b>	210			3:32.03
5. Merel Hommers	De Schelde	3:45.37	200600926	<b>3:46.68</b>	172			3:46.68
6. Sam Albicher	De Schelde	4:02.29	200600936	<b>3:54.97</b>	155			3:54.97
7. Evie Meerveld	De Schelde	NT	200501978	<b>3:57.24</b>	150			3:57.24
DIS Tessa Koster	De Schelde	NT	200601438					

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt., gezwommen tijd 3:56,55

Programmanr. 2  
3-12-2016 - 15:40

Jongens, 200m wisselslag

Minioren 5 en 6  
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
1. Mark Schouten	De Bevelanders	3:20.14	200500915	<b>3:11.69</b>	210			3:11.69
2. Wouter Provoost	Zwemclub Koewacht	3:25.49	200500703	<b>3:19.98</b>	185			3:19.98
3. Wouter Buijs	Zwemclub Koewacht	NT	200501977	<b>4:03.10</b>	103			4:03.10

Programmanr. 3  
3-12-2016 - 15:45

Dames, 200m wisselslag

Junioren 2 en ouder  
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
1. Laura Nieuwland	Z & PC De Zeeuwse Kl	2:32.39	200001834	<b>2:29.83</b>	596	31.67	1:08.99	1:56.46	2:29.83
2. Jody Sturms	Zwemclub Koewacht	2:48.51	200102286	<b>2:48.45</b>	420	34.43	1:17.67	2:09.56	2:48.45
3. F. van der Heijden	De Bevelanders	2:47.75	200201514	<b>2:52.58</b>	390	43.22	1:22.37	2:11.41	2:52.58
4. Lillianne Sweere	AquaDream	2:55.77	199704376	<b>2:54.32</b>	379	36.60	1:19.63	2:13.51	2:54.32
5. Ibe van Boven	De Schelde	3:06.87	200404188	<b>3:04.28</b>	321	41.16			3:04.28
6. Britt Sutin	De Schelde	3:14.19	200401318	<b>3:07.44</b>	305				3:07.44
AFGEM Francesca de Vriendt	De Schelde	NT	200205896						

Programmanr. 4  
3-12-2016 - 15:45

Heren, 200m wisselslag

Junioren 1 en ouder  
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
1. Tom Balsen Versteeg	Hieronimus	2:21.55	200005673	<b>2:19.53</b>	545	29.86	1:05.73	1:46.53	2:19.53
2. Benjamin Vermeulen	De Bevelanders	2:32.76	200003721	<b>2:20.26</b>	537	30.55	1:09.02	1:49.48	2:20.26
3. Rick Embregts	O.Z. & P.C. De Warand	2:21.00	200000449	<b>2:20.68</b>	532	29.11	1:05.21	1:48.02	2:20.68
4. Chiel de Pooter	De Schelde	2:36.53	200101355	<b>2:30.76</b>	432	33.20	1:12.08	1:55.29	2:30.76
5. Jie Long de Ridder	De Schelde	2:49.72	200402059	<b>2:52.89</b>	287	40.32			2:52.89
6. Sander Provoost	Zwemclub Koewacht	3:02.68	200302121	<b>3:04.33</b>	237				3:04.33
7. Thomas Goossen	De Schelde	3:06.52	200402077	<b>3:05.49</b>	232	43.12	1:29.63	2:24.97	3:05.49

Programmanr. 5  
3-12-2016 - 15:50

200m vrije slag

Minioren 3 en 4  
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m	
1. Kimi-Njodr Jonkman	De Schelde	NT	200700149	<b>3:18.49</b>	136	45.55	1:36.76	2:27.62	3:18.49
2. Maud Sutin	De Schelde	3:23.19	200700230	<b>3:23.67</b>	171	44.70	1:37.51	2:31.77	3:23.67
3. Wies Ruitenbeek	Zwemclub Koewacht	3:41.24	200700234	<b>3:24.71</b>	168	45.60	1:38.03	2:32.92	3:24.71
4. Jan Mol	De Bevelanders	NT	200701293	<b>3:33.28</b>	109	45.43	1:41.23	2:38.97	3:33.28
5. Mathijs de Bruijne	De Schelde	NT	200700349	<b>3:35.89</b>	105	47.23	1:42.58	2:40.06	3:35.89
6. Maud Koster	De Schelde	NT	200800312	<b>3:45.38</b>	126	51.78			3:45.38
7. Max Verschueren	Zwemclub Koewacht	NT	200701001	<b>3:54.24</b>	83	50.64	1:52.69	2:55.68	3:54.24

Programmanr. 6  
3-12-2016 - 15:55

Meisjes, 400m vrije slag

Minioren 5 en Junioren 1  
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Lien Fermont	De Schelde	5:35.09	200500506	5:24.57	396		
	50m: 34.88	34.88	150m: 1:57.59	41.69	250m: 3:22.63	42.85	350m: 4:46.07	41.15
	100m: 1:15.90	41.02	200m: 2:39.78	42.19	300m: 4:04.92	42.29	400m: 5:24.57	38.50
2.	Shanna Joppe	Z & PC De Zeeuwse Kust	5:50.06	200601186	5:57.39	297		
	50m: 39.81	39.81	150m: 2:11.42	46.48	250m: 3:44.38	45.97	350m: 5:14.81	44.96
	100m: 1:24.94	45.13	200m: 2:58.41	46.99	300m: 4:29.85	45.47	400m: 5:57.39	42.58
3.	Floor de Pooter	De Schelde	6:12.77	200501120	6:09.81	268		
	50m: 40.88	40.88	150m: 2:17.29	48.90	250m: 3:51.63	46.70	350m: 5:24.67	46.36
	100m: 1:28.39	47.51	200m: 3:04.93	47.64	300m: 4:38.31	46.68	400m: 6:09.81	45.14
4.	Carlijn Sigmund	De Schelde	6:48.40	200600928	6:36.76	217		
	50m: 43.22	43.22	150m: 2:23.22	51.47	250m: 4:06.92	51.65	350m: 5:48.75	50.25
	100m: 1:31.75	48.53	200m: 3:15.27	52.05	300m: 4:58.50	51.58	400m: 6:36.76	48.01
5.	Fenna Theunissen	De Bevelanders	7:27.87	200600532	6:49.98	197		
	50m: 49.39	49.39	150m:		250m:		350m:	
	100m: 1:42.43	53.04	200m: 3:26.80		300m:		400m: 6:49.98	
6.	Merel Hommers	De Schelde	7:09.22	200600926	7:01.28	181		
	50m: 44.77	44.77	150m: 2:31.83	54.88	250m: 4:22.51	55.58	350m: 6:11.89	53.70
	100m: 1:36.95	52.18	200m: 3:26.93	55.10	300m: 5:18.19	55.68	400m: 7:01.28	49.39
7.	Tessa Koster	De Schelde	7:17.74	200601438	7:05.79	175		
	50m:		150m:		250m:		350m:	
	100m:		200m:		300m:		400m: 7:05.79	
8.	Evie Meerveld	De Schelde	7:45.39	200501978	7:18.24	161		
	50m: 48.05	48.05	150m: 2:40.04	57.86	250m:		350m:	
	100m: 1:42.18	54.13	200m: 3:36.16	56.12	300m:		400m: 7:18.24	
9.	Hanna de Graaf	ZV Den Doorn	7:31.55	200600300	7:28.26	150		
	50m:		150m: 1:40.01	54.45	250m: 3:55.71	1:18.25	350m: 5:34.40	59.55
	100m: 45.56		200m: 2:37.46	57.45	300m: 4:34.85	39.14	400m: 7:28.26	1:53.86
10.	Sam Albicher	De Schelde	7:37.32	200600936	7:55.97	126		
	50m: 51.25	51.25	150m:		250m:		350m:	
	100m: 2:53.80	2:02.55	200m: 5:01.69		300m:		400m: 7:55.97	

Programmanr. 7  
3-12-2016 - 16:10

Jongens, 400m vrije slag

Minioren 5 en 6  
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Sigsten Jonkman	De Schelde	5:48.69	200500523	5:26.38	307		
	50m: 35.75	35.75	150m: 1:58.15	41.61	250m: 3:21.55	41.70	350m: 4:46.43	42.73
	100m: 1:16.54	40.79	200m: 2:39.85	41.70	300m: 4:03.70	42.15	400m: 5:26.38	39.95
2.	Wouter Provoost	Zwemclub Koewacht	5:58.42	200500703	5:47.82	253		
	50m: 38.24	38.24	150m: 2:05.27	44.03	250m: 3:34.00	44.48	350m: 5:05.09	45.15
	100m: 1:21.24	43.00	200m: 2:49.52	44.25	300m: 4:19.94	45.94	400m: 5:47.82	42.73
3.	Jelle Fermont	De Schelde	7:51.80	200600395	6:02.52	224		
	50m: 37.77	37.77	150m: 2:06.64	44.23	250m: 3:40.58	47.98	350m: 5:15.65	47.28
	100m: 1:22.41	44.64	200m: 2:52.60	45.96	300m: 4:28.37	47.79	400m: 6:02.52	46.87
4.	Mark Schouten	De Bevelanders	6:20.17	200500915	6:06.09	217		
	50m: 40.02	40.02	150m: 2:59.48	1:34.08	250m:		350m:	
	100m: 1:25.40	45.38	200m:		300m:		400m: 6:06.09	
5.	Pieter Nuijten	Zwemclub Koewacht	6:52.61	200600043	7:05.24	139		
	50m: 43.46	43.46	150m: 2:32.23	53.73	250m: 4:22.14	55.01	350m: 6:11.62	55.63
	100m: 1:38.50	55.04	200m: 3:27.13	54.90	300m: 5:15.99	53.85	400m: 7:05.24	53.62

Programmanr. 8  
3-12-2016 - 16:35

Dames, 800m vrije slag

Junioren 2 en ouder  
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Laura Nieuwland	Z & PC De Zeeuwse Kust	10:00.26	200001834	9:40.98	590		
	100m: 1:09.41	1:09.41	300m: 3:35.95	1:13.42	500m: 6:05.02	1:14.36	700m: 8:32.12	1:13.26
	200m: 2:22.53	1:13.12	400m: 4:50.66	1:14.71	600m: 7:18.86	1:13.84	800m: 9:40.98	1:08.86
2.	Désirée Emmen	O.Z. & P.C. De Warande	9:58.15	199204862	10:08.89	513		
	100m: 1:09.48	1:09.48	300m: 3:41.69	1:15.21	500m: 6:17.06	1:17.18	700m: 8:52.25	1:17.81
	200m: 2:26.48	1:17.00	400m: 4:59.88	1:18.19	600m: 7:34.44	1:17.38	800m: 10:08.89	1:16.64
3.	Valesca van den Bogert	Hieronimus	9:54.96	200102138	10:09.82	511		
	100m: 1:09.85	1:09.85	300m: 3:41.54	1:16.67	500m: 6:15.69	1:18.02	700m: 8:53.72	1:19.28
	200m: 2:24.87	1:15.02	400m: 4:57.67	1:16.13	600m: 7:34.44	1:18.75	800m: 10:09.82	1:16.10

Programmanr. 8, Dames, 800m vrije slag, Junioren 2 en ouder

rang	naam	vereniging	intijd	2000	tijd	RT
4.	Roos Englebert	Hieronymus	10:15.17	200200606	<b>10:30.49</b>	462
	100m: 1:12.90	1:12.90 300m: 3:52.28	1:19.50	500m: 6:33.75	1:19.97	700m: 9:11.44 1:18.31
	200m: 2:32.78	1:19.88 400m: 5:13.78	1:21.50	600m: 7:53.13	1:19.38	800m: 10:30.49 1:19.05
5.	Jody Sturms	Zwemclub Koewacht	NT	200102286	<b>11:09.49</b>	386
	100m: 1:14.70	1:14.70 300m: 4:04.01	1:26.61	500m: 6:56.87	1:26.84	700m: 9:48.32 1:25.21
	200m: 2:37.40	1:22.70 400m: 5:30.03	1:26.02	600m: 8:23.11	1:26.24	800m: 11:09.49 1:21.17
6.	Froukje van der Heijden	De Bevelanders	12:00.48	200201514	<b>12:03.16</b>	306
	100m: 1:20.16	1:20.16 300m: 4:20.67	1:32.09	500m: 7:25.52	1:32.72	700m: 10:32.86 1:33.35
	200m: 2:48.58	1:28.42 400m: 5:52.80	1:32.13	600m: 8:59.51	1:33.99	800m: 12:03.16 1:30.30
7.	Nasca van Dijk	Zwemclub Koewacht	12:39.71	200300816	<b>12:23.06</b>	282
	100m: 1:22.69	1:22.69 300m: 4:28.46	1:32.83	500m: 7:39.44	1:36.70	700m: 10:53.61 1:38.01
	200m: 2:55.63	1:32.94 400m: 6:02.74	1:34.28	600m: 9:15.60	1:36.16	800m: 12:23.06 1:29.45
8.	Indy Kaijser	Zwemclub Koewacht	NT	200301846	<b>12:31.93</b>	272
	100m: 1:25.54	1:25.54 300m: 4:36.60	1:36.91	500m: 7:53.16	1:36.52	700m: 11:01.29 1:33.55
	200m: 2:59.69	1:34.15 400m: 6:16.64	1:40.04	600m: 9:27.74	1:34.58	800m: 12:31.93 1:30.64
9.	Ibe van Boven	De Schelde	12:46.18	200404188	<b>12:36.59</b>	267
	100m: 1:26.02	1:26.02 300m: 4:36.47	1:35.19	500m: 7:50.63	1:37.12	700m: 11:05.23 1:37.30
	200m: 3:01.28	1:35.26 400m: 6:13.51	1:37.04	600m: 9:27.93	1:37.30	800m: 12:36.59 1:31.36
AFGEM	Gwen Visser	Z & PC De Zeeuwse Kust	NT	200006206		

Programmanr. 9  
3-12-2016 - 17:05

Heren, 800m vrije slag

Junioren 1 en ouder  
Resultaten

rang	naam	vereniging	intijd	2000	tijd	RT
1.	Janne Englebert	Hieronymus	9:20.92	200101561	<b>9:04.58</b>	572
	100m: 1:01.64	1:01.64 300m: 3:18.72	1:09.04	500m: 5:36.59	1:09.04	700m: 7:55.84 1:09.64
	200m: 2:09.68	1:08.04 400m: 4:27.55	1:08.83	600m: 6:46.20	1:09.61	800m: 9:04.58 1:08.74
2.	Rick Embregts	O.Z. & P.C. De Warande	9:28.32	200000449	<b>9:18.83</b>	530
	100m: 1:01.99	1:01.99 300m: 3:21.23	1:10.68	500m: 5:44.31	1:12.00	700m: 8:09.06 1:12.63
	200m: 2:10.55	1:08.56 400m: 4:32.31	1:11.08	600m: 6:56.43	1:12.12	800m: 9:18.83 1:09.77
3.	Leon Faasse	De Schelde	9:45.34	200002473	<b>9:34.04</b>	489
	100m: 1:01.69	1:01.69 300m: 3:22.26	1:11.49	500m: 5:50.20	1:14.38	700m: 8:22.18 1:15.94
	200m: 2:10.77	1:09.08 400m: 4:35.82	1:13.56	600m: 7:06.24	1:16.04	800m: 9:34.04 1:11.86
4.	Tom van Gils	Sg ZOC	10:34.47	199501799	<b>10:38.48</b>	355
	100m: 1:08.95	1:08.95 300m: 3:42.90	1:18.27	500m: 6:24.22	1:18.90	700m: 9:13.84 1:25.05
	200m: 2:24.63	1:15.68 400m: 5:05.32	1:22.42	600m: 7:48.79	1:24.57	800m: 10:38.48 1:24.64
5.	Sander Provoost	Zwemclub Koewacht	10:46.77	200302121	<b>10:45.87</b>	343
	100m: 1:14.29	1:14.29 300m: 3:56.42	1:20.51	500m: 6:39.74	1:21.40	700m: 9:25.56 1:23.14
	200m: 2:35.91	1:21.62 400m: 5:18.34	1:21.92	600m: 8:02.42	1:22.68	800m: 10:45.87 1:20.31
6.	Jordy Rens	Z & Pc Dio	11:09.30	199904431	<b>11:08.29</b>	310
	100m: 1:09.34	1:09.34 300m: 3:51.01	1:22.63	500m: 6:44.81	1:28.54	700m: 9:41.80 1:28.59
	200m: 2:28.38	1:19.04 400m: 5:16.27	1:25.26	600m: 8:13.21	1:28.40	800m: 11:08.29 1:26.49
7.	Pascal Faasse	De Schelde	NT	200301923	<b>11:15.35</b>	300
	100m: 1:20.38	1:20.38 300m: 4:20.29	1:30.12	500m: 7:16.53	1:27.89	700m: 10:02.46 1:21.37
	200m: 2:50.17	1:29.79 400m: 5:48.64	1:28.35	600m: 8:41.09	1:24.56	800m: 11:15.35 1:12.89
8.	Sem Lazeroms	Hieronymus	12:13.36	200402921	<b>11:40.78</b>	269
	100m: 1:18.30	1:18.30 300m: 4:16.62	1:29.73	500m: 7:15.64	1:28.84	700m: 10:14.45 1:28.68
	200m: 2:46.89	1:28.59 400m: 5:46.80	1:30.18	600m: 8:45.77	1:30.13	800m: 11:40.78 1:26.33
9.	Jie Long de Ridder	De Schelde	NT	200402059	<b>11:48.07</b>	260
	100m: 1:21.33	1:21.33 300m: 4:22.49	1:31.32	500m: 7:26.50	1:32.07	700m: 10:27.31 1:29.84
	200m: 2:51.17	1:29.84 400m: 5:54.43	1:31.94	600m: 8:57.47	1:30.97	800m: 11:48.07 1:20.76
10.	Thomas Goossen	De Schelde	12:38.53	200402077	<b>12:02.89</b>	245
	100m: 1:19.24	1:19.24 300m: 4:22.97	1:33.39	500m: 7:32.26	1:35.03	700m: 10:37.33 1:31.47
	200m: 2:49.58	1:30.34 400m: 5:57.23	1:34.26	600m: 9:05.86	1:33.60	800m: 12:02.89 1:25.56
11.	Jeroen de Kort	De Schelde	12:58.84	200302149	<b>12:08.49</b>	239
	100m: 1:21.80	1:21.80 300m: 4:24.15	1:32.30	500m: 7:31.32	1:34.02	700m: 10:40.23 1:34.59
	200m: 2:51.85	1:30.05 400m: 5:57.30	1:33.15	600m: 9:05.64	1:34.32	800m: 12:08.49 1:28.26

rang	naam	vereniging	intijd	tijd	RT			
1.	Eva van Ginneken	Hieronymus	18:40.26	199800164	18:39.91	564		
	100m: 1:08.65	1:08.65	500m: 6:08.21	1:15.35	900m: 11:10.97	1:15.92	1300m: 16:13.35	1:15.89
	200m: 2:23.28	1:14.63	600m: 7:23.73	1:15.52	1000m: 12:26.59	1:15.62	1400m: 17:28.22	1:14.87
	300m: 3:37.56	1:14.28	700m: 8:39.19	1:15.46	1100m: 13:41.62	1:15.03	1500m: 18:39.91	1:11.69
	400m: 4:52.86	1:15.30	800m: 9:55.05	1:15.86	1200m: 14:57.46	1:15.84		
2.	Aniek Resink	Z & Pc Dio	20:34.10	199500738	19:41.47	481		
	100m: 1:11.32	1:11.32	500m: 6:27.91	1:20.55	900m: 11:48.91	1:20.05	1300m: 17:06.40	1:18.45
	200m: 2:28.94	1:17.62	600m: 7:48.26	1:20.35	1000m: 13:10.24	1:21.33	1400m: 18:25.35	1:18.95
	300m: 3:47.97	1:19.03	700m: 9:08.28	1:20.02	1100m: 14:29.26	1:19.02	1500m: 19:41.47	1:16.12
	400m: 5:07.36	1:19.39	800m: 10:28.86	1:20.58	1200m: 15:47.95	1:18.69		
3.	Tamara Nordin	Z & PC De Zeeuwse Kust	25:01.02	198702996	20:56.60	399		
	100m: 1:13.54	1:13.54	500m: 6:45.42	1:25.16	900m: 12:25.82	1:25.13	1300m: 18:08.42	1:26.40
	200m: 2:34.33	1:20.79	600m: 8:11.20	1:25.78	1000m: 13:50.99	1:25.17	1400m: 19:33.60	1:25.18
	300m: 3:56.68	1:22.35	700m: 9:35.39	1:24.19	1100m: 15:16.99	1:26.00	1500m: 20:56.60	1:23.00
	400m: 5:20.26	1:23.58	800m: 11:00.69	1:25.30	1200m: 16:42.02	1:25.03		
4.	Sanne Marieke Pijl	De Bevelanders	22:35.28	200104638	21:26.53	372		
	100m: 1:13.57	1:13.57	500m: 6:51.32	1:25.57	900m: 12:42.48	1:27.82	1300m: 18:38.88	1:29.25
	200m: 2:35.57	1:22.00	600m: 8:18.31	1:26.99	1000m: 14:11.54	1:29.06	1400m: 20:07.61	1:28.73
	300m: 3:59.64	1:24.07	700m: 9:47.02	1:28.71	1100m: 15:40.94	1:29.40	1500m: 21:26.53	1:18.92
	400m: 5:25.75	1:26.11	800m: 11:14.66	1:27.64	1200m: 17:09.63	1:28.69		
5.	Isabelle Loof	De Bruinvis	21:39.80	199706478	22:02.90	342		
	100m: 1:11.57	1:11.57	500m: 7:03.34	1:29.57	900m: 13:07.20	1:31.70	1300m: 19:12.92	1:30.83
	200m: 2:35.44	1:23.87	600m: 8:33.35	1:30.01	1000m: 14:38.26	1:31.06	1400m: 20:41.65	1:28.73
	300m: 4:04.55	1:29.11	700m: 10:04.99	1:31.64	1100m: 16:10.14	1:31.88	1500m: 22:02.90	1:21.25
	400m: 5:33.77	1:29.22	800m: 11:35.50	1:30.51	1200m: 17:42.09	1:31.95		
6.	Paulien Koster	De Bevelanders	23:14.09	200005398	22:19.86	330		
	100m: 1:16.77	1:16.77	500m: 7:12.93	1:30.75	900m: 13:16.65	1:31.11	1300m: 19:20.95	1:31.34
	200m: 2:43.00	1:26.23	600m: 8:43.41	1:30.48	1000m: 14:47.79	1:31.14	1400m: 20:51.82	1:30.87
	300m: 4:12.12	1:29.12	700m: 10:14.30	1:30.89	1100m: 16:18.54	1:30.75	1500m: 22:19.86	1:28.04
	400m: 5:42.18	1:30.06	800m: 11:45.54	1:31.24	1200m: 17:49.61	1:31.07		

rang	naam	vereniging	intijd	tijd	RT			
1.	Tom Balsen Versteeg	Hieronymus	17:08.73	200005673	17:29.94	571		
	100m: 1:02.93	1:02.93	500m: 5:38.10	1:09.26	900m: 10:19.77	1:10.79	1300m: 15:07.88	1:12.96
	200m: 2:11.24	1:08.31	600m: 6:47.10	1:09.00	1000m: 11:31.08	1:11.31	1400m: 16:20.49	1:12.61
	300m: 3:20.35	1:09.11	700m: 7:58.04	1:10.94	1100m: 12:42.21	1:11.13	1500m: 17:29.94	1:09.45
	400m: 4:28.84	1:08.49	800m: 9:08.98	1:10.94	1200m: 13:54.92	1:12.71		
2.	Vincent Dermaux	AquaDream	17:37.23	199600599	17:54.14	533		
	100m: 1:03.44	1:03.44	500m: 5:41.82	1:11.24	900m: 10:36.34	1:13.98	1300m: 15:29.60	1:12.96
	200m: 2:11.87	1:08.43	600m: 6:55.31	1:13.49	1000m: 11:49.79	1:13.45	1400m: 16:43.06	1:13.46
	300m: 3:20.69	1:08.82	700m: 8:09.28	1:13.97	1100m: 13:04.09	1:14.30	1500m: 17:54.14	1:11.08
	400m: 4:30.58	1:09.89	800m: 9:22.36	1:13.08	1200m: 14:16.64	1:12.55		
3.	Chiel de Pooter	De Schelde	18:42.70	200101355	18:19.98	497		
	100m: 1:06.73	1:06.73	500m: 5:59.19	1:14.19	900m: 10:55.59	1:14.29	1300m: 15:52.60	1:14.11
	200m: 2:19.09	1:12.36	600m: 7:13.07	1:13.88	1000m: 12:09.94	1:14.35	1400m: 17:06.95	1:14.35
	300m: 3:31.66	1:12.57	700m: 8:27.40	1:14.33	1100m: 13:24.20	1:14.26	1500m: 18:19.98	1:13.03
	400m: 4:45.00	1:13.34	800m: 9:41.30	1:13.90	1200m: 14:38.49	1:14.29		
4.	Rinke Hiel	Zwemclub Koewacht	20:01.16	200102131	18:34.72	477		
	100m: 1:05.68	1:05.68	500m: 6:06.47	1:16.24	900m: 11:09.67	1:16.82	1300m: 16:09.10	1:14.29
	200m: 2:19.40	1:13.72	600m: 7:21.72	1:15.25	1000m: 12:24.86	1:15.19	1400m: 17:23.32	1:14.22
	300m: 3:34.03	1:14.63	700m: 8:37.44	1:15.72	1100m: 13:40.05	1:15.19	1500m: 18:34.72	1:11.40
	400m: 4:50.23	1:16.20	800m: 9:52.85	1:15.41	1200m: 14:54.81	1:14.76		
5.	Thijmen van de Beek	Zwemclub Koewacht	18:41.74	199901075	18:40.08	470		
	100m: 1:04.18	1:04.18	500m: 6:01.02	1:15.10	900m: 11:04.35	1:16.36	1300m: 16:09.66	1:16.17
	200m: 2:17.53	1:13.35	600m: 7:16.27	1:15.25	1000m: 12:20.65	1:16.30	1400m: 17:26.15	1:16.49
	300m: 3:31.63	1:14.10	700m: 8:31.78	1:15.51	1100m: 13:37.09	1:16.44	1500m: 18:40.08	1:13.93
	400m: 4:45.92	1:14.29	800m: 9:47.99	1:16.21	1200m: 14:53.49	1:16.40		
6.	Junior Vermeulen	De Bevelanders	NT	200103363	19:44.58	398		
	100m: 1:09.96	1:09.96	500m: 6:27.84	1:20.18	900m: 11:51.68	1:20.59	1300m: 17:10.87	1:19.59
	200m: 2:27.89	1:17.93	600m: 7:48.99	1:21.15	1000m: 13:11.68	1:20.00	1400m: 18:29.72	1:18.85
	300m: 3:47.37	1:19.48	700m: 9:09.87	1:20.88	1100m: 14:32.34	1:20.66	1500m: 19:44.58	1:14.86
	400m: 5:07.66	1:20.29	800m: 10:31.09	1:21.22	1200m: 15:51.28	1:18.94		
7.	Martino Valentijn	Z & Pc Dio	20:36.04	199403913	20:22.64	362		
	100m: 1:10.33	1:10.33	500m: 6:40.67	1:24.87	900m: 12:20.29	1:25.01	1300m: 17:47.12	1:21.52
	200m: 2:29.43	1:19.10	600m: 8:05.38	1:24.71	1000m: 13:44.04	1:23.75	1400m: 19:08.24	1:21.12
	300m: 3:51.58	1:22.15	700m: 9:30.20	1:24.82	1100m: 15:04.83	1:20.79	1500m: 20:22.64	1:14.40
	400m: 5:15.80	1:24.22	800m: 10:55.28	1:25.08	1200m: 16:25.60	1:20.77		

Programmanr. 11, Heren, 1500m vrije slag, Junioren 3 en ouder

rang	naam	vereniging		intijd		200200583		tijd	RT			
8.	Max Embregts	O.Z. & P.C. De Warande		21:12.55		200200583		<b>20:48.00</b>	340			
	100m:	1:12.18	1:12.18	500m:	6:41.63	1:23.37	900m:	12:16.28	1:24.75	1300m:	17:59.10	1:26.82
	200m:	2:32.78	1:20.60	600m:	8:04.91	1:23.28	1000m:	13:40.89	1:24.61	1400m:	19:25.24	1:26.14
	300m:	3:55.51	1:22.73	700m:	9:28.37	1:23.46	1100m:	15:05.97	1:25.08	1500m:	20:48.00	1:22.76
	400m:	5:18.26	1:22.75	800m:	10:51.53	1:23.16	1200m:	16:32.28	1:26.31			
9.	Dion Staal	O.Z. & P.C. De Warande		20:20.76		200200065		<b>21:00.56</b>	330			
	100m:	1:11.39	1:11.39	500m:	6:45.76	1:26.09	900m:	12:30.93	1:26.83	1300m:	18:14.98	1:27.11
	200m:	2:33.38	1:21.99	600m:	8:11.62	1:25.86	1000m:	13:56.54	1:25.61	1400m:	19:40.66	1:25.68
	300m:	3:55.58	1:22.20	700m:	9:37.48	1:25.86	1100m:	15:21.68	1:25.14	1500m:	21:00.56	1:19.90
	400m:	5:19.67	1:24.09	800m:	11:04.10	1:26.62	1200m:	16:47.87	1:26.19			
BM	Yorick Visser	Z & PC De Zeeuwse Kust		NT		200301957		<b>18:28.85</b>	485			
	100m:	1:09.38	1:09.38	500m:	6:10.14	1:15.46	900m:	11:10.23	1:15.09	1300m:	16:09.63	1:14.23
	200m:	2:23.91	1:14.53	600m:	7:25.10	1:14.96	1000m:	12:25.91	1:15.68	1400m:	17:22.97	1:13.34
	300m:	3:39.05	1:15.14	700m:	8:39.78	1:14.68	1100m:	13:40.49	1:14.58	1500m:	18:28.85	1:05.88
	400m:	4:54.68	1:15.63	800m:	9:55.14	1:15.36	1200m:	14:55.40	1:14.91			
BM	Wessel Heijnemans	Hieronymus		NT		200301353		<b>20:23.20</b>	361			
	100m:	1:13.53	1:13.53	500m:	6:39.63	1:22.41	900m:	12:08.39	1:23.33	1300m:	17:42.65	1:24.06
	200m:	2:34.07	1:20.54	600m:	8:00.89	1:21.26	1000m:	13:30.97	1:22.58	1400m:	19:06.17	1:23.52
	300m:	3:56.39	1:22.32	700m:	9:21.58	1:20.69	1100m:	14:55.51	1:24.54	1500m:	20:23.20	1:17.03
	400m:	5:17.22	1:20.83	800m:	10:45.06	1:23.48	1200m:	16:18.59	1:23.08			
BM	Sem Bonte	Z & PC De Zeeuwse Kust		NT		200400427		<b>22:03.56</b>	285			
	100m:	1:21.05	1:21.05	500m:	7:16.17	1:30.31	900m:	13:15.43	1:29.79	1300m:	19:12.48	1:28.69
	200m:	2:48.22	1:27.17	600m:	8:44.61	1:28.44	1000m:	14:45.53	1:30.10	1400m:	20:38.96	1:26.48
	300m:	4:16.53	1:28.31	700m:	10:14.99	1:30.38	1100m:	16:14.52	1:28.99	1500m:	22:03.56	1:24.60
	400m:	5:45.86	1:29.33	800m:	11:45.64	1:30.65	1200m:	17:43.79	1:29.27			